

Assessment Steps (Advanced First Aid):

- **Scene Safety**
 - **PPE (Personal Protective Equipment)**
 - **Introduce Yourself**
 - **Consent - Expressed (verbal/physical) or Implied**
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• **Primary Survey**

• **The MARCH Protocol:**

- **M - Massive Hemorrhage** - Control any life-threatening bleeding
 - **A - Airway (considering C-Spine)**- Check, Clear and Maintain an open airway
 - **R - Respirations** - Check Breathing, Check Torso for Punctures. If no breathing, call 911 & start CPR (basic first aid does not do pulse checks)
 - **C - Circulation** - Check Pulse, if no pulse, call 911 & start CPR (advanced first aid)
 - **H - Hypothermia / Hyperthermia & Hike vs Helicopter** - Prevent Heat Loss / Heat Gain. Can they walk out or do they need to be evacuated?
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• **Secondary Survey - Do both below, start with the appropriate secondary survey**

• **For Illness (Start Here): (SAMPLE History)**

- **S - Signs & Symptoms**
- **A - Allergies**
- **M - Medications**
- **P - Past Medical History**
- **L - Last Oral Intake**
- **E - Events Leading up to Issue**

• **For Injury (Start Here): (Check for DOTS)**

- **D - Deformities**
- **O - Open Wounds**
- **T - Tenderness**
- **S - Swelling**

(advanced injury assessment, next page)

As you proceed with either of the above, assess the skin:
Color / Temperature / Condition

For Injuries (Advanced):

- D - Deformities
- C - Contusions
- A - Abrasions
- P - Penetrations

- B - Burns
- T - Tenderness
- L - Lacerations
- S - Swelling