

REPORT
ON
SPORTS WEEK 2024

BASIC TRAINING CENTRE, RAVANAPARA
MAJULI



ABOUT US

Basic Training Centre, MAJULI came into existence in the Year 1962. It is approved by NCTE (National Council for Teacher Education) and affiliated by SCERT, Assam. The campus of Basic Training Centre is located in Ravanapara, District: Majuli

It has maintained its excellence in imparting knowledge and imbuing values among the trainees and preparing them to be resourceful future teachers. The first batch of in-service teachers training started on 1st of August 1962. But later from 2017, pre-service teacher training courses were implemented and still running till date. The centre's prime concern is all round development of trainees to help them become competent for future

Annual Sports week (19th March to 22nd March, 2024)

Sports can help students in many ways, including:

- **Physical health**
Sports can help students become more active and physically fit.
- **Mental health**
Sports can help students focus better and have a clearer vision, which can be important for academic success. They can also enhance students' grasping energy and social skills.
- **Social skills**
Sports can help students learn how to work together, cooperate, and communicate effectively. They can also teach students the value of respecting others' abilities and opinions.
- **Leadership**
Sports can help students develop leadership skills, such as taking charge, making decisions, and motivating others. They can also help students learn how to face failures and emerge as leaders.
- **Discipline**
Sports can teach students discipline and how to follow rules. Teachers can also use sports to reward good behavior.
- **Self-esteem**
Sports can help students enhance their self-esteem and self-confidence. Small gestures from coaches, teammates, opponents, and others can boost students' self-esteem.



The event began with hosting the Sports week flag Inaugurated by our Principal Tapan Saikia and was attended by all the trainees and faculty members. Principal sir gave speech to motivate the trainees to participate followed by the instructions to be followed for their safety while playing sports.

Following games were held during the sports event :-

OUTDOOR GAMES:

1. **Running Race:** Running races are contests to determine which of the competitors is able to run a certain distance in the shortest time. Today, competitive running events make up the core of the sport of athletics. 100 meter and 200 meters race competitions were played by the trainees in the BTC playground.
2. **Tug of war:** It is a sport that pits two teams against each other in a test of strength: teams pull on opposite ends of a rope, with the goal being to bring the rope a certain distance in one direction against the force of the opposing team's pull.



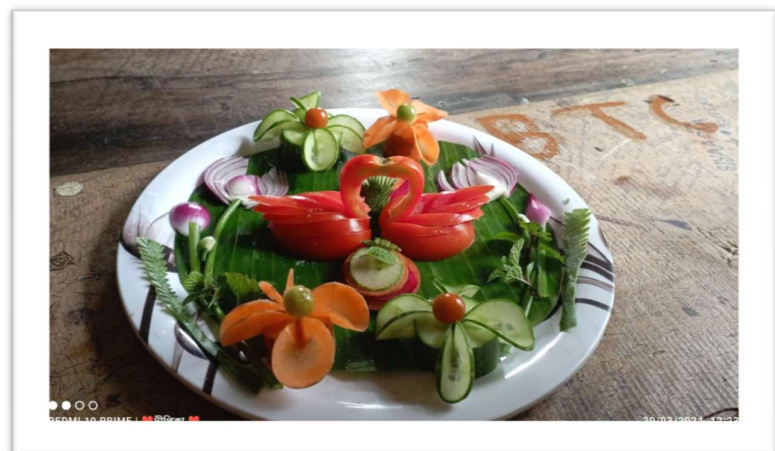
3. Cricket
4. Volley ball
5. Marble and spoons race
6. Mathematics rally race
7. Musical chairs
8. Long jump and high jump
9. Land Water game

INDOOR GAMES:

1. Carrom
2. Ludo
3. Arm wrestling
4. Rangoli Competition:



5. Salad Making Competition:



CULTURAL PROGRAMMES



1. Poem writing
2. Poem recitation
3. Dancing competition
4. Singing competition:-





Figure:- (Diha Naam)



Figure: (Biya Naam group)

Wall Magazine

A wall magazine is a periodical run on a notice board, especially in an educational institute where the students and other members of the institution can post their articles, poems, drawings and other such compositions to share with each other. It is a common practice in parts of India



In every academic year our trainees are published the wall magazine. This year the trainees of (1st and 3rd) semester organized the wall magazine exhibition, aptly title ‘আলোক সন্ধান’ ‘Search for light’ on 20 March, 2024, depicting the basics of Assamese language and literature.

The wall magazine was inaugurated by the Principal, Tapan Saikia in the presence of faculty and trainees and spoke about the academic value of this activity and lauded the efforts of the trainees

