

# Starseed Journey of Remembrance

## *Multidimensional Immersion*

with Divine Union Souls: Sat Hi Waheguru (Sayesha) & Tiffany Rose (Anisha)  
Presented by Sayesha's Soul Sanctuary & Intuitive Tiffany Rose

### DAY ONE: "Reclaiming Your Knowing"

**Theme: Grounding • Clearing • Remembering**

 **Saturday, August 16 | Teaching from 8:30 AM – 5:30 PM**

 **Breakfast: 7:30 AM • Dinner: 6:00 PM**

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#### Morning: Anchoring Into Your Light

- **Opening Deeksha Meditation & Hands-On Blessings:**
  - Set intentions for your soul's remembrance.
  - Includes a powerful energetic clearing to release blocks to your spiritual gifts and divine codes.
- **Grounding Techniques:** Learn to ground yourself and others to access your inner stillness and clarity.
- **Spiritual Hygiene Essentials:**
  - *Bowl of Light Ritual* for personal cleansing
  - *Bubble of Protection* technique
  - Understanding energetic attachments: entities, cords, curses & more
- **Pendulum Mastery:** Program your pendulum, ask empowered questions, and use your custom charts with confidence.
- **Muscle Testing Methods:** Discover intuitive yes/no tools using fingers, arms, and palm pulls to enhance body-based wisdom.
- **Neural Pattern Rewiring with NLP & Hakalau**
  - Learn visualization and focus techniques
  - Vagus nerve activation for calm and clarity
  - Deepen your "inner knowing" and gut-based intuition

#### Afternoon: Reconnecting to Inner Truth

- **Energetic Communication Awareness:** Protect your mental field, quiet your mind, and become aware of telepathic influence.
- **Cord Work:** Identify, clear, and transmute energetic cords in partnership.

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- **Frequencies & Dimensional Wisdom:** Explore the Map of Consciousness and the vibrational spectrum of 3D, 4D, 5D and beyond.
- **Bubble Cutting Practice:** Learn to release dense emotions and residual energetic patterns through focused techniques.
- **Consciousness Activation Ceremony:** A guided 45-minute multidimensional activation led by Tiffany to awaken dormant gifts and Starseed DNA.

✨ *Sat Hi Waheguru will evaluate your readiness for further activations and personal initiations.*

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## Evening: Embodiment & Integration

- **Moving Energy Through the Body:** Partner practice to sense and run energy through the chakras — both from above and below.
- **Arcturian Reiki Activation:** 70D Arcturian energy transmission with guided meditation — receive healing and light-code alignment from higher-dimensional beings.
- **Dinner & Integration:** Share sacred space in spiritual community, followed by journaling and quiet reflection.

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### DAY TWO: “Embodiment & Connection”

Theme: Energetic Mastery • Guide Communication • Soul Remembrance



**Sunday, August 17 | 8:30 AM – 5:30 PM**



*Breakfast: 7:30 AM • Dinner: 6:00 PM*

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### Morning: Expanding Into Spiritual Leadership

- **Opening Deeksha Meditation & Hands-On Blessings:**
  - Align to unity, set fresh intentions, and call in Divine presence to begin your day.
- **Advanced Energy Work**
  - Learn to sense and move energy from above and below
  - Practice clearing energy from others safely and ethically
  - Partner work: Create and hold **Sacred Chambers** to protect others and sacred spaces.
- **Pendulum Clearing Practice:** Use your custom charts to detect and clear curses, entities, and energetic interference.
- **Ho'oponopono Ceremony:** Participate in a Hawaiian forgiveness ritual to transmute trauma and restore inner peace.
- **Inner Child & Soul Retrieval**
  - Learn how to call back soul fragments and heal through visualization
  - Includes guided **Inner Child Meditation**
- **Guide Communication & Galactic Meditation**
  - How to connect with **Angelic, Galactic, Ancestral, and Benevolent Beings**
  - Deepening discernment and psychic clarity
  - Receive a guided meditation to meet your Galactic Guides

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### **Afternoon: Soul Wisdom & Multidimensional Mastery**

- **Galactic Astrology Teaching:** Intro to reading your personal chart +
  - Understanding your **Galactic Soul Origin**
- **Guided Galactic Astral Travel Meditation:** Travel to your soul's original star home in a powerful guided journey.
- **Multidimensionality Teaching:**
  - Explore your **Soul, Oversoul, and Aspects**
  - Understand sacred soul relationships: **Twin Flames, Soul Mates, Soul Family & Divine Union**
- **Encoding with Frequency & Vibration:**
  - Learn to encode pendulums and crystals with specific vibrations
  - Open intuitive channels for **communication with beings through encoded tools**

### **Evening: Completion & Integration**

- **Closing Circle & Integration**
  - Group reflection & Q&A
  - Open sharing of personal experiences
  - Guidance on how to integrate activations in daily life
  - Recommendations for private sessions and next steps
- **Final Arcturian Reiki Activation**
  - Deep healing and sealing of the weekend's energetic work
- **Dinner & Soul Family Time:**
  - Share your final evening in community, grounding into your new embodiment.