



# April 2021 Newsletter

Greetings ISP Families,

My gratitude and appreciation to ISP Spruce-Up Day coordinator Sharon Liebeskind and all the families who volunteered to paint, clean, repair, and spruce up our campus on Saturday, March 13. So well done!

Our Spring Book Fair was a great success! Thank you to our family and friends who supported the event, and our Usborne representative, Melissa Miller, and Khylia Marshall for their awesome work! Our school raised \$156.00. A special thanks to Susie Vincent and all others who helped fulfilled our Teacher Wish Lists.

I'd like to thank our teachers for their hard work and the effort put into compiling progress reports and holding conferences. I hope the reports and meetings were helpful to our families. Students who enrolled in our program January 1 – March 12 can expect to receive a progress report on April 5. Conferences can be scheduled the week of April 12.

Thanks to those families who have completed their fall and summer registrations. For those looking for more information, please go to our [website](#). Both registration forms can be downloaded from our website with additional copies found outside the preschool office. We continue to accept fall registrations, but spaces are becoming limited. At this time, summer is full, however, we are looking to hire additional staff which will allow us to add classes to expand our summer program. If you are interested in summer care, please submit a reg-

istration form without fees, and we will keep you informed as to whether or not we can honor your requested weeks. Summer Care 2021 begins June 7.

I hope you enjoy the article "10 Things Every Parent Should Know about Play" included in this newsletter. For more information on play based learning, peaceful parenting, and benefits of second language learning, please feel free to check out materials from the parent section of our school library. We will just ask you to first undergo a health check before entering the office. Thank you!

April 12 - 16 is the Week of the Young Child – A Time to Celebrate Young Children. If you have not had a chance to volunteer in your child's classroom this could be the perfect time to read a book, tell a story, support a class-room project, or share a part of your culture with your child's class. We are inviting families to join us outside. Please speak directly to your teacher for more ideas or schedule a time to visit.

My sincere gratitude to all our families for their continued support and our students for being the best kiddos in Tucson! They continue to amaze me each and every day!

"There are 3 ways to ultimate success:  
The first is to be kind.  
The second is to be kind.  
The third is to be kind."

- Fred Rogers

En paz,  
Cathy

## Mission Statement

International School for Peace promotes peace within the individual, the community, and the world by immersing children in languages and multicultural experiences through play-based, anti-bias curriculum that celebrates diversity.



**ISP is HIRING**  
for Summer Care 2021!  
Tell your friends & family!

## April is Community Helpers Month!

If you would like to talk to your child's class about your occupation (outside or virtual presentations), please contact your child's teacher.

# 2021—2022 Registration

## REGISTRATION IS NOW OPEN!

*Registration is on a first come, first serve basis.*

- Registration forms are available [online](#) and outside the preschool office.
- Only completed registration forms with accompanying fee (check, cash, or money order at the office door; credit or debit online within 24 hours) will be accepted during registration.
- ISP will accept registration forms via email.
- Teachers will not accept forms or fees.
- Students are registered into programs and must be the age of the class they are entering by the first day of school.
- Teacher assignments are made in mid-summer and based on enrollment.

### Friendly Reminder:

Your child's registration is not complete and their spot is not saved for the 21/22 school year until ISP receives your registration fee. Payment can be made on our [website](#) or by cash or check outside the office door.

## ISP Summer Care 2021

# Summer Care Registration is OPEN and we are accepting applications for our WAITLIST!

Registration forms are available [online](#) and outside the preschool office.

*Forms will be accepted by email.*

This summer offers full and partial immersion Spanish programs as well as precare, after care, full day, and half day options. Weekly themes will be offered with emphasis on Spanish, open ended art, music, literacy, water play, sensory exploration, peaceful conflict resolution, and fun!

June tuition is  
DUE April 22!

Tuition starts at \$145 per week





# Friendly Reminders



## Dismissal Time:

We appreciate our community adhering to our health and safety protocols. We are requesting that all families exit the preschool and church campus at your dismissal time.

## Don't Forget

With just 2 months left in the school year, please settle any outstanding fees you may have on your account. Use the "Make a Payment" page on our [website](#) or mail a check to ISP: 4625 E River Road, Tucson, AZ 85718

**Thank You**



## Covid Refund Policy:

In the event of a temporary school closure due to a Covid-19 outbreak, upon request, a credit of 50% of the tuition for missed time will be applied to the following month's tuition.

## Mask up, ISP!

ISP requests that all 4 and 5 year old students wear a mask while at school.



Thank you community!

## Snake and Bee Season

It's that time of year, so please take caution when allowing your child to play outside the preschool gated areas on the St. Francis grounds. We encourage you to use the sidewalks and beware of our desert surroundings.



Save the Date  
for International School for Peace's Annual  
**Spring Art Show & Fundraiser**

Wednesday - Friday, May 5-7



**LOOK!**

**ISP is HIRING**

for Summer Care 2021!

Tell your friends and family we are looking for highly qualified, Spanish speaking early childhood teachers to join our fabulous team for a summer of fun, sun, and Spanish!

**Summer Care June  
Tuition is Due  
Thursday, April 22**



**Tax Time**

International School for Peace's  
Tax I.D. is 86-0388672  
Printed tax information is available upon written request to the preschool office beginning  
February 1st.

*Allow 2 weeks. A \$5.00 fee applies.*



**Cultural Holidays:**

**World Autism Awareness Day:** April 2

**Easter:** April 4

**Holocaust Remembrance Day:** April 8

**Ramadan:** April 13-May 13

**Bikarami Samvat & Baisakhi:** April 14

**Earth Day:** April 22





# Welcome to ISP!



## Andre Felix

Marissa Basch

Marissa.basch@gmail.com

347-776-6875

## Ava Crosby

Christina & Daniel Crosby

Mendoza1234.cm@gmail.com

520-808-5529

## Mirren Marwitz

Katie & Danny Marwitz

katiemarwitz424@gmail.com

520-548-2758

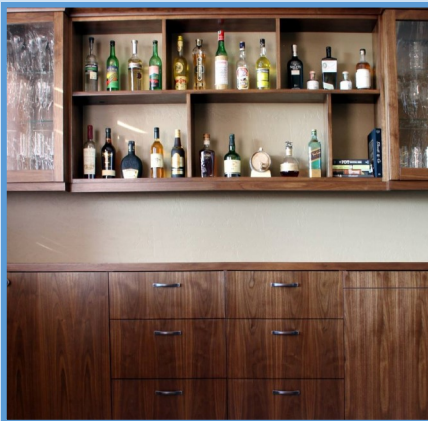
## Eleazar Lopez

Amanda & Joe Lopez

amandajoe2015@utexas.edu

951-897-2469

## ISP Recommends:



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Cross  
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[clinton.jessup@iconpower.com](mailto:clinton.jessup@iconpower.com)

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# We are so thankful!



- Thank you Steve Barclay and Scott Dody for re-hanging our playground sails.
- Thank you Mora Hedayati for doing the school's recycling every week!
- Thank you Debbie Kornmiller and George Campbell for donating paper to the preschool office.
- Thank you Ellen Duperret Photography for beautifully editing and assembling our school photos for the last decade.
- Thank you Curt and Laura Aldag for your monetary donation to our preschool.
- Thank you Keller family for donating a shredder to the preschool.
- Thank you Steve Barclay and St. Francis for repairing the wall between room 20 & 23.
- Thank you Mora Hedayati for bringing bagels and cream cheese for the staff.
- Thank you Spruce-Up Day volunteers!
- Thank you to everyone who supported our Spring Usborne book fair!
- Thank you Daniela Leon and Angelo Fausti for sanding and staining our playhouse - it looks amazing!
- David Cross with David Cross Interiors for updating his original playground sails over our grassy playground.
- Cathy, Paola, & Khylia for bringing in treats for the staff.
- Melissa Mitchell & Teletronics for maintaining our phone service.
- Khylia Marshall for maintaining our school library.
- Laura Aldag for her outstanding bookkeeping service to ISP!
- Thank you to everyone who supported our [Usborne](#) Book Fair! Together we raised \$156.00 for our school.



## Thank you Spruce Up Day Volunteers!

**Robert Greenberg**

**Fadi Iskandar**

**Jim Liebeskind**

**Eve Liebeskind**

**Sharon Liebeskind**

**Thanks for the donation, Melissa Lyapustina!**

**Tianna Liebeskind**

**Nathan Thompson-Avelino**

**Marissa Basch**

**Zach Sahlberg**

Thank you to our Spruce Up Day coordinator Sharon Liebeskind!



# LIMIT THE SUN BUT NOT THE FUN! BE "SUNWISE!"

## Use Sunscreen Every Day!



Even on cloudy days, the sun's rays can damage your skin. Wear sunscreen with an SPF of 15 or higher. Apply 10 minutes before going outside and reapply every 2 ½ hours or sooner if perspiring or engaging in water activities. Wearing sunscreen every day is as important as brushing your teeth!

## Wear a Wide-Brimmed Hat and Lip Balm!



A hat with a wide brim offers better protection for your scalp, ears, face and the back of your neck than a baseball cap or visor. Remember to protect lips with SPF 15+ lip balm.

## Wear Sunglasses!



Sunglasses reduce sun exposure that can damage your eyes and lead to cataracts. Check the label and choose sunglasses that block at least 90% of UVA and UVB rays.

## Cover Up!



Wear long sleeves and pants if possible to protect your skin when playing or working outdoors. Darker colors and fabric with a tight weave provide the most protection.

## Limit Time in the Midday Sun!

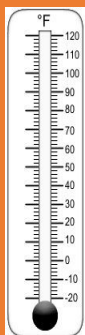
Limit your outdoor activities when the UV rays are strongest and most damaging (10 a.m. to 4 p.m.). Remember: Look for your shadow—if no shadow, seek cover!

## Take Cover!



Find something fun that doesn't involve exposure to direct sun. Take cover under a tree, ramada or find an indoor activity inside a gym, library or classroom during peak UV.

## Check the daily UV Index!



Did you know you can check the intensity of the sun's rays every day? The ultraviolet or UV index is a way of measuring the sun's intensity. The scale is from 1 to 10. The higher the UV, the more careful you should be. A day with a UV rating of 10 requires more protection than a day with a rating of 1.

Get *FREE SunWise activities and UV stuff at:*

[www.azdhs.gov/phs/sunwise](http://www.azdhs.gov/phs/sunwise)

*or call (602) 364-0929 to learn more about SunWise.*

# 10 Things Every Parent Should Know about Play

By Laurel Bongiorno

## 1. Children learn through their play.

Don't underestimate the value of play. Children learn and develop: cognitive skills – like math and problem solving in a pretend grocery store, physical abilities - like balancing blocks and running on the playground, new vocabulary – like the words they need to play with toy dinosaurs, social skills – like playing together in a pretend car wash, literacy skills – like creating a menu for a pretend restaurant.

## 2. Play is healthy.

Play helps children grow strong and healthy. It also counteracts obesity issues facing many children today.

## 3. Play reduces stress.

Play helps your children grow emotionally. It is joyful and provides an outlet for anxiety and stress.

## 4. Play is more than meets the eye.

Play is simple and complex. There are many types of play: symbolic, sociodramatic, functional, and games with rules-to name just a few. Researchers study play's many aspects: how children learn through play, how outdoor play impacts children's health, the effects of screen time on play, to the need for recess in the school day.

## 5. Make time for play

As parents, you are the biggest supporters of your children's learning. You can make sure they have as much time to play as possible during the day to promote cognitive, language, physical, social, and emotional development.

## 6. Play and learning go hand-in-hand.

They are not separate activities. They are intertwined. Think about them as a science lecture with a lab. Play is the child's lab.

## 7. Play outside.

Remember your own outdoor experiences of building forts, playing on the beach, sledding in the winter, or playing with other children in the neighborhood. Make sure your children create outdoor memories too.

## 8. There's a lot to learn about play.

There's a lot written on children and play. Here are one. David Elkind's *The Power of Play* (Da Capo, 2007 reprint) is a great resource.

## 9. Trust your own playful instincts.

Remember as a child how play just came naturally? Give your children time for play and see all that they are capable of when given the opportunity.

## 10. Play is a child's context for learning.

Children practice and reinforce their learning in multiple areas during play. It gives them a place and a time for learning that cannot be achieved through completing a worksheet. For example, in playing restaurant, children write and draw menus, set prices, take orders, and make out checks.

Play provides rich learning opportunities and leads to children's success and self-esteem.





# Precare with Ms. Damaris



Precare supports our parents who need an early drop off starting at 7:30 am. This program is held Monday through Friday in Room 22.

Upon arrival, we will continue to check all students' temperatures and they will wash their hands as indicated in our COVID-19 Health and Safety precautions.

Our precare lesson plan and class schedule is located on the window of our precare classroom.

Precare offers the great opportunity to make new friends, eat breakfast and have fun in a room full of different experiences. At 8:55am, your child's teacher will pick up their students and walk them to their classroom.

Students may enroll in the program or drop in when available. Please contact the office for more information.



Love,  
Ms. Damaris

# Aftercare with Ms. Nooshin, Ms. Natalie, & Ms. Tiffany

Hello Dear Families,

April is a beautiful month and we will continue celebrating spring with art, reading, and fun. Art and activities for the coming month will revolve around developing scissor skills, creating collages, as well as natural wood painting.

We will be reading many more books about insects. Children enjoy reading books about insects, learning fun facts about bugs, and looking at all the wonderful insects and bugs we'll soon be seeing outside. We will have a beautiful collection of toy insects for playing and exploring during the month of April.

We will read books about community workers and people who work to make life better for others. We will talk about the benefits and how to recycle. We will discuss and share ideas about what items we can reuse instead of simply throwing them away.

Thank you for sending a clean water bottle, lunch box, and the mask container to school every day. Looking forward to another fun month with this great group of kids!

Love,  
The Aftercare Team



# 2's Partial Spanish Immersion with Ms. Natalie & Ms. Tiffany

Feliz Primavera! / Happy Spring!

Thank you to those of you who purchased books for us and yourselves during our Book Fair. We love to read!

The sun is ready to shower us with warm weather. Please make sure that your child has extra clothes in their cubby that are weather appropriate along with an extra pair of shoes.

To celebrate the arrival of spring, I would like to give each child the opportunity to create their own tie dye shirts. Please provide a white shirt for your child by **Friday, April 9th**.

For the month of April, we will be learning about **Community Helpers, Insects & Bugs and Earth Day (April 22<sup>nd</sup>)**. Our themes will be reinforced through songs, books, dramatic play, and art experiences.

## Spanish Vocabulary

Planet Earth – Planeta

Tierra

Insect – Insecto

Farmer – Granjero

Wings – Alas

Beetle - Escarabajo

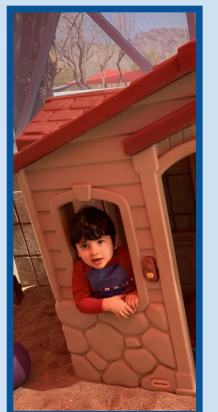
During our Community Helper unit, we will explore construction workers, farmers, doctors and teachers. Our dramatic area will be changed weekly to fit our community helper of the week. This will give the children the opportunity to act out real life scenarios.

Creepy crawlers everywhere! For our Insect unit we will do a sorting game of which insects have wings and which of them do not have wings. The children will also be given the opportunity to go on a bug hunt during outdoor playtime using pretend bugs.

The week of April 19<sup>th</sup> will be dedicated to Earth Day. During this week the children will learn of the ways enjoying nature, benefits of recycling, and caring for our planet Earth. One of the projects we will be doing again is making bird feeders to hang around the trees on campus. For most of our art, we will continue to use recycled materials such as toilet paper rolls, bubble wrap, water bottle caps, and many other things.

With love,

Ms. Natalie and Ms. Tiffany





# 3's Full Spanish Immersion with Ms. Damaris

## Kind Reminders:

- Please label morning and after-care snacks, lunch, water bottle, and lunch boxes.
- Pack a utensil, if needed.
- Please have 2 labeled full sets of clothing inside your child's cubby.

## March

### Spanish Vocabulary:

Earth - Tierra

Community - Comunidad

Insects - Insectos

Bugs - Bichos

April - Abril

Recycle - Reciclar

Hola familias,

Our April themes will be community helpers, Earth Day, along with insects and bugs.

In the theme of community helpers, we will learn to further appreciate all of the people in our community who work to keep us safe, healthy, well-fed, and educated! If anyone is interested in sharing how the profession and how it community, please contact me to plan accordingly.

Happy Earth Day! We will learn about pollution, importance of recycling, and conserving our natural resources. It is essential that children learn, in a natural and fun way, the value of water, land, air, and how humans can contribute to the care of our planet. We will reference books, songs, pictures, and our own experiences!

Children always seem fascinated with insects and bugs! The objective for the students is to identify and know the differences between bugs and insects as well as the important role that these creatures play in our environment. We will explore outside among the trees, sticks, stones and earth for different insects.

I would like to thank everyone for my "half birthday" party. The children and I really enjoyed it and had a wonderful time. I highly appreciate all you do for me. Thank you to Susie Vincent and James Scott for your book donations.

Congratulations to Ellie and her family who welcomed new sister, Josephine Louise.

Love,  
Ms. Damaris



# 3's & 4's Language Enrichment with Ms. Lydia & Ms. Nooshin

Hello Dear Families,

Queridos Padres y Familia

سلام بر خانواده های عزیز

Our learning themes in April will include Community helpers, Earth Day/ Recycling, and insects / bugs.

Earth Day is April 22. We will be learning ways to help better our planet! We will read books about our environment and recycling, and share ideas about caring for the Earth.

Students will learn the universal recycling symbol. We will learn how to recycle household things such as, paper, card-board, and plastic bottles. We will also discuss and share ideas and learn how to make crafts with these items.

Community helpers are one of our fun themes in April. We are focusing on the people in our community who help us. Would you like to talk about your occupation with our students? We like to hear from you!

Thank you to Samson's grandma, Ms. Liebeskind, for sharing the Passover celebration with our class! Our students enjoyed this experience and also the traditional food that she brought for them.

We will talk about where we can find different insects, the parts of an insect body, and what our favorite insect is. We will read books about bugs or with bug characters and we will do bug art.

In Math, most of our children can now successfully count to 50. Most of our students can count in Spanish from 0 to 20. We will introduce counting to 100 by factors of 10.

All of the students who are going into kindergarten next year are working on writing letters and numbers.

New songs in Spanish are: Periquito Azul, Adios Jardin Querido and Mariposa. And some new words in Spanish are: Mariposa, Dia de la Tierra and Reciclar. We are going to start learning some special words in sign language.

In Farsi class, the children will learn about Celebrating Nature Day in Iran (Sizdah Bedar). This holiday takes place on the 13th day of the Persian New Year, and it marks the end of the Norouz holiday. They will also learn how to count to 13 in Farsi and start to learn the happy birthday song.

Spring in Iran is the season of picking roses and preparing rosewater. The children will get familiar with the smell of rose water.

We would like to welcome Mirren Marwitz to our class - we're excited to become friends!

Love,  
Lydia and Nooshin





# 4's Full Spanish Immersion with Ms. Paola

Dear Parents and Families,

What a different and special year this one has been... April is here and the end of an amazing year is approaching fast. We've created some strong bonds in our class community and the children know that another important transition in their lives is coming. So we will again see some challenging behaviors during this part of the year. As always, I'll be paying close attention to provide them with the help and support they need to express all their emotions and feelings.

During the whole month of April we will talk, discuss and share the importance of all Community Helpers. We have some great Community Helpers within our class, so you are cordially invited to share information about what you do with our class. Children love having special guests, so please let me know if you would like to participate.

Earth Day is April 22nd. We will celebrate our planet by finding ways to recycle and reduce waste. I will ask for boxes and any recycled materials for our Invention Center. We will also use the materials to create art and plant seeds. Please, discuss and share with your child how you as a family take care of and protect our environment.

We will take out our magnifying glasses and look for insects in our garden and in different areas of our school. We will learn what makes an insect an insect and will learn their body parts in Spanish. We will also discuss which insects help our garden grow and which ones do not.

"Caring" is a concept that's related to all the themes above. We'll be practicing it and sharing our experiences with our families. We will keep you posted about how we are doing our part to help improve our world.

The weather is getting warmer so please make sure your child has a water bottle and a sun hat and sun glasses if needed. I apply sunscreen twice a day and it would be really helpful if you can also apply sunscreen to your child before coming to school.

Academically, I will focus the time we have on reviewing all the content we studied this school year. I will also spend time working one on one with my students and reinforcing areas that might still need extra help and attention. This time of the year can be very tiring, overwhelming, and emotional for our children.

I would like to thank the following friends and parents:

- James Scott (Talulah's dad) for buying books for our class.
- Susie Vincent for purchasing books for our class.
- Isabel for sharing goody bags with her friends.
- Abby for bringing seeds to plant in our garden.
- Kristina and Talulah for the watermelon snack for our class.

"It's not about what it is, it's about what it can become" - The Lorax

Sending Love and Kindness,

Ms. Paola





# Covid-19 Action Plan

Updated 3-26-21

At International School for Peace, we understand that families are entrusting us with not only the education and socialization of their children, but also with their health, safety, and well-being. Our administration, teachers, staff, and families are doing our part to ensure the safety of everyone who enters our campus. Below is a list of what we are doing in the best interest of the community as a whole. International School for Peace will continue to monitor the current pandemic situation and make updates to our policies as deemed appropriate or mandated.

What Administration is Doing:	What Staff is Doing:	What Families are Doing:
<ul style="list-style-type: none"> <li>• Routine cleaning of high traffic surfaces, including toys, throughout the school day. Documentation of routine cleanings is available in the preschool office. The cleaner will wear PPE gear to include clothes covering, a mask, and gloves.</li> <li>• Employ Jan Pro, our long-time professional cleaning service, who will clean our campus each evening M-F. They may utilize Med-Metrix, a hospital grade method of disinfecting, and Enviro shield, a spray method of application. A binder of their cleaning protocol and cleaners used is available upon request. Their same employee will clean our campus each evening while wearing coveralls, gloves, and a mask while on our campus.</li> <li>• Establish separate entry and exit points to the school to encourage directional traffic and decrease crowding.</li> <li>• Although we are supporting staggered drop off time measures, director will be closely monitoring and may implement a more scheduled staggered pick-up and drop-off time.</li> <li>• Administer daily temperature checks before permitting students/teachers/staff onto campus. Persons with a fever of 100.4F or above, or who exhibit other signs of illness, will not be admitted to the facility. Staff will wear gloves while taking student temperatures.</li> <li>• Apply ground markers to aid in physical distancing.</li> <li>• Purchase and use sneeze guards when taking temperatures and in the preschool office.</li> <li>• Purchase and use non-contact temporal thermometers for checking temperatures.</li> <li>• Verbal health checks upon arrival for all staff, students, and families.</li> <li>• Administration requests that all students 4 and 5 years wear a mask to school daily.</li> <li>• All children will be required to bring a mask to school daily in a labelled container.</li> <li>• Administrators will wash their hands hourly.</li> <li>• Hand sanitizer stations are set up around the ISP campus for use by students, families, and staff.</li> <li>• Install no-contact soap dispensers at indoor handwashing stations.</li> <li>• Only staff and essential maintenance persons will be permitted in our classrooms at this time.</li> </ul>	<ul style="list-style-type: none"> <li>• Teachers will check their temperatures daily before entering the campus.</li> <li>• Teachers will wash their hands first thing upon entering the campus.</li> <li>• Promote, demonstrate, and teach regular handwashing and hygiene behaviors.</li> <li>• Enforce and model handwashing with soap and water for each child upon entry to the classroom, before eating, after using the bathroom, and at other times throughout the school day or as necessary.</li> <li>• Teachers will wash their hands hourly.</li> <li>• Wear gloves to help children with toileting and while changing diapers, as well as during meal times.</li> <li>• Following recommendations from the CDC and PCHD, all teachers shall wear face masks. Masks may have clear windows to allow for social, emotional, and linguistic communication.</li> <li>• All teachers will have a spare set of clothing on campus for use if needed.</li> <li>• Teachers will educate, support, and encourage all children to wear a mask. This includes teaching children to put on and remove masks during eating and nap times.</li> <li>• Teachers request that students 4 and 5 years of age will wear a mask for the duration of the school day, including in outdoor environments.</li> <li>• Teachers will request that all students wear a mask should they need to leave their learning environment and travel into another (i.e. using the bathroom).</li> <li>• Keep separate outer clothing, water bottles, and lunches.</li> <li>• Design activities in the classroom environment that support physical distancing in respect to a play-based philosophy.</li> <li>• Offer an adequate number of materials and supplies which are changed out frequently.</li> </ul>	<ul style="list-style-type: none"> <li>• Immediately disclose to ISP director possible contact with or exposure to COVID-19. Thereafter, ISP will formulate a plan for your child returning to school.</li> <li>• *Contact the office should any household members need to travel out of state, internationally, or if your household guests reside outside of Arizona. Together, we will develop a plan for your child returning to school based on current CDC recommendations.*</li> <li>• Ideally, the same adult will pick up and drop off your child every day.</li> <li>• Practice physical distancing by remaining 6 feet apart outside classrooms and adhere to ground markers.</li> <li>• Limit your time on the campus to pick up and drop off. Please arrive no later than 9:15 to drop off your child. If you anticipate arriving later than 9:15, please call the preschool office.</li> <li>• Adhere to established entry and exit points.</li> <li>• If it is necessary for your child to bring a backpack to school, it should be left outside the classroom.</li> <li>• Ensure that your child has two spare sets of clothing (appropriate for the season) in their cubby at all times.</li> <li>• Families will commit to sending their 4 and 5 year old children to school wearing a mask that covers their nose and mouth.</li> <li>• *All children are encouraged to arrive to school wearing a mask. All students will have a mask and labelled container at school. Staff will encourage younger students to wear their mask throughout the day.</li> <li>• *Families will support our commitment to encouraging 4 and 5 year-old students to wear a mask during school hours.</li> </ul>

\*The current CDC guidelines recommend that if you must travel within the U.S., get tested with a viral test 1-3 days before your trip and await the results before traveling. Get tested again with a viral test 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative. If you don't get tested, stay home and self-quarantine for 10 days after travel.

\*CDC recommendations for international travel vary based on destination. All people returning to the U.S. need to be tested.

# Covid-19 Action Plan, Continued...

What Administration is Doing:	What Teachers are Doing:	What Families are Doing:																
<ul style="list-style-type: none"> <li>• Reduce our class sizes.</li> <li>• Ensure substitute teachers are ready and available to support the program.</li> <li>• In person staff meetings are limited to no more than 10 people and physical distancing requirements are maintained.</li> <li>• Educate our community:               <ul style="list-style-type: none"> <li>◆ Post signs to demonstrate proper handwashing.</li> <li>◆ Post signs to remind our community members to social distance.</li> <li>◆ Share community resources for suspected and confirmed cases of Covid-19.</li> <li>◆ Make available current parent resources for helping children understand this pandemic.</li> </ul> </li> <li>• Continue to implement regular changing of air filters in all campus buildings.</li> <li>• Should the school need to temporarily close, upon request, ISP will grant a credit of 50% of the tuition for missed time, to be applied to the following month's tuition.</li> <li>• Ensure sufficient supplies of disinfectant, tissues, masks, hand sanitizer, working thermometers, clothes coverings, and gloves available at all times.</li> <li>• Establish an emergency plan to implement should a staff member or student display Covid-like symptoms during school hours.</li> <li>• During school hours, students or staff exhibiting symptoms of Covid-19 will undergo a health check. Those determined to be ill will immediately be isolated from others. An isolation room or area is available to isolate the child or staff from the group.</li> <li>• Director will contact PCHD to report suspected or confirmed cases of Covid-19. Director will notify the ISP community of the possibility of exposure to the virus while maintaining the confidentiality of the individual and their family.</li> <li>• Reserve the right to make decisions at our own discretion for the health and safety of everyone which may include temporarily closing of the school, a classroom, or extended day program. Length of closure to be determined by ISP Advisory Board and the recommendations of the CDC, federal and local governments, and the Arizona Department of Health, Division of Child Care Licensing.</li> </ul>	<ul style="list-style-type: none"> <li>• Post lesson plans and class happenings in the windows for family viewing.</li> <li>• Teachers will sign children in and out each day to promote physical distancing among adults.</li> <li>• Classes will remain together and will not mix during our full and half day programs to include outdoor play, with the exception of nap and extended day programs.</li> <li>• Immediately separate toys that have been placed in a child's mouth. Toys will be cleaned and disinfected before available for play.</li> <li>• Discontinue the use of soft toys.</li> <li>• Ensure availability of face masks, tissues, soap, paper towels, hand sanitizer, and family emergency contact information.</li> <li>• During nap time, mats will be spaced as much as possible and students will be positioned head to toe. Children's bedding will be stored in individually labelled bins. Sheets will be laundered once a week or more often, if needed.</li> <li>• Promote small groups by discontinuing in-class visits and volunteers to the classroom.</li> <li>• Present curriculum utilizing outdoor space as much as possible.</li> <li>• Offer virtual Family-Teacher Conferences and back to school nights to limit the number of visitors on campus.</li> </ul>	<ul style="list-style-type: none"> <li>• All adults are required and it is requested that children 4 and over wear a mask to cover their mouth and nose.</li> <li>• Please be sure that we have a current copy of your child's emergency information and immunization / exemption forms.</li> <li>• Have a backup childcare plan in place should ISP need to temporarily close the campus, a classroom, or extended day program.</li> <li>• Monitor your child for the safe use of hand sanitizer</li> <li>• Please keep your child home if they are feeling ill, have a temperature, or are exhibiting symptoms of Covid-19 which may include but are not limited to the following:               <table style="margin-left: 40px; border: none;"> <tr> <td>Fever or chills</td> <td>Cough</td> </tr> <tr> <td>Fatigue</td> <td>Headache</td> </tr> <tr> <td>Sore throat</td> <td>Diarrhea</td> </tr> <tr> <td colspan="2">Shortness of breath or difficulty breathing</td> </tr> <tr> <td colspan="2">Muscle or body aches</td> </tr> <tr> <td colspan="2">New loss of taste or smell</td> </tr> <tr> <td colspan="2">Congestion or runny nose</td> </tr> <tr> <td colspan="2">Nausea or vomiting</td> </tr> </table> </li> <li>• Please call the preschool if your child is sick or if she/he is not coming to school for any reason.</li> <li>• Students who stay home or are sent home from school due to illness will remain home from school until they are fever free without the use of a fever reducer and/or symptom free for 72 hours. A doctor's note may be required.</li> <li>• ISP discourages the use of personal bedding for nap time.</li> <li>• Personal items that support a child's sense of security, ability to transition, self-regulate, or calm down are considered essential. Please speak with the director to establish a protocol for the use of these items.</li> <li>• Make use of resources available to you on the preschool campus; we are here to support you in helping your child understand coronavirus.</li> <li>• Please have your own pen on hand to use if needed.</li> <li>• Family members commit to staying abreast of school communication.</li> </ul>	Fever or chills	Cough	Fatigue	Headache	Sore throat	Diarrhea	Shortness of breath or difficulty breathing		Muscle or body aches		New loss of taste or smell		Congestion or runny nose		Nausea or vomiting	
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\*Updated 3/26/21. Covid-19 Health and Safety Procedures and Protocols are updated regularly and as necessary.

Please be diligent about keeping abreast of new information.