

# February 2022 Newsletter

Hello Peaceful Families,

I hope this email finds you well and coping in the best way possible.

Again, I want to thank our school community for their support, understanding, and resiliency when school closures are necessary. No doubt it has been stressful and now more than ever, I appreciate each of you. I attended a workshop where I learned that learning to cope with stress will make you and those who you care for grow stronger. I hope everyone is taking care of themselves and getting support where needed during these stressful times.

I want to thank ISP parents Angelo Fausti and Daniela Leon for alerting me to the website where families can order free test kits. I encourage you to take advantage of this opportunity.

#### https://special.usps.com/testkits

My gratitude to Dental Hygienist Sue Smedley with First Smiles Matter who visited on January 20 and completed dental screenings on 11 preschoolers. It was a positive experience for all! We hope to host another screening in Fall 2022.

February is always a busy time for us. We will celebrate the Chinese New Year and Year of the Tiger. We will embrace friendships, explore rocks and minerals, celebrate diversity and peace, learn about goal setting, honor our state's birthday, and learn about horses and Tucson's long-time tradition of Rodeo. Wow! Do you own a horse? We would like to

explore horse tack such as a saddle, lasso, bridle, turnout blanket, horseshoe, etc. We are looking to borrow items for a several days or have you schedule a visit to share. Please contact me if you can help.

As if we aren't busy enough, 2022/2023 school year registration begins this month. Forms are now available on our website and outside the preschool office. Registration is on a first come basis with priority registration given to current students and their siblings. Your completed registration form and payment can be sent via email with payment made to PayPal or dropped off at the office door starting Wednesday, February 9. Registrations for our waitlist families and public will accepted starting Monday, February 14, and February 21, respectively. It is not too early to begin making plans for the 2022-2023 school year! More information can be found in this newsletter.

Registration for Summer Care 2022 begins mid-April. More information will be posted to our website in March.

I would like to remind you that ISP has a family referral program. If you refer a full day student to us, we are happy to reward you \$50. For more information about this program, please refer to your current Family Handbook or our website.

Thank you for keeping your sick children at home and contacting the office to report absences of any kind.

With gratitude, Cathy

"A friend is a gift you give yourself." - Robert Louis Stevenson

### Mission Statement

International School for Peace peace within the community, and the world by immersing children in languages multicultural experiences through play-based, anti-bias curriculum celebrates diversity.

**Mark Your Calendars!** 

**February 9:** Registration for 2022-2023 School Year opens for returning students and siblings.

**February 14:** Registration for 2022-2023 School Year opens for waitlist families.

**February 21:** Registration for 2022-2023 School Year opens to the public.

February 21: ISP's Annual Rodeo Luncheon.

February 24-25: No School—Rodeo Break.

# 2022-2023 Registration

# Registration is on a first come, first served basis.

# Registration for current preschoolers and their siblings begins **February 9, 2022 at 8 am**.

- Registration forms are available online & outside the preschool office.
- Only completed registration forms with accompanying fee (check, exact cash, or money order at the office door; credit or debit online within 24 hours) will be accepted during registration.
- \* ISP will accept registration forms via email.
- Registration will be open to families on our waitlist starting the week of February 14.
- Registration will be open to the general public starting the week of February 21.
- Teachers will not accept forms or fees.



- Students are registered into programs and must be the age of the class they are entering by the first day of school.
- Teacher assignments are made in mid-summer and based on enrollment.



#### **Tax Time**

International School for Peace's Tax I.D. is 86-0388672 Printed tax information is available upon written request to the preschool office. Allow 2 weeks. A \$5.00 fee applies.

#### **Covid Refund Policy:**

In the event of a temporary school closure due to a Covid-19 outbreak, upon written request and within the allotted time frame, a credit of 50% of the tuition for missed time will be applied to the following month's tuition. You will receive a one time invoice for your tuition amount.



#### **ISP NEW EMAIL**

Please make necessary changes for ISP Administration new email address:

admin@internationalschoolforpeace.com

**Thank You!** 

#### **February Happenings:**

Black History Month Lunar New Year: February 1 Ground Hog Day February 2 Susan B. Anthony Day: February 15 Nirvana Day February 15 World Day of Social Justice: February 20 Ayyám-I-Ha: February 25 –March 1





#### **INTRODUCING:**

ISP's new Farsi Teacher and Program Assistant

#### Farzan a Mohseni

We are so happy she joined our school!



ISP is excited to welcome new friends! Please add these students to your ISP Directory:

#### Ms. Ana's Class

Yoshi

James

James



Kayden, Alexander & Ellison! See you later, alligators!

# **Geologist Needed!**



Are you a geologists or have a passion for rocks and minerals?



International School for Peace is looking for you to share your knowledge to enhance our curriculum.

If you are interested or know someone, please contact Cathy at cathy@internationalschoolforpeace.com .

This will be an outdoor event with individual classes.







#### ISP is so grateful for our families and friends! We want to give a big thanks to:

- Laura Katterhenry for bringing bagels for our staff. Alumni Lucy & mom Althena for donating children
- Colin Campbells grandma, Deb Cornmiller, for donating puzzles.
- Ashley for bringing in so many treats for the staff on so many days!!! Fruit bars, sweets, cupcakes, muffins, oh my! She spoils us for sure.
- Manal Kareem for going to Costco for us multiple times.
- Lori Lopez for the puzzles.
- Keller family for donating a horse chair and for bringing in muffins & treats for the staff.
- Melissa Lyapustin for donating masks.
- Cathy & Jodi for the fruit for the staff.
- Susie Vincent for purchasing 45 boxes of cookie dough and Judy Robinson for baking and distributing those cookies to Casa Maria Soup Kitchen.
  - Lydia Seldner for plastic bags.

- Alumni Lucy & mom Althena for donating children sized masks.
- Fleury Ndayizeye for doing landscaping.
- Cathy for donating straws.
- Tamara Khachatryan and Fadi Iskandar for cleaning legos for us.
- Laura Aldag for the monetary donation.
- Nick Thomas for doing landscaping.
- Dental Hygienist Sue Smedley with First Smiles Matter for completing dental screenings on 11 preschoolers.
- Dennes family for the large box of grapefruits
- Steve Barclay and Melissa Mitchell with St. Francis for your continued assistance and support of ISP.
- Pima County Health Department for supplying the preschool with Covid tests.
- The ISP School Board for their continued support guidance, and service.

#### **WISHLIST**

- Horse Tack: saddle, reins, horse shoes, etc.
  - Coffee & Coffee Filters
    - A visiting Geologist



## Do you love your preschool?



Writing a Google Review for us

#### Please consider ...



Rating us on Great Schools!



and liking us on Facebook,

# **ISP Recommends:**

#### Laura J. Ford, DO

Developmental Behavioral Pediatrician Hopedevelopmentalbehavioralpediatrics.com 520-934-4624 Look in the ISP Announcement Binder for more information.



Kent Vincent, M.D.

P: 520.296.KIDS (5437) • F: 520.296.9683 1605 East River Rd., Suite 101 • Tucson, AZ 85718 Ebie's Rug Caché



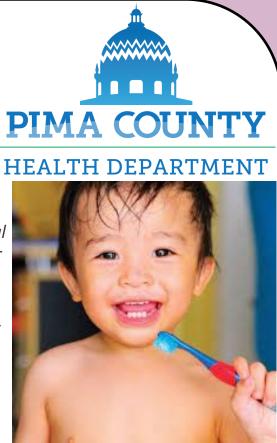


Property Care & Maintenance

#### Give children a reason to smile...

Childhood tooth decay (cavities) is one of the most common preventable diseases. Children as young as 12-18 months can get cavities. In baby teeth this can cause pain and even prevent children from being able to eat, speak, sleep, and learn properly. Children do not lose all their baby teeth until they are about 12 to 13 years old. The good news is cavities can be prevented with early dental visits, fluoride, regular brushing, flossing, and healthy diets.

The First Smiles Matter Program (FSM) provides free dental screenings and topical fluoride treatments for children ages 0-5 years. Those needing help finding a dental home or needing assistance enrolling in government insurance can contact our office and we will direct them to the available resources. Expectant mothers may also receive a free dental screening and oral health education about caring for their oral health, as well as their new baby's oral health. All screenings and preventive treatments are provided by licensed dental professionals in childcare centers, preschools, and other places where young children and their families visit.



First Smiles Matter provides screenings for children 0-5 years of age and expectant mothers at the Pima County Health Department's **East Clinic located at 6920 E. Broadway Blvd. Tucson, Az 85710**. For scheduling, please call **Caitlyn Collins at 520-724-7882 or Margaret Perry 520-724-7902**.





CHILD COGNITION LAB

Long: If you would like to contribute to the science of child development as a citizen scientist or want something fun to do for your child, please consider visiting the University of Arizona Child Cognition Lab. We have both virtual and in-person studies. They are fun for children, interesting for parents, and you are with your child the entire time. Children also take home a toy from our toy bucket or receive a gift card. Learn more at <u>https://</u> <u>www.childcognitionlab.arizona.edu/volunteer-to-participate</u> or email at <u>childcognitionlab@gmail.com</u>.

Short: If you want to contribute to science or want something fun to do, consider signing up your child at the Child Cognition Lab for a virtual or in person study! <u>childcogni-tionlab@gmail.com</u>







"Children learn to handle their emotions, including anger and fear, during play." — Esther Entin



A 2015 study showed that a long walk in green environments reduced neural activity in parts of the brain associated with mental illness risk.



An article by the American Journal of Play states that lack of play affects emotional development, causing spikes in anxiety, depression, inattention, and poor self-control.



"Play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength." — Kenneth R. Ginsburg



"Play relieves feelings of stress and boredom, connects us to people in a positive way, stimulates creative thinking and exploration, regulates our emotions, and boosts our ego." — Association for Play Therapy



Physical movement releases "feel-good" chemicals such as endorphins, which improve mood, energy, and sleep.



Play is considered so vital for optimal development that it is recognized as a human right for every child by the United Nations High Commission for Human Rights.







Research shows that a decline in play and recess correlates with a decline in empathy. Pretend play and playing among peers is key for cultivating compassion, acceptance, and a richer world view.



A study by the University of Cambridge found that children who engaged in physical play with their fathers from an early age were better at regulating emotions and behaviors later in life.

### Explore all 28 reasons here!

# Precare with Ms. Siria

I am excited to welcome the month of February!

Thank you, Parents, for continuing encouraging your child to wear their face mask to school, we will continue following the CDC guidelines during the year. Students will wash their hands as they arrive and pick a center to work on.

At 8:50am, students will clean up and gather their belongings and wait for their teacher, at 8:55am students leave precare to go to their assigned room. Reminder: School will be closed on February 24-25 due to Rodeo Break





Thank You! Ms. Siria

# 3's Partial Immersion with Ms. Siria

I am excited to welcome the month of February! Even though it is the shortest month of the year we have lots going on.

Our themes of the month are the Chinese New Year, Rocks and Minerals, Friendship and Rodeo.

The first week of February we will be celebrating the Chinese New Year (year of the Tiger) through our dramatic play. Children will be playing in a Chinese restaurant learning about Chinese traditions during the new year's celebration. Also, children will be using their fine motor skills creating a Tiger art, children will be gluing, coloring, and cutting paper.

The second week theme will be Rocks and Minerals. Children will be learning about these natural objects, they will be exploring different kinds of rocks and minerals with a magnifying glass learning about science, shapes, sizes, colors, and textures. Also, we are going to do some art with rocks!

The theme of the third week is Friendship, we will be talking about the importance of friendship and family, as well as how we can let people in our lives know we care. On Valentine's Day (Monday 14th) children are encouraged to dress red or pink. Also, children will be doing some art with colors related to this celebration.



The theme of the fourth week is Rodeo, and this week children will learn

about the Rodeo celebration (Fiesta de los Vaqueros). They will be learning about new vocabulary like cowboy, bulls, horses, rope etc. in English and Spanish, also they will learn about the Western wear.

We will continue our enrichment classes; you can find their lesson plan hanging on our classroom window. Monday/Tuesday: *Music with Ms. Lori* Wednesday: *Hebrew with Ms. Jodi* Thursday: *Farsi with Ms. Farzana* 

Thank you for your support encouraging your children to wear their face mask daily to school, don't forget to send an extra face mask to keep it on your child's container to use it as needed.





#### FRIENDLY REMINDERS:

- Please check your child's lunch bag or backpack for their daily report.
- Please remember to check your child's cubby outside their classroom each day.
- Please don't forget to label your child's clothes, containers with first and last name to avoid confusion.
- We will be closed on February 24-25 due Rodeo weekend.

THANK YOU!!!

Thank you! Ms. Siria

# Aftercare with Ms. Ashley, Ms. Ana, & Ms. Tiffany

Dear ISP Parents & Families,

#### **Hello February!**

I hope everyone is staying warm and healthy!

This month we will be learning about the Chinese New Year, recognizing Arizona's Birthday, discussing the importance of friendship, exploring western culture during rodeo week, and analyzing rocks and minerals.

While discovering the Chinese New Year celebration, we will create lunar new year yin yang fans. We will discuss what we love about living in Arizona and create art based off Arizona's beautiful sunsets. We are always discussing the importance of kindness and friendship during aftercare. We have the chance to spend time with friends outside of our main class and age group, and it's always inclusive and exciting. To further highlight our class bond, we will all decide on a theme and create a mural to post in the classroom. When rodeo week rolls around, we will create a matching game that includes things found in the west such as horses, cacti, and rodeo. Lastly, when looking at different rocks and minerals we will ask questions like what is inside each rock, why are some smooth and rough,

and how many kinds of rocks and minerals are there?

Thank you all for your support and endless kindness! And a big thank you to my amazing aftercare team!

















# 2's Partial Spanish Immersion with Ms. Ana & Ms. Tiffany

Hola familias!

What a great beginning we have had together! Already into the second month and the classroom schedules and activities are well underway. Children are happy and have adjusted nicely. Children are growing in their relationship with the adults and children in the classroom.

This month we will talk about friendship and kindness and practice caring and kind behavior. The children will continue to play more with each other forming new friendships. We will talk about what makes a good friend. We will be doing friendship activities, reading friendship stories, and singing friendship songs. Learning activities such as fantasy play, block play and open-ended art activities providing opportunities for children to build positive relationships with peers.

February 1st is the Chinese New Year Celebration, 2022 is the year of the tiger, this is one of the most important holidays in China, we will be reading some books about this tradition and creating activities like:

Paper plate and cup Chinese Dragon, empty paper roll tiger. Children will demonstrate positive approaches to learning, recognizing colors, showing flexibility and use their creativity.

We will also be talking about Rodeo, focusing on western wears and horses.

#### Activities:

#### Western Vest:

Cut a slit up the front of a paper bag and then cut armholes and a scoop for the neck. Children can decorate with yarns, felt, buttons, feathers, collage materials, markers, crayons, stencils, etc.

#### Wild West and Rodeo Math:

Pan for Gold Spray paint small rocks with yellow paint. Add sand and rocks to a water table. Using sifters have children pan for gold. Count how much gold they received.

Science project: "Communicating colors" we will use 3 clear jars, food coloring, and paper towel, roll up a paper towel and place each end inside the jars. \*What is happen when we mix yellow and red together?

With love, Ana Santiago

#### **Spanish Vocabulary**

February - Febrero Horse - Caballo Friend - Amigo **Best Friend - Mejor Amigo** Kind - Amable West - Oeste

#### The Little Rancher Song

(Tune: I'm a Little Teapot) I'm a little rancher. Here is my hat. Here are my spurs. And here are my chaps. As soon as I get up, I work all-day I get on my horse And ride away.

#### **Friendly Reminders**

- Please send at least 2 extra face masks.
- **Read the daily report** that I send by email, that way we can have a better communication.













# 3's Full Spanish Immersion with Ms. Damaris

Hola queridas familias,

Let's welcome February with joy and excitement!

We Will explore Chinese New Year (Year of the Tiger), rocks and minerals, Happy Birthday Arizona, Friendship, and Rodeo (horses). Our themes will be reinforced with stories, songs, art, math/science exploration, discussions, writing tasks, pictures, props, and books.

On Tuesday, February 1st, we will celebrate Chinese New Year. We will enjoy Reading books, creating lanterns and paper tigers, and eating pot stickers.

Happy Birthday to our great state of Arizona! We will sing Happy Birthday on February 14th!.

We will explore rock and minerals by first washing then observing and examining their shape, size, texture, and color. We will discuss and record our observations.

For our friendship theme, we will all create a Friendship Tree. It will hang in our classroom on the wall next to the door. You will be able to see it through the window. The tree will serve has a reminder of the importance of friendships and how to be good friend.

It's Rodeo Time! We will learn about horses and life on a ranch! Our annual Rodeo luncheon will be on Monday, February 21. Everyone is encouraged to wear their western wear (no toy guns) to school that day. More information can be found in this newsletter.

Kindly,

Ms.Damaris





а

#### **FRIENDLY REMINDERS:**

- Please check your child's cubby outside their classroom each day.
- Please label morning and aftercare snacks, lunch, and water bottles.
- Please make sure to pack utensils for your children should their lunch require it.
- Please be sure that your child has two masks, including the one they wear to school.
- When the face mask containers
  are sent home to wash, please
  send a clean container on your
  child's next school day. If the container doesn't fit on your child's
  lunch bag or backpack, please
  check your child's cubby outside.

#### **SPANISH VOCABULARY:**

Friends - Amigos Friendship - Amistad Rocks - Rocas Horse - Caballo Minerals - Minerales



# 3's/4's Language Enrichment with Ms. Lydia

Queridos Padres y Familia,

Welcome to the second month of 2022.

Our themes for the month include Chinese New Year, Rocks, Minerals and Gems, Rodeo, and Friendship!

We will be reading books and sharing what makes a good friend. We will be working on our fine motor skills while creating a friendship bracelet with yarn.

One of our fun activities for this month will be digging the sandy part of the playground to look for rocks.

During the mornings, we will learn two new songs about Friendship. We are also learning a song called Periquito Azul, and it's about a little blue bird.

We will continue to recognize the letters J, K, L and M and their sounds.

The math table will focus on counting by 5's to 25.

Also, I want to encourage you if your child is already eligible for the vaccine

to please consider to do it. That can help us to be safe in our school, and continue with our classroom and school open.

A special thanks to all of you and specially the Room Parents, for coordinating everything to give me the beautiful bag full of presents for Holidays. Thank you very much I really appreciate all of your details with me!!!!

Thank you & Happy February! Ms. Lydia



















# 4's Full Spanish Immersion with Ms. Paola

Dear Parents and Families,

First of all, I would like to thank you for your support and understanding during these uncertain times. As you might know, our students' safety has been always our priority. I truly apologize for all the inconvenience that you've been through, and once again, I appreciate that you are doing all you can to keep us informed about your family's health.

We will start this month celebrating Chinese New Year. This is the year of the Tiger and we will learn all about this animal! We will also explore some of the Chinese culture and their ABC's and 123's.

Arizona officially became a state on February 14, 1912. So, we are going to celebrate Arizona's 110<sup>th</sup> Birthday! We will "visit" some of the most well-known places, like the Grand Canyon, Sedona, and Flagstaff. We will look at pictures and compare them. We will also share experiences if we've been to some of those places.

Friendship/Amistad is a theme that's always very present in our class. Children will be the authors and illustrators of our own Storybook. They will draw or look for pictures in magazines that show what Friendship means to them, what good friends do, or what they like to do with their friends. We will also play some cooperative games so we can keep practicing those very important social-emotional skills.

February is a month to talk, explore, learn and play with rocks and minerals. Our class will display a rock collection in our Science area. If your child would like to participate in this activity he/she can bring a special rock from home in a plastic bag. I would really appreciate if you can label the bag with your child's name and the type/name of the rock. I will introduce words in Spanish to use while we describe and sort rocks.

Yeehaaw, it's rodeo time! ISP will host a Luncheon on Monday, February 21st. The school will provide hot dogs, apples and carrots. Children are welcome to wear western-themed clothes. We will review what we learned about horses and cows during the month of October. We will also look for gold/oro in our sand areas.

I will review all the pre-math and pre-reading/writing skills from last month. I think it is very important to reinforce all the information the children have received in the past and the new ones that they are constantly receiving. That way, they can feel more confident and at ease when they apply that knowledge. It always amazes me how natural and organically they make connections and apply what they have learned in so many different areas and situations.

Pajama and Chocolate Caliente Day was a success! Thanks to Amara for bringing Chocolate Caliente and Lily Thomas for the marshmallows and Vegan chocolate milk. The children asked me if we could have another day like that! We had so much fun!

I'd also like to thank Laura Katterhenry for bringing bagels for all the staff. And again, thank you all so much for your empathy during these challenging times.

"We didn't realize we were making memories. We just knew we were having fun" -Winnie the Pooh

Sending Love and Kindness, Ms. Paola















#### Dear Early Childhood Education and Childcare Providers,

The CDC is currently updating guidance on COVID-19 policy changes, including shortened isolation and quarantine periods for the general population. While resources continue to be updated, there may be some confusion whether these new recommendations pertain to Early Childhood Education facilities.

The new guidance does not currently pertain to children under 2 years old, or other unvaccinated individuals who are unable to consistently wear a mask. For this reason, the Pima County Health Department does not include ECE facilities in the updated shorter isolation/quarantine recommendations. ECE and childcare facilities should continue to follow prior guidance:

#### If a child tests positive for COVID-19: Stay home (isolate) for 10 days.

- Day of positive test is considered day 0 2
- Child may return to the facility after day 10 if they have been fever-free for 24 hours and any other symptoms are improving or resolved.

#### If a child is exposed to someone with COVID-19: Stay home (quarantine) for 10 days.

- Child may test after or on days 5-7 post-exposure
- If test result is negative, child may return to the facility on day 8
- If the child is too young to test, or tests are unavailable, stay home for the full 10-day quarantine.

We continue to work with state and federal partners as ECE-specific guidance is reviewed, updated, and created. We will communicate changes to you as policies evolve.

You can find more information on who is included in the new guidance on the CDC website here: What We Know About Quarantine and Isolation | CDC.

We appreciate your teamwork in helping to keep our school community safe and healthy.

Sincerely,

Theresa Cullen, MD, MS Pima County Health Department Public Health Director

# **Covid-19 Action Plan**

At International School for Peace, we understand that families are entrusting us with not only the education and socialization of their children, but also with their health, safety, and well-being. Our administration, teachers, staff, and families are doing our part to ensure the safety of everyone who enters our campus. Below is a list of what we are doing in the best interest of the community as a whole. ISP will continue to monitor the current pandemic situation and make updates to our policies as deemed appropriate or mandated.

with another class or program.

# **Covid-19 Action Plan, Continued...**

What Administration is Doing:	What Staff is Doing:	What Families are Doing:
<ul> <li>Educate our community:</li> <li>Post signs to demonstrate proper handwashing.</li> <li>Post signs to remind our community members to social distance.</li> <li>Share community resources for assistance during Covid-19.</li> <li>Make available current parent resources for helping children understand this pandemic.</li> <li>Provide information to educate the community on the Covid-19 vaccine.</li> <li>Continue to implement regular changing of air filters in all campus buildings.</li> <li>Establish an emergency plan should a staff member or student display Covid-like symptoms during school hours. Those determined to be ill will immediately be isolated from others.</li> <li>Contact PCHD to report suspected or confirmed cases of Covid-19. Director will notify the ISP community of exposure to the virus while maintaining the confidentiality of the individual and their family.</li> <li>Reserve the right to make decisions at their own discretion for the health &amp; safety of everyone which may include temporarily closing of the school, a classroom, or extended day program. Length of closure to be determined by ISP Advisory Board and recommendations of the CDC, federal and local governments, &amp; the Arizona Department of Health, Division of Child Care Licensing. All refunds are at the discretion of the director.</li> <li>Upon written request and within the allot time frame, ISP will grant a credit of 50% of the tuition for missed time, to be credited to the following month's tuition. You will receive a one-time invoice for your tuition.</li> </ul>	<ul> <li>Offer an adequate number of materials and supplies which are changed out fre- quently.</li> <li>Post lesson plans and class happenings in the windows for family viewing.</li> <li>Ensure your class not mix during our full and half day programs to include out- door play, with the excep- tion of nap and extended day programs.</li> <li>Separate toys that have been placed in a child's mouth. Toys will be cleaned and disinfected before available for play.</li> <li>Ensure availability of face masks, tissues, soap, paper towels, hand sanitizer, and family emergency contact information.</li> <li>Place nap mats 6 feet apart and students will be posi- tioned head to toe. Chil- dren's bedding will be stored in individually la- belled bins. Sheets will be laundered once a week or more often, if needed. Only essential bedding from home will be accepted.</li> <li>Promote small groups by discontinuing in-class visits and volunteers to the class- room. Allow for visits out- side.</li> <li>Present curriculum utilizing outdoor space as possible.</li> <li>Vaccinate</li> </ul>	<ul> <li>Ensure to have a backup childcare plan in place should ISP need to temporarily close the campus, a classroom, or extended day program.</li> <li>Please keep your child home if they are feeling ill, have a temperature, or are exhibiting symptoms of Covid-19 which may include but are not limited to: <ul> <li>Fever or chills</li> <li>Cough</li> <li>Fatigue</li> <li>Headache</li> <li>Sore throat</li> <li>Diarrhea</li> <li>Shortness of breath/difficulty breathing</li> <li>Muscle or body aches</li> <li>New loss of taste or smell</li> <li>Congestion or runny nose</li> <li>Nausea or vomiting</li> </ul> </li> <li>Contact the preschool if your child is not coming to school for any reason.</li> <li>Commit to keeping your child home until they are fever free without the use of a fever reducer and/or symptom free for 24 hours. A doctor's note may be required.</li> <li>Understand personal items that support a child's sense of security, ability to transition, self-regulate, or calm down are considered essential. Please speak with the director to establish a protocol for the use of these items.</li> <li>Use resources available to you on the preschool campus; we are here to support you in helping your child understand coronavirus.</li> <li>Please have your own pen on hand to use if needed.</li> <li>Commit to staying abreast of school communication.</li> <li>Vaccinate</li> </ul>

\*Updated 12/16/21. Covid-19 Health and Safety Procedures and Protocols are updated regularly and as necessary. Please be diligent about keeping abreast of new information.