









# February 2024 Newsletter

Hello Peaceful Families,

January flew by us! I would like to thank ISP parent Dr. Glen Olson for stopping by on January 30 to help us wrap up our healthy lifestyle unit. We appreciate the time you spent helping us learn about the importance of good nutrition, exercise, and hydration.

February is always a busy time for us. We will celebrate the Chinese New Year – year of the Dragon. We embrace friendships, explore rocks and minerals, learn about goal setting, honor our state's birthday, and learn about horses and Tucson's long-time tradition of Rodeo. Wow!

February is National Dental Health Month. At ISP, children participate in activities that teach good dental hygiene. We learn the importance of healthy eating habits, frequent brushing and flossing, and regular trips to the dentist to support good dental hygiene. A big thank you to ISP parent and dental hygienist student Kelsey Moran for sharing information about the free and complete dental screening offered by Pima County Community College for children and adults. More information is in this newsletter.

Hee Haw its Rodeo time! ISP will host our annual Rodeo luncheon on Friday, February 16. Keep reading for more info!

On Monday, February 19<sup>th</sup> ISP parent and horse hand

### Important!

Please be sure to close the gate be-hind you when entering or leaving the campus.

We appreciate your efforts to



keep our campus safe. Jamie Olson will visit our campus to share her vast knowledge of horses. Children will have hands on experience exploring horse tack such as a saddle, lasso, bridle, turnout blanket, horseshoe, etc. and in addition to learning about horse care. I am looking forward to this fun and interactive outdoor event.

The Association for

Women Geo-Scientists and U of Geologists Priscilla Martinez and Emilia Ayor will visit our classes on Tuesday, February 27th to teach us all about rocks and minerals.

As if we aren't busy enough, 2024/2025 school year registration begins this month. Forms are now available on our website and outside the preschool office. Registration is on a first come basis with priority registration given to current students and their siblings. Your completed registration form and payment can be sent via email with payment made to PayPal or dropped off at the office door starting **Monday**, **February 5 at 8AM**. Registrations for our waitlist families will be accepted starting Monday, February 12, and open to all others beginning February 19, respectively. It is not too early to begin making plans for the 2024-2025 school year! More information can be found in this newsletter.

Registration for Summer Care 2024 begins mid-April. More information will be posted to our website in March.

I would like to remind you that ISP has a family referral program. If you refer a full day student to us, we are happy to reward you \$50. For more information about this program, please refer to your current Family Handbook or our website.

Thank you for keeping your sick children at home and contacting the office to report absences of any kind.

With gratitude,

Cathy

"A friend is a gift you give yourself." - Robert Louis Stevenson

### Mission Statement

International School for Peace
Promotes peace within the
individual, the community, and the world
by immersing children in languages and
multicultural experiences through playbased, anti-bias curriculum that
celebrates diversity.

# 2024—2025 Registration

# Registration is on a first come, first served basis.



Registration for current preschoolers and their siblings begins **February 5, 2024 at 8 am.** 

- \* Registration forms are available online & outside the preschool office.
- \* Only completed registration forms with accompanying fee (check, exact cash, or money order at the office door; credit or debit online within 24 hours) will be accepted during registration.
- \* ISP will accept registration forms via email.
- \* Registration will be open to families on our waitlist starting the week of February 12.
- \* Registration will be open to the general public starting the week of February 19.
- \* Teachers will not accept forms or fees.
- \* Students are registered into programs and must be the age of the class they are entering by the first day of school.
- \* Students enrolling in 3-4 year old programs need to be completely potty trained by the first day of school, August 8, 2024.
- \* Teacher assignments are made in mid-summer and are based on enrollment.

# **Spring Spruce-Up Day**

Join us Saturday, March 2nd 8am-noon!





### **Contact ISP Parents**

Paula Garcia @ 520-906-6061 Or

Mónica Stemmelen @ 415-632-9515 to find out how you can help!



There's a volunteer sign-up sheet on the easel outside the front office along with a list of needed donations!

Your assistance and contributions are greatly appreciated.



International School for Peace's

Tax I.D. is

86-0388672

Printed tax information is available upon <u>written request</u> to the preschool office. Send email to <u>cathy@internationalschoolforpeace.com</u>

Allow 2 weeks. A \$5.00 fee applies.

### Just a Reminder:

When you are late to pick up your child, the child is left in the care of the office which has limited space. Please be sure to pick up your child at 2:30 to avoid the \$1. a minute late fee.



THANK YOU!

# February is Black History Month

Here are some notable dates in February:

Groundhog Day

February 2

Lailat al Miraj

February 6-7

Mardi Gras

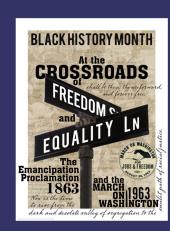
February 13

Presidents Day

February 19

World Day of Social Justice

February 20



St. Francis is excited to announce...

We have reopened the nursery!

The nursery is open on Sunday mornings from 9am-11am for children ages 0-5.

(The nursery is in the classroom nearest the Celebration Center, room 40.)

For more information contact Shar Aslaksen

at

saslaksen@stfrancisumc.org

### Reminder:

Please make sure your child has at least two full sets of clothes at ISP in case of accidents.

If you have borrowed clothes from ISP, thank you for returning them!



We are looking for two cooks for the Rodeo Lunch!
If you are interested, please contact the office.

# FRIDAY, FEBRUARY 16TH

ISP WILL SERVE UP OUR

ANNUAL RODEO LUNCH!

HALF -DAY STUDENTS ARE WELCOME TO

STAY! MORE INFORMATION COMING SOON!







WEAR YOUR WESTERN-WEAR!



# GIDDY UP!

THERE WILL BE NO SCHOOL



FEBRUARY 22 OR FEBRUARY 23





# ISP is so grateful for our families and friends! We want to give a big thanks to:

- The Landau family helping us with recycling!
- Laura Aldag for her monetary contribution and her bookkeeping skills!
- Lilibet Sanders for volunteering in our library!
- Ms. Lydia for bringing in cookies for the staff!
- Meredith Keller for treats for the staff!
- Deb Kornmiller for donating scarves from Jordan!
- Moawya for working on landscaping projects!
- Kelsey Moran for Costco shopping!
- Mead Mier-Welborn for donating grinds for the garden, grinds for the staff, and "play" tickets for the children.
- Damaris Huerta for treats for the staff.
- St Francis Staff for treats for the staff.
- Radovic Family for the basketball hoop.
- Darlene Showalter for making special winter table cloths for the classrooms.
- Susie Vincent & Children's Orthopedic
   Specialists for sponsoring January's Advisory Board Meeting!
- Steve Barclay for over seeing the Room
   10 roof repair!

- The Thomas family for making our grounds look SO good (landscaping)!
- The Stemmelen Family for picking up COVID tests for the community.
- The Keller family for handling playground repairs.
- Cathy DeMers for bringing in treats for the staff.
- Laurie McGill for bringing in treats for the staff.
- Shanleigh Sullivan for a diaper donation!
- Vera Moreno's Family for stickers and kitchen utensil donation
- Paula Van Ness for assisting ISP with grant opportunities
- Shanleigh Sullivan for a generous donation of books and toys
- Deb Kornmiller for her donation of toys and classroom supplies
- David and Susan Wilkinson for their donation of Books, Shelving Unit & Crayons
- Mary Pankratz for helping out in the library!

### **WISHLIST**

- Boys and girls long and short pants, sizes 3-6x
- A 12-cup coffee maker with a thermal carafe
  - Volunteers for Spring Spruce Up Day



# Do you love your preschool?

Please consider ...



Writing a
Google Review
for us,



Rating us on Great Schools,



and liking us on Facebook!

# **ISP Recommends:**



Kent Vincent, M.D.

P: 520.296.KIDS (5437) • F: 520.296.9683 1605 East River Rd., Suite 101 • Tucson, AZ 85718



### **More on -FLIP IT!**



TRANSFORMING CHALLENGING BEHAVIOR

Would you like the opportunity to learn how to flip your child's challenging behaviors? We recommend this upcoming



virtual workshop.

# Free Screenings for Low-Cost Dental Cleanings

ISP Parent, Kelsey, is a Dental Hygiene Student at Pima County Community College. Please visit her for a cleaning which includes:

- . Full Mouth X-rays
- . Head and Neck screening
- . Oral Cancer Screening
- . Exam by Dentist
- . Polish and Flouride
- . Goodie bag!

Pricing:	
Regular Cleaning	\$45
Deep Cleaning	\$65
Sealants	\$15
Whitening	\$55

To set an appointment or have questions addressed, please contact Kelsey by email, phone, or text:

kasizemore@mail.pima.edu (520)909-1460



# Read more about these benefits here









"Children learn to handle their emotions, including anger and fear, during play." — Esther Entin



A 2015 study showed that a long walk in green environments reduced neural activity in parts of the brain associated with mental illness risk.



An article by the American Journal of Play states that lack of play affects emotional development, causing spikes in anxiety, depression, inattention, and poor self-control.



"Play allows children to use their creativity while developing their imagination, dexterity, and physical, cognitive, and emotional strength."

— Kenneth R. Ginsburg



"Play relieves feelings of stress and boredom, connects us to people in a positive way, stimulates creative thinking and exploration, regulates our emotions, and boosts our ego."

— Association for Play Therapy



Physical movement releases "feel-good" chemicals such as endorphins, which improve mood, energy, and sleep.



Play is considered so vital for optimal development that it is recognized as a human right for every child by the United Nations High Commission for Human Rights.



"Abstract thinking is play. When a child fantasizes, he is playing. By taking images, ideas, and concepts from inside their own minds and re-organizing, sorting, and re-connecting in new ways, children create. They create play worlds, hopes, desires, and wishes." ~ Dr. Bruce D. Perry



Research shows that a decline in play and recess correlates with a decline in empathy. Pretend play and playing among peers is key for cultivating compassion, acceptance, and a richer world view.



A study by the
University of
Cambridge found
that children who
engaged in physical
play with their
fathers from an
early age were
better at regulating
emotions and
behaviors later
in life.

Explore all 28 reasons here!

# Precare

### **Dear Parents:**

We are excited to get started in the new month and we are so happy you are part of it!

There are lots of exciting things that we have planned for this month. The themes for this month are Friendship, Chinese New Year (Dragon), Rock and Minerals and Rodeo.

The boys and girls have been doing an excellent job with our daily routine. One of the first tasks at arrival is to wash our hands. Children are well established in that routine and are handwashing the ISP way!

In PreCare there are always plenty of activities which include art, pre-writing tasks, story time, building, painting, puzzles, games, and dramatic play.

Just a reminder that school will be closed on February 22nd and 23rd for Tucson Rodeo festivities.

Muchas Gracias!!

Ms. Siria & Ms. Lulu

# **Aftercare**

Dear Parents and Families,

We hope you are enjoying winter and the coziness of being with family when it is so cold outdoors.

Last month, the children used our smelling sensory activity not as planned, but as an opportunity to eat the honey. They really enjoyed it and asked for more activities like it. A failed plan can still be fun, entertaining, and tasty too. They were looking forward to the handprint mural done by the whole aftercare

class. Once they learned what collaging was, they began to make interesting pictures using trees and then another one using pictures of food. They really got a kick out of the book "Amelia Bedelia," a story by Peggy Parish about a housekeeper who takes a task list "literally," and she makes a funny mess out of the entire house. They wanted to hear it twice. They did two measuring activities where they found out how long they are first with oranges and then with pencils.

In February, our themes will include friendship, rock and minerals, rodeo, and Chinese
New Year. The children will be making Chinese dragon streamers, painting with varied materials, and
painting a heart. We will be reading a variety of books on the themed topics. They will
also be decorating a cardboard cutout of their individual shoes, and then decorating

them. The children will make a graph of all the shoes by size.

Thank you for the magazines and thank you for all your support. As always, your child will need an extra snack for aftercare and a warm jacket for when the weather permits us to be outdoors.

With Love,

Ms. Paula & Ms. Tiffany

See more photos from aftercare HERE



# Younger 2's Partial Spanish Immersion

Queridas Familias,

We had a wonderful start to the new year this January! We hope that things will only keep looking up as we enter one of the sweetest months of the year, February. I am happy to say that the children are looking bright and eager to learn as we continue in our routines. This month is full of fun and exciting events in Tucson. We will be basing our themes around those events so that the kids can learn and be involved in their community.

Our first theme of the month will be Chinese New Year! We will be discussing how Chinese New Year is celebrated. This will include the lantern festivals and the famous lion dances, as well as covering which Chinese New Year animal we were born into. This year the Chinese New Year animal is the Dragon, so we will be doing some art activities related to that. This includes making a dragon with a torso made up of colored handprints made by the kids.

Our second theme of the month is going to be Rocks and Minerals. This is in honor of Tucson's' Gem and Mineral show that happens annually around this time of year. We will be talking about different kinds of rocks such as granite and quartz. We will also be going over some popular gems such as diamonds, rubies, and emeralds. We will be talking about how these can be used for many different purposes, such as jewelry. We will have a variety of these rocks and minerals in our sensory table, so that they can feel the different textures as well as observe the colors with our magnifier. Of course, we will count rocks and use rocks to learn about sizing. We will also have women geologists visit this month.

Our third theme of the month will be Rodeo just in time for it to come around! We will be discussing the famous Rodeo, also known as La Fiesta de los Vaqueros. We will be talking about cowboys and cowgirls and related vocabulary such as hats, boots, horses, rope, etc. This will include an activity where we match cards with pictures of the words that we will be learning. We will also be talking a little bit about the Tucson Wagon and History Museum, and what can be explored there.

Lastly, our fourth theme of the month is going to be Friendship. We have explored this topic before, but I believe it is important enough to keep revisiting. We will be talking about kindness and sharing and catching kids in the act! We will be reading some books, singing songs, and creating friendship cards for others. Most of the week will be set up for group activities, including making a class art piece on a large piece of paper. Another activity will include spooning heart shaped rocks from one bowl to another to practice motor skills.

### Vocabulario

- Cowboys : Vaqueros
- Cowgirls: Vaqueras
- Rocks: Rocas
- Horse : Caballo
- Dragon : Dragon
- Friend: Amigo
- Ring: Anillo
- Heart Corazon

### **Activities**

- Handprint Dragon
- Sorting rocks by size and color
- Matching cards with cowboy vocabulary
- Spooning hearts from one bowl to another

### Songs of the Month

- "I Love You"
- "You are My Sunshine"

### Reminders

- 1) Please remember to provide your child with healthy food and fresh water for their lunch and snack times.
- 2) Please remember to label all jackets and hats with children's names so we know who's is who's
- 3) Please remember to check the kid's cubbies regularly to be able to take home art projects.

Thank you to the Landau family for donating a musical instruments puzzle and art boxes to the classroom! The kids love it, and we are very grateful!

I hope everybody enjoys their February and has a wonderful day!

Sincerely,

Ms. Vanessa

To see my January photo collection, please click **HERE!** 

# Older 2's Partial Spanish Immersion

**Hola Families!** 

The month of <u>January</u> was very busy, and we were happy to go back to our regular schedule and routine. Happy Chinese New Year everyone!

February is fun-filled with loads of new adventures for our class.

The first week theme of February is friendship. Your child will learn about the meaning of friendship "A friend is someone you like to spend time with." They can make you feel happy and special. Friendships are important for your child because they help to develop the basic trust and self-confidence necessary to grow and develop, socially.

We will read books about friendship, play games, and do some art.

Children will make a Friendship card and trade it with their friends.

The second week's theme is Chinese New Year. This week your child will explore the most celebrated holiday

in China where families and friends get together to say goodbye to the old year and welcome in the new. It's the Year of the Dragon! Children will make a dragon mask and decorate it with ribbons and other materials. We also read books about the Chinese New Year.

The third week theme is Rocks and Minerals. Your child will learn the names of various rocks, such as quartz. We will look at different and learn about the different sizes of rocks such as pebbles, rocks, and boulders. We will also explore their textures: smooth, rough, bumpy, lumpy, gritty, and sometimes a combination of textures. We will do a science experiment to learn if rocks sink or

float. We will create our very own ladybug rock. We will have a visit from geologists!

The fourth week theme is Rodeo! Students are going to learn about common events in the rodeo. We will talk about ranch life and learn about what cowboys and cowgirls do. What is a rodeo? We will do art activities such as create western boots using a

large piece of paper, pompons, sequins, yarn, and glue. ISP Parent and horse hand Jamie will visit and teach us about horse care.



**Muchas Gracias!** 

Ms. Siria

siriaesq@gmail.com

Songs:
Amigos de Verdad
Oh Susana
You are My Sunshine

Colors: Red / Rojo Pink / Rosa Brown / Café Black / Negro Vocabulario:
Heart / Corazón
Friend / Amigo
Kind / Amable
Family / Familiia
Hat / Sombrero
Boots / Botas
Horse / Caballo
Rock / Piedra





Friendly Reminders:

Please check your child's box outside for artwork every day.

Please make sure to label your child's belongings.

Children are invited to wear red or pink on February 14th. We will be creating friendship cards in class but feel free to create at home, as well No School February 22nd—23rd due to the Rodeo Break.

To see my photo collection for the month of January, please click

HERE!



# 3's Partial Spanish Immersion

### **Dear Families!**

During February we are learning and exploring about Chinese New Year, Friendship, Rocks and Minerals, and Tucson's long-time tradition of Rodeo!

For Rodeo we will be discussing horse care and the benefits that these special creatures bring to us. Horse hand and ISP Mom Jamie will visit on 2/20 to teach us about caring for horses.

Our themes will be emphasized through stories, games, art, songs, and group activities.

We will continue learning and identifying our names in print and learning the letters that spell our names. We will continue reviewing and learning numbers to 20, primary colors, and shapes in Spanish and English

We will learn 2 new songs "10 Amigos" in

English and Spanish, and continue

singing "La Vaca Lola."

I will introduce new words:

- ⇒ Friendship Amistad
- ⇒ Heart Corazon
- ⇒ Rocks Rocas
- ⇒ Minerals Minerales,
- ⇒ Horse Caballo
- ⇒ Cowboy Vaquero
- ⇒ Cowgirl Vaqueras

Thank you and until next time,

Ms. Zulma



**Reminders:** 

- ⇒ Please replace the clothing in your child's cubby with cooler weather clothing such as long pants, and shirts. Extra socks and underwear are also useful.
- ⇒ Pack utensils if needed!
- ⇒ Please label the morning and aftercare snacks
- ⇒ Lunch and water bottle.
- ⇒ Classroom Door opens at 9:00 AM

You can see my January photo collection **HERE**.



# 3's Full Spanish Immersion

Hola Familias,

I'm overjoyed to share the delightful news that our return to school was fantastic! The excitement of being back in our colorful and vibrant learning space was truly heartwarming. Our little ones did an incredible job settling back into the routine. It's clear that they missed the fun learning environment, and we missed their bright smiles and boundless energy.

Get ready for a month filled with cultural exploration, friendship building, rodeo excitement, and fascinating geological discoveries!

February is here, and we're diving into some exciting themes that promise lots of fun and learning. Here's what we'll be exploring this month:

<u>Chinese New Year:</u> Let's celebrate the magic of Chinese New Year with colorful processed based art, stories, and discovering the joy of new beginnings.



Friendship is in the air! We'll be talking about friendship, sharing, and caring. Expect heartwarming activities that highlight the beauty of being good friends.

Rodeo (Horse Care): Giddy up for a wild adventure! We'll be learning about horses, their care, and have a mini rodeo day filled with laughter and cowboy hats. We are excited to welcome back horse hand Jamie on Tuesday, February 20! WE will be having our Annual Rodeo Lunch on Wednesday, February 21. More details in this this newsletter.

Rocks and Minerals: Get ready to be little geolo-

gists! We'll explore rocks and minerals through



exciting hands-on activities, sparking curiosity about the world beneath our feet. We will spend some time learning from real geologists this month. More information is coming!

Our circle time is a special moment where we blend learning with fun activities. Here's what we'll be working on: numbers 1-20, colors,

shapes, days of the week, and that's not all! In our quest to make learning an adventure, we'll be expanding our basic Spanish vocabulary. Your little ones will be introduced to: corazon: heart, triangulo: triangle, estrella: star.

It's going to be a month of joy, friendship, adventure, and discovery. Can't wait to share these mo-

ments with your little ones!

Love & Peace,

Ms. Damaris



### **Kind Reminders:**

- ⇒ Please label morning and aftercare snacks, lunch, and water bottles.
- ⇒ Pack a utensil, if needed.
- $\Rightarrow$  2/22-2/23 Rodeo break! No School.

Click HERE to see
my January photo
collection.

### **Spanish Vocabulary:**

Friend - Amigo

Friendship - Amistad

Love - Amor

Rocks - Rocas

Horse - Caballo

Kind - Amable

# 3's/4's Partial Spanish Immersion

Hello Dear Families!!

erals and Gems, Rodeo, and Friendship!

We will explore friendship by reading books and sharing what makes a good friend. We A lot of wonderful visitors and experiences will be working on our fine motor skills are coming for this month. while creating a friendship bracelet with friendship cards and letters.

We will have fun this month digging and observing with magnifying glasses interesting rocks and treasures found in our sand pit.

Every morning, we spend time singing, sing-rowed ISP clothes, please return to the preing, and more singing! One favorite song is school office ASAP. Other children will benecalled Periguito Azul, and it's about a little fit from them. blue bird. We will continue to recognize the letters K, L M and N and their sounds. Thank you and Happy February! Please keep encouraging your kids to think about words that start with the letter of the Feliz día de la Amistad! week.

The math table will focus on recognizing numbers to 10. All days of the week have Ms Lydia been introduced and will be reinforced. Daily we are continuing aloud to 31 in English and Spanish.

We are looking forward to a visit from a team of geologists who will bring along lots of different rocks and minerals for us to explore.

Our annual Rodeo luncheon is scheduled for Friday February 16. Kids are encouraged to Our themes for the month include Chinese wear their western wear that could include New Year (Year of the Dragon) Rocks, Min-boots, hats, and vests. Please leave props at home! Lastly, a horse hand will visit to teach us all about horse care.

yarn. At the writing table, we will continue Also, a reminder to take home pictures, art, writing our names and high interest words and school work found in your child's cubsuch as names of friends. We will exchange bies. Your child has spent lots of time creating some very original pieces so please acknowledge these.

> Be sure to check that your kid has a complete change of clothes, so we have them on hand if needed. If your child has bor-

With Love



# 4's/5's Full Spanish Immersion

Dear Parents and Families,

February is a short month and full of fun things to do. During the whole month of Febrero we will celebrate and embrace Friendship/Amistad through games, group projects, songs, and books. On Wednesday, February 14<sup>th</sup> we will have a Friendship Card Exchange. At home, children will make Friendship Cards for their friends, and we will pass them around on the 14th. Also on the 14th, our class is going to celebrate Arizona's birthday! I'll set up a center with pictures and books of well-known places in AZ, and we will share our visiting experiences (if we have them) to those places.

Chinese New Year is February 10th, so during the week prior to this event we will learn about China's traditions and celebrations. We'll locate China on the map and explore and compare their ABC's and 123's to ours. We will also learn why Red/Rojo is important in their culture. In the Chinese New Year, 2024 is the year of the Dragon. We will make fun art projects to make dragons. We will also discuss if dragons are real or not and what other animals might look like dragons.

Yeehaw! It's time to get out those cowboys and cowgirls' boots and hats! It's Rodeo Time, and ISP as always will celebrate by having a Luncheon on Wednesday, February 21st. We'll provide hot dogs, carrots, and apples. This activity is optional, so if your child doesn't want to eat hot dogs, they can still join the rest of the school with their own lunches from home. If the weather allows us, we'll have a picnic style lunch at the Grassy Playground. Children can wear their western-themed clothes that day. We will read books about Horses/ Caballos, Cows/Vacas and we'll also learn about the responsibilities of Cowboys/Vaqueros and Cowgirls/Vaqueras.

Another exciting theme we will explore this month is Rocks, Minerals and Gems. Children are always looking for interesting rocks and collecting them. I always use these opportunities to build Spanish vocabulary to describe the rocks' shapes, textures, sizes, and weights. Our class will have a "Rock and Crystals" display in our classroom the week of Feb 26- Feb 29. If your child would like to participate and contribute to this exposition, he/she can bring a special rock/gem from home. The items will go back home on the 29th. I will put to-

gether a Geology camp at the Dramatic area. Children will observe, study, measure and take notes (draw) about what they are learning.

Pre-Writing and Pre-Reading Skills: Children will continue to work on tracing, writing, and recognizing their own names and friends' names. They will keep practicing tracing and writing their last names/apellidos. The writing table will have different kinds of materials and writing tools such us stickers, scissors, glue, stencils, and stamps to make cards and special pictures for our friends. Children will also trace some Chinese words on a tray with rice.

Pre-Math Skills: Children will continue to practice counting in Spanish daily. Children are also practicing writing numbers 1-10 on different surfaces and using different writing tools. We will sort and make patterns using the heart shape.

### Vocabulario

Febrero: February Amistad: Friendship Tarjetas: Cards Dragon: Dragon Rocas: Rocks
Cristales: Crystals
Geologos: Geologists
Excavar: To Dig

Last, but not least, I'd like to thank the families and friends in my class for making my birthday so special. I really enjoyed reading the kind and loving words / pictures written on my friends' letters. Thank you to my room parents Mandi and Shanleigh for organizing this thoughtful celebration for me.

"Sometimes the smallest things take up the most room in your heart" - Pooh

Sending Love and Kindness, Ms. Paola To see my January photo collection, please click <u>HERE!</u>

# Health Action Plan

At International School for Peace, we understand that families are entrusting us with not only the education and socialization of their children, but also with their health, safety, and well-being. Our administration, teachers, staff, and families are doing our part to ensure the safety of everyone who enters our campus. Below is a list of what we are doing in the best interest of the community as a whole. ISP will continue make updates to our policies as deemed appropriate or mandated.

### What Administration is Doing:

- Employ Jani King, a professional cleaning service, that cleans our campus each evening M-F. When directed they may utilize a hospital grade method of disinfecting. In the event that a hospital grade method of disinfectant needs to be used, families will be notified. The same team will clean our classrooms each evening.
- Follow current CDC/PCHD guidelines and recommendations in regard to confirmed cases of contagious diseases.
- Establish separate entry and exit points to the school and encourage directional traffic at high traffic times..
- Set up hand sanitizer stations around the ISP campus for use by students, families, and staff.
- Ensure only staff and essential persons have access to classrooms at this time.
- Ensure sufficient supplies of disinfectant, tissues, masks, hand sanitizer, and gloves are available at all times.
- Establish a plan should a staff member or student display symptoms of illness during school hours. Plans may include release from school, isolation, a Dr.'s note to return, and/or mask wearing.
- Ensure regular changing of air filters in all ISP buildings.
- Post notifications for the community when a communicable disease has been confirmed and reported.
- Share community resources to access assistance and education about vaccines.

### What Staff is Doing:

- Support children who wear masks.
- Disclose to the Director should a staff member have close contact, display symptoms, or test positive.
- Design activities in the classroom environment that support physical distancing in respect to a play-based philosophy.
- Invite families to participate in outdoor activities.
- Promote, demonstrate, and reinforce healthy hygiene habits.
- Model and reinforce effective handwashing with soap and water for each child upon entry to the classroom, before/after eating, after using the bathroom, and at other times throughout the school day.
- Post lesson plans and class happenings in the windows for family viewing.
- Clean and disinfect classroom toys frequently.
- Present curriculum utilizing outdoor space as much as possible, weather permitting.
- Unless essential, discourage nap bedding from home.
- · Vaccinate.

### What Families are Doing:

- Disclose to ISP director should your child contract a communicable disease such as COVID19. A plan will be set into place for your child's return to school which may include recommendations of PCHD/CDC.
- •Limit your time on the campus during pick up and drop off.
- Adhere to established entry and exit points.
- Ensure that your child has two spare sets of clothing at school.
- Provide the most current copy of your child's emergency information and immunization / exemption forms. If COVID vaccinated, provide updated record.
- Monitor your child for the safe use of hand sanitizer.
- Commit to staying abreast of school communication.
- Keep sick children home and contact preschool office of absence.
- Ensure having a backup childcare plan should your child need to stay at home due to illness.
- Understand what personal items support a child's sense of security, ability to transition, or selfregulate and are considered essential. Speak with your teacher about having items at school.
- Vaccinate.