



January 2021 Newsletter

Greetings ISP Families,

Happy New Year and Welcome Back from Winter Break!

As Covid 19 cases continue to rise in the U.S. and Arizona, International School for Peace will continue to work to the best of our ability to keep our community safe and a healthy. Frequent handwashing, daily health checks upon arrival, scheduled cleaning and disinfecting of frequently touched surfaces, exploring healthy living habits, designing learning environments that support physical distancing, and staying home when ill will continue to be common practices. All visitors over the age of 6 are required to wear a mask on our campus. We will continue to educate all students about masks and support those who choose to wear a mask at school. Please provide a labeled container to store the mask safely when needed. Resources are available on our website and outside the preschool office so I hope you will take advantage of these materials. Thank you for all your support and diligence to keep our school going each and every day.

My thanks to our room parents Mora, Kristina, Patricia, Melissa, Racheal Ann, and Juliana for continuing to support and coordinate gestures of appreciation for the staff.

I would like to thank those families who have visited and shared their culture and family traditions with our classes. We heard music from around the world and learned about India, Iran, Israel, Mexico, Chili, Columbia, and the United States to name just a few! We really enjoyed learning from you.

Believe it or not, 2021 - 2022 school registration begins on February 8! We will be accepting your 2021/2022 registration form and fee beginning at 8AM that morning. Registration will be ongoing. More information will be on our website later this month. Summer Care registration will begin in early March.

Our teachers work every day to help students learn self-help skills such as independently putting on their coat or jacket and hat, manipulating buttons, pulling zippers up and down, and putting on socks and shoes to name just a few! Please help by reinforcing these important skills with your child at home! Everyone will benefit.

In Peace,
Cathy

"The time is always right to do what is right" - Martin Luther King

Mission Statement

International School for Peace promotes peace within the individual, the community, and the world by immersing children in languages and multicultural experiences through play-based, anti-bias curriculum that celebrates diversity.



2021—2022 Registration

Registration is on a first come, first served basis.

Registration for current preschoolers and their siblings begins
February 8, 2021 at 8 am.

- * Registration forms will be available online and outside the preschool office the week of January 25th.
- * Only completed registration forms with accompanying fee (check, cash, or money order at the office door; credit or debit online within 24 hours) will be accepted during registration.
- * Forms received via mail will be added to the class list once received.
- * Registration will be open to the general public starting the week of February 15.
- * Teachers will not accept forms or fees.
- * Students are registered into programs and must be the age of the class they are entering by the first day of school.
- * Teacher assignments are made in mid-summer and based on enrollment.



ISP Recommends:


Children's Orthopedic
Specialists

Kent Vincent, M.D.

P: 520.296.KIDS (5437) • F: 520.296.9683
1605 East River Rd., Suite 101 • Tucson, AZ 85718



ISP is so grateful for our families and friends! We want to give a big thanks to:



- The Perkins Family for donating a play vacuum to our school.
- Paola Sagar for donating sand toys.
- Sharon and Jim Liebeskind for lowering the chalkboard in Room 30/31.
- Mora Hedayati for taking out our recycling every Wednesday.
- Our fantastic Room Parents for working so hard to celebrate our teachers.
- Tamara Khachatryan for picking up supplies for the preschool for Pima County Healthy Department.
- Curt and Laura Aldag for

their monetary donation to our school.

- Melinda Mauntel for donating clothes to the preschool.
- Jodi Gottlieb for bringing in treats for the staff and making Latkes for our students on the first day of Hannukah.
- ISP for purchasing treats for the staff.
- The Falcon family for donating books and a doll with accessories to the preschool.
- Mike and Nancy Wilkinson for putting on a puppet show for our students. If you are interested in purchasing a book about puppet shows, please stop by the preschool office.
- All the families who continue to

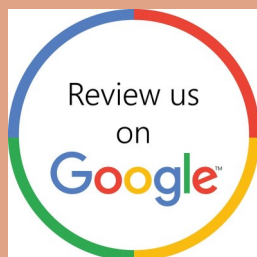
support our cookie dough fundraiser.

- Nathan Thompson-Avelino for landscaping our campus in anticipation of our students' return.
- Steve Barclay for his ongoing help at the preschool.
- Katia Gin for donating shelving and toys to the preschool.
- Susan Crane for her monetary donation to the preschool.
- Jay Sagar for bringing in bagels for the staff.
- Paula Garcia for bringing in truffles for the staff.
- Our community is so amazing - we hope we didn't forget anyone!



Do you love your preschool?

Please consider ...



**writing a
Google Review
for us,**



liking us on

**and rating us
on Great**





Tax Time

International School for Peace's

Tax I.D. is

86-0388672

Printed tax information is available
upon written request to the
preschool office beginning

February 1st.

Allow 2 weeks. A \$5.00 fee applies.



Dismissal Time!

We appreciate our community adhering to our health and safety protocols. We are requesting that families exit the preschool and church campus at your dismissal time.

Covid Refund Policy:

In the event of a school closure due to a Covid-19 outbreak, a credit of 50% of your remaining month's tuition will be applied to the following month's tuition.



Wish List:

- Wall shelving
- 2 matching chairs for the preschool office.
- Hungry folks to buy cookie dough!

Cultural Holidays:

Epiphany: January 6

Makar Sankranti: January 14

World Religion Day: January 17

Dr. Martin Luther King Jr. Day:
January 18

Tu B'Shvat: January 28

Mahayana New Year:
January 28



**There will be
No School
January 18
in observance of
Martin Luther
King Jr. Day!**



¡¡BIENVENIDOS!!

ISP is excited to welcome new friends!
Please add these students to your
ISP Directory

Ms. Natalie's Class

**Levin
&
Teo**

Ms. Lydia & Ms. Nooshin's Class

Taras

Thank you to ISP's Fabulous
Room Parents:

Mora
RachealAnn
Melissa
Juliana
Patricia
Kristina

Our staff appreciates everything you do for us!

Cookie Dough for Sale!

ISP still has 6
boxes of sugar
cookie
dough to
sell



Discounted
to \$10 a
box!

Support your preschool!
Request cookies in the office!



Precare with Ms. Damaris

Precare supports our parents who need an early drop off starting at 7:30am. This program is held Monday through Friday in Room 22.



Upon arrival, we will continue to check all students' temperatures and they will wash their hands as indicated in our COVID-19 Health and Safety precautions. Our precare lesson plan and class schedule is located on the window of our precare classroom.

Precare offers the great opportunity to make new friends, gear up for your day, and have fun in a room full of different experiences. At 8:55am, your child's teacher will pick up their students and walk them to their classroom.



Students may enroll in the program or drop in when available. Please contact the office for more information.

Kindly,

Ms. Damaris

Aftercare with Ms. Nooshin & Ms. Natalie

Happy New Year!

This January we will continue to talk about winter and celebrate the cold weather we have been experiencing. We try to be HEALTHY through this season. Our topics for this month will be nutrition and health. During snack time, we encourage children to drink water and eat more fruits and vegetables from their lunch boxes. We will go outside to play and exercise each day; please make sure your child has warm clothing.

A few of the basic things that we are working on every day are hand washing, problem solving skills, and self-dressing skills. These self-dressing skills include: putting on a jacket, buttoning buttons, learning how to use zippers, and working with snaps.

We will start stating our last names, and we will also continue with learning the days of the week and the months of the year.

For our daily schedule and aftercare happenings, please take a moment to check out our lesson plan and daily schedule that are posted on the class window.

We would like to welcome Aiden to our program!

Finally, we are very happy to say that we have a lovely mix of younger and older students who get along great!

Thank you for being part of ISP and welcome back.

Love,
Nooshin and Natalie



2's & 3's Partial Spanish Immersion with Ms. Natalie & Ms. Tiffany

Welcome Back Familias!

I'd like to thank all of you for coming together and creating beautiful holiday gift baskets for Ms. Tiffany and I. Working with your little ones and seeing their progress is truly the best gift.



For the month of January our themes will be Winter, Peace, and Patience.

These themes will be reinforced through songs, books, art experiences, dancing, role playing and discussions.

For our winter theme we will discuss the types of animals that live in the Artic. Another winter topic we will touch on is hibernation. Learning from the animals is very fun for us. As a science experiment the children will be presented with the opportunity to make their own snow using baking soda and conditioner.

Spanish Vocabulary

Peace – Paz

Winter – Invierno

Penguin- Pinguino

Polar Bear – Oso Polar

Hug - Abrazo

Wait - Esperar

Listen to the birds and smell the roses. Peace is a guarantee of personal and social harmony. How can we be peaceful? By using our words in a kind way, having safe fun, giving a hug, and plenty of other ways. Acknowledging kids when they are displaying peacefulness helps them identify actions with words. Children will be introduced to symbols that stand for peace such as the white dove.

Patience is something we've all learned from our little people. How do we teach them to be patient and what is it? The way I will explain it to them is "waiting until we or the other person is ready." This is mostly when waiting for our turn or waiting in line.

This month I will introduce the "Peace Theater". It will be a time when we come together to act out reoccurring conflicts and come up with solutions, but we will also act out acts of kindness.

As always thank you for your continuous trust and support.

With love,

Ms. Natalie
and Ms. Tiffany



3's Full Spanish Immersion

with Ms. Damaris

Kind Reminders:

- Please label morning and aftercare snacks, lunch, and water bottles.
- Pack a utensil, if needed.
- Temperatures are getting colder, please replace the clothing in your child's cubby with clothing suitable for the low temperature days.

January Spanish Vocabulary:

Invierno - Winter
Paz - Peace
Hábitos Sanos - Healthy Habits
Cuerpo - Body
Ejercicio - Exercise
Hielo - Ice
Paloma - Dove

Winter Break:

December 21—January 1
We return to classes on
January 4, 2021

¡Bienvenidos de regreso familias!

I hope you enjoyed the Winter break and continue to be healthy.

New Year, new friends! We'd like to welcome Eli and Lily to our classroom.

The themes for the month of January are: Winter, Peace, and Healthy Habits. We will be learning about the Winter season by elaborating fun art projects, taking a look at winter clothing and the changes that occur during the season.

We will focus on how to be kind with one another, respecting each other and how to resolve conflict in a peaceful manner when conflict arises.

Lastly, we will be doing activities that lead into healthy habits that include: healthy body, dental health, and mind health.

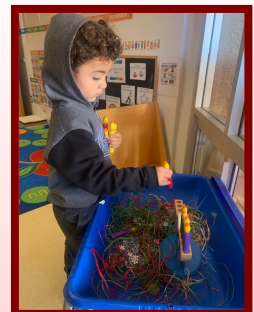
We will have a sensory bin with shaving cream, ice and water.

We will continue to learn numbers 1-15, colors, shapes (Corazon; heart, triangulo; triangle, estrella; star) , week days, and expand our basic spanish vocabulary.

I am glad to be back with all of you!

Kindly,

Ms. Damaris



3's / 4's Language Enrichment with Ms. Lydia & Ms. Nooshin

Hello Dear Families

Queridos Padres y Familia

سلام بر خانواده های عزیز

Happy New Year and welcome back!

During the month of January, our themes will be winter, winter animals, healthy bodies, and the concept of Peace.

We will continue learning yoga positions to enhance self-control and wellness.

We try to celebrate peace every day by spreading kindness, respect for each other, and having good manners.

Teeth are an important part of our body so on the first Friday of each month we talk about dental hygiene. Teaching kids to floss and brush their teeth is such an important lifelong habit!

We will introduce hibernation and discuss where, when, and which animals hibernate.

In Spanish, children will learn new words: Invierno- Winter / Paz-Peace / Healthy- Saludable

In Farsi class, the children will learn about examples of Iranian art and handicraft.

The story for this month will be: "The Uninvited Guests"

Our new song in Farsi will be: The Little Beautiful Bird. This is also known as Gonjeshkake Ashi mashi in Farsi.

Students have learned to count and identify numbers 1 to 16. We will start to advance to number 20.

We will practice spelling our last names aloud and identifying them in print.

Thank you to the Liebeskind family for fixing our classroom chalkboard and special thanks to Samson's grandma, Ms. Liebeskind, for sharing a Hanukah celebration with our class!

We wish you a wonderful New Year 2021.



Lydia and Nooshin



4's & 5's Full Spanish Immersion with Ms. Paola

Dear Parents and Families,

Feliz Año Nuevo! I hope you all had a wonderful and peaceful Holiday. We welcome 2021 and the month of January with excitement and look forward to the months to come.

During this month we will review and practice Self-Help Skills that we worked on during the months before Winter Break. We will also review our rules and routines so we can have a smoother transition coming back to school.

During this month we will talk about, share, and research what to do in order to keep our bodies healthy and strong. I know that sometimes it can be hard to make your child eat veggies and fruits, but if they see their friends eating healthy, they might feel motivated and willing to try new food. So, we will have a healthy eating challenge! During this month I encourage you to pack one piece of fruit (it doesn't have to be a whole fruit) and a veggie. I see my students' meals and their favorites are peppers, cucumbers, carrots and celery. I'll be part of this too, so I am very excited to do this challenge with my friends. Actually, everybody is invited! I will keep track of our results using a chart. I will also encourage outside activities like running, skipping, jumping, climbing, and biking.

Winter is another theme that we will focus on this month. We will review the weather and seasons. Our senses will help us to recognize the changes in our environment. We will discuss how the cold weather affects us, animals and plants. And we will do science experiments and make art using ice, brrrrr!

Peace is a concept that we work on all year round, and this month is no exception. We'll talk about what Peace means to us and how we practice Peace. I will keep focusing on Self-Regulation Skills because Inner-Peace is essential to promote Peace. Our class will talk about and share what they feel when a feeling arises (anger, happiness, frustration) and where in their bodies they

feel this feeling. By the end of the month, the children will create a book to donate to the ISP library so others can benefit from it. There are so many other concepts that we will include, like respect, caring, sharing, tolerance. By practicing them on a daily basis we are teaching our young ones how to live in peace.

Pre-Math Skills:

- Children will work on duplicating and creating simple and complex patterns.
- Recognize names and describe shapes

Pre-Writing and Reading Skills:

- Children will practice tracing/ writing the ABC's (Upper and Lower Case)
- Recognize friends' names



I'd like to extend my gratitude to:

- Mr. John (Abby's dad) for providing us with so much important and helpful information about trees and plants.
- Mrs. Ashley (Abby's mom) for reading us the book "How the Grinch stole Christmas" and for sharing and playing a fun game with us!
- Mrs. Lisa (Remy's grandmother) for reading to us
- Mrs. Melinda (Eloise's mom) for providing the Chocolate Caliente for our Pj's day
- Mrs. Alison (Isabel's mom) for the cookies that went with the Chocolate Caliente
- Mrs. Kristina for being my room parent and for doing such an amazing job!
- All the friends and families in my class who make our community a better place for our children

"Let there be peace on earth... and let it begin with me"

-Jill Jackson and Sky Miller

Sending Love and Kindness,

Ms. Paola



Covid-19 Health and Safety

At International School for Peace, we understand that families are entrusting us with not only the education and socialization of their children, but also with their health, safety, and well-being. Our administration, teachers, and staff are doing our part to ensure the safety of everyone who enters our campus. Below is a list of what we are doing in the best interest of the community as a whole. International School for Peace will continue to monitor the current pandemic situation and make updates to our policies as deemed appropriate or mandated.

| What Administration is Doing: | What Teachers are Doing: | What Families are Doing: |
|---|--|---|
| <ul style="list-style-type: none"> • Routine cleaning of high traffic surfaces, including toys, throughout the school day. Documentation of routine cleanings is available in the preschool office. • Administer daily temperature checks before permitting students/teachers/staff onto campus. Persons with a fever of 100.4F or above, or who exhibit other signs of illness, will not be admitted to the facility. • Purchase and use non-contact temporal thermometers for checking temperatures. • Staff will wear gloves while taking student temperatures. • Verbal health checks upon arrival for all staff, students, and families. • Administrators will wash their hands hourly. • Establish separate entry and exit points to the school to encourage directional traffic and decrease crowding. • Reduce our class sizes. • Ensure substitute teachers are ready and available to support the program. • Educate our community: <ul style="list-style-type: none"> ◆ Post signs to demonstrate proper handwashing. ◆ Post signs to remind our community members to social distance. ◆ Share community resources for suspected and confirmed cases of Covid-19. ◆ Make available current parent resources for helping children understand this pandemic. • Ground markers have been placed to aid in physical distancing. • Purchase and use sneeze guards when taking temperatures and in the preschool office. • Continue to implement regular changing of air filters in all campus buildings. • Hand sanitizer stations are set up around the ISP campus for use by students, families, and staff. • Only staff and essential maintenance persons will be permitted in our classrooms at this time. • *Should the school need to close, ISP will grant a credit of 50% of the remaining month's tuition to be applied to the following month's tuition. | <ul style="list-style-type: none"> • Promote, demonstrate, and teach regular handwashing and hygiene behaviors. • Design activities in the classroom environment that support physical distancing in respect to a play-based philosophy. • Offer an adequate number of material and supplies which are changed out frequently. • Discontinue the use of soft toys. • Post lesson plans and class happenings in the windows for family viewing. • Teachers will sign children in and out each day to promote physical distancing among adults. • Enforce and model handwashing with soap and water for each child upon entry to the classroom, before eating, after using the bathroom, and at other times throughout the school day or as necessary. • Teachers will wash their hands hourly. • Following recommendations from the CDC and PCHD, all teachers shall wear face masks. Masks have clear windows to allow for social, emotional, and linguistic communication. • *All teachers will have a spare set of clothing on campus for use if needed. | <ul style="list-style-type: none"> • Immediately disclose to ISP director possible contact with or exposure to COVID-19 (PCHD recommends all household members exposed to or diagnosed with Covid 19 stay home to isolate for 14 days). Thereafter, ISP will formulate a plan for your child returning to school. • Ideally, the same adult will pick up and drop off your child every day. • Contact the office if your child or household members travel by air, or travel outside the state and have physical contact with out of state family/friends. We will require you to keep your child away from school for 7 days and recommend you isolate at home. • When anyone in your household returns from international travel, we require you to keep your child at home for 14 days and recommend that you isolate at home. • Limit your time on the campus to pick up and drop off. Please arrive no later than 9:15 to drop off your child. If you anticipate arriving later than 9:15, please call the preschool office. • Adhere to established entry and exit points. • Leave home toys at home. • If it is necessary for your child to bring a backpack to school, it should be left outside the classroom. • Ensure that your child has two spare sets of clothing (appropriate for the season) in their cubby at all times. • Please be sure that we have a current copy of your child's emergency information and immunization / exemption forms. • Have a backup childcare plan in place should ISP need to temporarily close the campus, a classroom, or extended day program. • Monitor your child for the safe use of hand sanitizer |

Covid-19 Health and Safety, Continued...

| What Administration is Doing: | What Teachers are Doing: | What Families are Doing: |
|---|---|---|
| <ul style="list-style-type: none"> During school hours, students or staff exhibiting symptoms of Covid-19 will undergo a health check. Those determined to be ill will immediately be isolated from others. An isolation room or area is available to isolate the child or staff from the group. Jan Pro, our long-time professional cleaning service will clean our campus each evening M-F. They may utilize Med-Metrix, a hospital grade method of disinfecting, and Enviro shield, a spray method of application. A binder of their cleaning protocol and cleaners used is available upon request. Their same employee will clean our campus each evening while wearing coveralls, gloves, and a mask while on our campus. Ensure sufficient supplies of disinfectant, tissues, masks, hand sanitizer, working thermometers, and gloves available at all times. Establish a plan to address should a staff member or student display Covid-like symptoms during school hours. Director will contact PCHD to report suspected or confirmed cases of Covid-19. Director will notify the ISP community of the possibility of exposure to the virus while maintaining the confidentiality of the individual and their family. Although we are utilizing staggered drop off time measures, director will be closely monitoring and may implement a more scheduled staggered pick-up and drop-off time. Pens for sign-in and sign-out are sanitized between uses. In person staff meetings are limited to no more than 10 people and physical distancing requirements are maintained. Reserve the right to make decisions at our own discretion for the health and safety of everyone which may include temporarily closing of the school, a classroom, or extended day program. Length of closure to be determined by ISP Advisory Board and the recommendations of the CDC, federal and local governments, and the Arizona Department of Health, Division of Child Care Licensing. | <ul style="list-style-type: none"> Classes will remain together and will not mix during our full and half day programs to include outdoor play, with the exception of nap and extended day programs. Immediately separate toys that have been placed in a child's mouth. Toys will be cleaned and disinfected before available for play. During nap time, mats will be spaced as much as possible and students will be positioned head to toe. Children's bedding will be stored in individually labelled bins. Sheets will be laundered once a week or more often, if needed. Promote small groups by discontinuing family class visits and volunteers to the classroom for the time being. Present curriculum utilizing outdoor space as much as possible. Teachers will check their temperatures daily before entering the campus. Teachers will wash their hands first thing upon entering the campus. Wear gloves to help children with toileting and while changing diapers, as well as during meal times. Offer virtual Family-Teacher Conferences and back to school nights to limit the number of visitors on campus. | <ul style="list-style-type: none"> Following recommendations from the CDC and mandated by Pima County Health Department and Tucson Mayor Regina Romero, all adults and children over the age of 6 admitted to the campus shall wear a mask or face covering to cover their mouth and nose. Please keep your child home if they are feeling ill, have a temperature, or are exhibiting symptoms of Covid-19 which may include but are not limited to the following: <ul style="list-style-type: none"> Fever or chills Cough Fatigue Headache Sore throat Diarrhea Shortness of breath or difficulty breathing Muscle or body aches New loss of taste or smell Congestion or runny nose Nausea or vomiting Students who stay home or are sent home from school due to illness will remain home from school until they are fever free without the use of a fever reducer and symptom free for 72 hours. A doctor's note may be required. Practice physical distancing by remaining 6 feet apart outside classrooms and adhere to ground markers. ISP discourages the use of personal bedding for nap time. Personal items that support a child's sense of security, ability to transition, self-regulate, or calm down are considered essential. Please speak with the director to establish a protocol for the use of these items. Ensure that your emergency contact information is always current. Please call the preschool if your child is sick or if she/he is not coming to school for any reason. Make use of resources available to you on the preschool campus; we are here to support you in helping your child understand coronavirus. Please have your own pen on hand to use if needed. |

*Updated 11/16/20. Covid-19 Health and Safety Procedures and Protocols are updated regularly and as necessary. Please be diligent about keeping abreast of new information.