



**LONESTAR**  
PHYSICAL THERAPY  
& SPORTS PERFORMANCE

lonestarptx.com

**Job Title:** Therapeutic Rehab Specialist

**Job Posting**

Do you have a background in athletic training or kinesiology? Interested in working in an advanced clinical environment with opportunities to explore your interests? *This is a fantastic opportunity for growth in the physical therapy and wellness industry.*

Lonestar Physical Therapy & Sports Performance is a **local, family-owned** physical therapy and performance center specializing in providing hands-on individualized care for you throughout the lifespan. Collectively our programs are **built for all individuals who seek to move better with less pain, from the competitive athlete to the elderly.** Our physical therapy services include orthopedic manual therapy, sports therapy, and vestibular therapy. Additionally, we offer a wellness recovery suite that is designed to improve the mobility, stability and strength in healthy individuals interested in self-care and health maintenance. By providing a “one stop shop” for all your recovery and wellness needs, *we commit to creating a better tomorrow through better health today.*

At Lonestar PT&SP, you will become a part of our family. With ample opportunities for personal growth and development, **we will create an environment for you to thrive and find yourself right at home.**

**Mission.** Through advanced orthopedic manual therapy, we seek to empower our community by creating a better tomorrow through better health today.

**Vision.** To cultivate a compassionate community that promotes optimal health and wellness to lead a movement rich lifestyle.

**Values.** Faith. Family. Servanthood.

Our full time employees enjoy these amazing benefits:

- A culture of excellence and investment into you.
- Health insurance and 401K contributions.
- Generous paid time off, including holidays, sick time, personal time, and vacation.
- Continuing education reimbursement
- Long term disability and life insurance
- Gym access for our employee and their spouse.



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Job responsibilities include:

- Prepares patients for physical therapy treatment by welcoming, comforting, providing and/or assisting patient into physical therapy apparel or apertures.
- Assists the treating physical therapist with modalities, helping patients onto exercise equipment, monitoring motion, tracking walking time and distance, measuring mobility, and performing prescribed exercises and strengthening techniques.
- Supports physical therapy care delivery by preparing treatment area, patient, equipment, and materials, and performs procedures under the supervision of a physical therapist or physical therapy assistant.
- Supports performance, recovery, and wellness services by preparing treatment area, patient, equipment, and materials, and performs procedures under the supervision of a physical therapist or physical therapy assistant
- Prepares treatment room for patient by following prescribed procedures and protocols.
- Maintains patient confidence and protects operations by keeping information confidential.
- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Provides equipment and supplies by sterilizing and delivering equipment and supplies to treatment area, positioning equipment for therapist access, and positioning patient on equipment.
- Ensures operation of physical therapy equipment by completing preventive maintenance requirements, following manufacturer's instructions, troubleshooting malfunctioning equipment, and calling for repairs.
- Serves and protects the company by adhering to professional standards, policies and procedures, federal, state, and local requirements.
- Participates, markets, and educates our community partners with regular participation in community outreach initiatives.

Chief qualifications and skills include:

- Verbal Communication
- Professionalism
- Customer Focus
- Organizational skills
- Informing and Educating Others
- Handles Pressure and Fast Paced Environment
- Supply Management

Education and experience requirements:

- University/college degree required, athletic training or kinesiology preferred
- ATC / LAT preferred at hire with general knowledge of physical therapy field
- Current CPR certification and all required renewals



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- Physical demands include the ability to demonstrate exercise, prolonged standing, and lifting up to 50 pounds.
- Passionate about health/wellness and serving the community of Tyler, TX

Schedule: Monday to Friday

Work Location: In Person