



LONESTAR
PHYSICAL THERAPY
& SPORTS PERFORMANCE

lonestarptx.com

Job Title: Physical Therapy Intern

Internship Experience

Interested in working in an advanced clinical environment with opportunities to explore your interests and prepare for your next step? ***This is a fantastic opportunity for growth in the physical therapy and wellness industry.***

Lonestar Physical Therapy & Sports Performance is a **local, family-owned** physical therapy and performance center specializing in providing hands-on individualized care for you throughout the lifespan. Collectively our programs are **built for all individuals who seek to move better with less pain, from the competitive athlete to the elderly**. Our physical therapy services include orthopedic manual therapy, sports therapy, and vestibular therapy. Additionally, we offer a wellness recovery suite that is designed to improve the mobility, stability and strength in healthy individuals interested in self-care and health maintenance. By providing a “one stop shop” for all your recovery and wellness needs, ***we commit to creating a better tomorrow through better health today.***

At Lonestar PT&SP, you will become a part of our family. With ample opportunities for personal growth and development, **we will create an environment for you to thrive and find yourself right at home.**

Mission. Through advanced orthopedic manual therapy, we seek to empower our community by creating a better tomorrow through better health today.

Vision. To cultivate a compassionate community that promotes optimal health and wellness to lead a movement rich lifestyle.

Values. Faith. Family. Servanthood.

Lonestar PT&SP responsibilities to the intern include:

- Create an internship experience that is beneficial for the student.
- Provide training like that of our physical therapy technician position.
- Provide the necessary training for the physical therapy intern to be successful under the close observation of a regular employee.
- Derive no immediate advantage from the activities of the physical therapy intern. No physical therapy intern is entitled to a job at the conclusion of the internship.
- Provide no financial compensation during the internship.

Internship responsibilities include:

- Active participation in program education and experiential growth opportunities, including the presentation of a clinical in-service to all clinical staff. To create the best immersive learning experience, physical therapy interns will work a minimum of 15 hours per week for minimum of 150 total hours.
- Support physical therapy care delivery by preparing treatment area, patient, equipment, and materials, and performs procedures under the supervision of a physical therapist or physical therapy assistant.



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Prepare treatment rooms for patient by following prescribed procedures and protocols.

Prepare patients for physical therapy treatment by welcoming, comforting, providing and/or assisting patient into physical therapy apparel or apertures.

Assist the treating physical therapist with modalities, helping patients onto exercise equipment, monitoring motion, tracking walking time and distance, measuring mobility, and performing prescribed exercises and strengthening techniques.

Maintain patient confidence and protects operations by keeping information confidential.

Maintain a safe and clean working environment by complying with procedures, rules, and regulations.

Provide equipment and supplies by sterilizing and delivering equipment and supplies to treatment area, positioning equipment for therapist access, and positioning patient on equipment.

Ensure operation of physical therapy equipment by completing preventive maintenance requirements, following manufacturer's instructions, troubleshooting malfunctioning equipment, and calling for repairs.



Lonestar Physical Therapy & Sports Performance, LLC

Internship Application. Email application and resume to shelby@lonestarptx.com

Applicant Information

Full Name: _____ Date: _____
Last First M.I.

Address: _____
Street Address Apartment/Unit #

City State ZIP Code

Phone: _____ Email _____

Date Available: _____

Reason for Applying: _____

Are you a citizen of the United States? YES ☐ NO ☐ If no, are you authorized to work in the U.S.? YES ☐ NO ☐

Have you ever worked for this company? YES ☐ NO ☐ If yes, when? _____

Have you ever been convicted of a felony? YES ☐ NO ☐

Education

High School: _____ Address: _____
From: _____ To: _____ Did you graduate? YES ☐ NO ☐ Diploma: _____

College: _____ Address: _____
From: _____ To: _____ Did you graduate? YES ☐ NO ☐ Degree: _____

Other: _____ Address: _____
From: _____ To: _____ Did you graduate? YES ☐ NO ☐ Degree: _____

References

Please list three professional references.

Full Name: _____ Relationship: _____
Company: _____ Phone: _____
Address: _____

Full Name: _____ Relationship: _____
Company: _____ Phone: _____
Address: _____

Full Name: _____ Relationship: _____

Company: _____ Phone: _____
Address: _____

Previous Employment

Company: _____ Phone: _____
Address: _____ Supervisor: _____

Job Title: _____

Responsibilities: _____

From: _____ To: _____ Reason for Leaving: _____

May we contact your previous supervisor for a reference? YES NO
☐ ☐

Company: _____ Phone: _____
Address: _____ Supervisor: _____

Job Title: _____

Responsibilities: _____

From: _____ To: _____ Reason for Leaving: _____

May we contact your previous supervisor for a reference? YES NO
☐ ☐

Company: _____ Phone: _____
Address: _____ Supervisor: _____

Job Title: _____

Responsibilities: _____

From: _____ To: _____ Reason for Leaving: _____

May we contact your previous supervisor for a reference? YES NO
☐ ☐

Disclaimer and Signature

I certify that my answers are true and complete to the best of my knowledge. If this application leads to an internship, I understand that false or misleading information in my application or interview may result in my release.

Signature: _____ Date: _____