



Fortitude Wellbeing Privacy Policy for website

Privacy Policy

Fortitude Wellbeing LLC ("Company") operates www.fortitudewellbeing.com ("Website"). This page informs you of our policies regarding the collection, use, and disclosure of Personal Information we receive from users of the Website.

1. Information Collection and Use

1.1. Personal Information: While using our Website, we may ask you to provide us with certain personally identifiable information that can be used to contact or identify you ("Personal Information"). Personal Information may include, but is not limited to, your name, email address, phone number, and demographic information.

1.2. Health Information: In the course of providing mental health therapy services, we may collect health information, including but not limited to, information about your mental health history, treatment goals, and progress.

2. Use of Information

2.1. We use Personal Information and health information collected on our Website for the following purposes:

To provide and maintain our therapy services.

To communicate with you regarding appointments, treatment plans, and other relevant information.

To comply with legal and regulatory requirements.

3. Information Sharing and Disclosure

3.1. We do not sell, trade, or otherwise transfer your Personal Information to outside parties unless we provide you with advance notice, except as described below:

With your consent: We may share your information with your explicit consent.

Service Providers: We may engage trusted third-party service providers to assist us in providing our services, who have agreed to adhere to confidentiality and security obligations.

Legal Requirements: We may disclose your information as required by law or in response to valid legal process.

4. Data Security

4.1. The security of your Personal Information is important to us, but please be aware that no method of transmission over the Internet, or method of electronic storage, is 100% secure. While we strive to use commercially acceptable means to protect your Personal Information, we cannot guarantee its absolute security.

5. Your Rights

5.1. You have the right to:

Access, correct, or delete your Personal Information.

Object to or restrict processing of your Personal Information.

Receive a copy of your Personal Information in a structured, machine-readable format.

Withdraw consent at any time where we rely on consent to process your Personal Information.

6. Children's Privacy

6.1. Our Website and services are not directed to individuals under the age of 18. We do not knowingly collect Personal Information from children under 18. If you are a parent or guardian and become aware that your child has provided us with Personal Information, please contact us. If we become aware that we have collected Personal Information from children under 18 without verification of parental consent, we take steps to remove that information from our servers.

7. Changes to This Privacy Policy

7.1. We reserve the right to update or change our Privacy Policy at any time. You are advised to review this Privacy Policy periodically for any changes. Changes to this Privacy Policy are effective when they are posted on this page.

8. Contact Us

8.1. If you have any questions about this Privacy Policy, please contact us at Phone: 321-325-6840 or email: info@fortitudewellbeing.com.