



# HANDCHIMES AND HANDBELLS ARE WONDERFUL TOOLS FOR TEACHING MUSIC!

- Easy to learn how to ring
- Hands on music experience
- Teaches music reading
- Teaches team and cooperation
- Builds confidence
- Beautiful sound and fun to ring!
- Even though the initial expense may scare you – the instruments hold their value and last a long time

# THIS IS AN INTRODUCTORY LESSON FOR TEACHERS

This PowerPoint Presentation should take several days to complete in a music classroom.

You may want to skip some slides or modify the presentation for use with your students

Student Lesson starts here

# PARTS OF A HANDBELL



Bell Body – Casting

**Hand Guard** 

Handle

Clapper Head

Clapper Mechanism

Note name and octave





PARTS OF A HANDCHIME

Clapper head

Clapper shaft

Chime body

Note name and octave

Clapper assembly, not for thumb!!

Hand grip



# CHECK MARK STANCE

 Stand with your feet shoulder width apart and one foot slightly in front of the other



HOLDING A HANDBELL/HANDCHIME PROPERLY

#### Shake

Shake hands with your neighbor

### Look

Look at how your hand is gripping your neighbor's hand

## Pick up

Pick up a bell or chime with your left hand and place the bell in your right hand with the bell picture facing your hand.

## Lift

Lift the bell/chime up parallel to your shoulder! The bell should balance on your open hand.

## Close

Gently close
your index
finger and
thumb around
the
handle/chime
– no tight grip
– just enough
pressure to
hold on to
bell/chime!!

# LET'S RING THAT BELL OR CHIME

# Wait!!

Let's look at the three elements of ringing a bell or chime

- Preparation
- Strike
- Follow Through

Each part is very important!

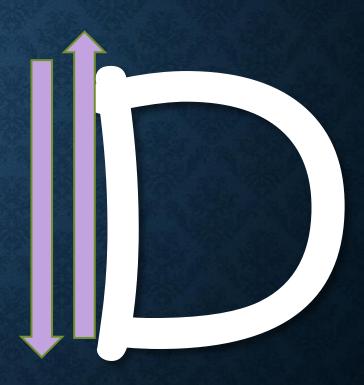






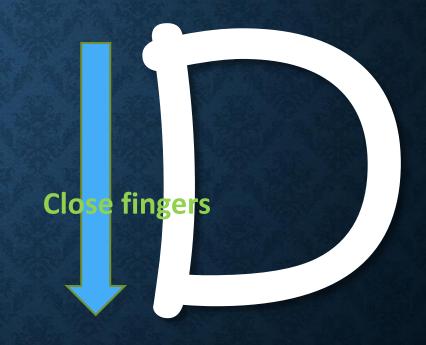
# **PREPARATION**

- Imagine an upper case letter "D" in front of you with the straight part of the letter next to your body.
- 2. Lower and then raise your bell/chime down the straight part of the D and see how it moves.
- Hold your instrument just above eye level and lower until your hand is parallel to the floor.
   Don't ring.
- 4. What happens to the bell/chime?



# **STRIKE**

 As you slowly lower the bell/chime to parallel, gently close your other three fingers around the handle and squeeze to ring the bell/chime.



# FOLLOW-THROUGH

 After the bell/chime rings, loosen the three fingers and follow the curved part of the D back to the top of the straight part of the D.



## WHERE DOES THE SOUND COME FROM!

- What makes the bell or chime make a sound?
- Exercise: Ring the bell and listen to the end of the bell where the clapper is Turn the bell upright and listen to the body of the bell.

Do the same with the chime.

What part of the bell or chime does the sound come from?

# YOU ARE RIGHT! THE SOUND COMES FROM THE BODY NOT THE CLAPPER!

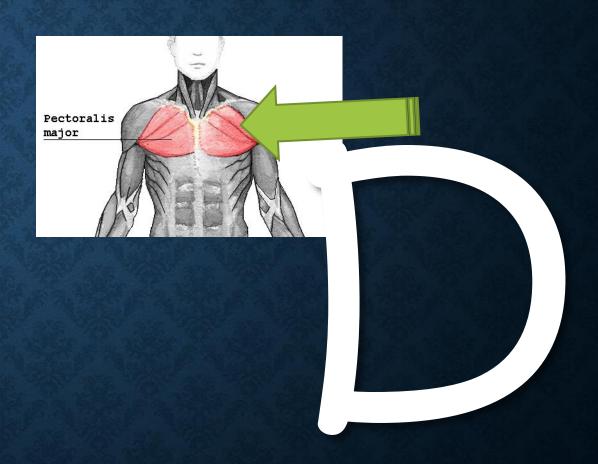


The Body of the bell or chime

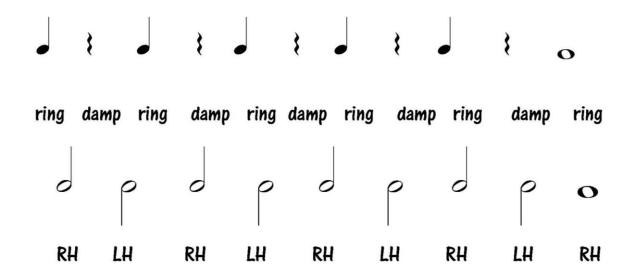


# DAMPING — STOPPING THE SOUND

- After the follow-through, at the top of the "D" touch the rim and body of the bell to your pectoral muscle, the soft tissue between your shoulder and your collar bone.
- You must roll chime to its side in order to damp.

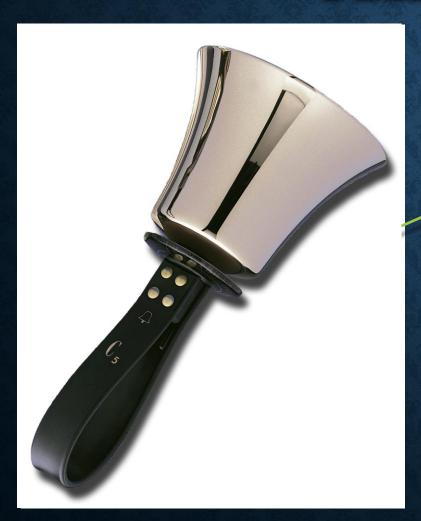


Damp chimes when there is a rest or when your note changes



# PRACTICE DAMPING

# FIND THE NOTE NAMES ON YOUR BELLS OR CHIMES



**Note Name** 



# NOW FIND YOUR NOTE NAMES IN THE CHORD CHART

1 = All C's E's and G's

2 = All G's B's D's and F's

3 = All F's A's and C's

4 = All D's F#'s A's and C's

5 = All G's B's and D's

#### INTRODUCTION OF NOTE VALUES



The quarter note at beginning of each chord song indicates playing on each beat or pulse.



A half note at the beginning means that you play on every two beats or pulses



Remember to "damp" as your note changes

# **CHORD SONGS**

1 = All C's E's and G's

2 = All G's B's D's & F's

Row, Row, Row Your Boat

1111|111|111|221-|

Mary Had a Little Lamb

J 1 1 1 1 | 2 2 1 1 | 1 1 1 1 1 | 2 2 1 1 |

End of Day 1

Skip to My Lou

1111|2222|1111|2211|

Start Day 2 with a review of Day 1 then move on to this slide

# Kum Ba Yah

Intro

11113 | 1111 | 1113 | 1111 |

Song

1111 | 2221 | 1113 | 1113 |

1 = All C's E's and G's

2 = All G's B's D's and F's

1112 111 1

3 = All F's A's and C's

18

## **MORE CHORD SONGS**

Jingle bells, Jingle bells

1 = All C's E's and G's

2 = All G's B's D's and F's

3 = All F's A's and C's

4 = All D's F#'s A's and C's

Jingle Bells

1111|111|3311|4422|

1111 | 1111 | 3311 | 221- |

- 1 = All C's E's and G's
- 2 = All G's B's D's and F's
- 3 = All F's A's and C's
- 4 = All D's F#'s A's and C's
- 5 = All G's B's and D's

## **Yankee Doodle**

# Twinkle, Twinkle, Little Star

1 = All C's E's and G's

2 = All G's B's D's and F's

3 = All F's A's and C's

4 = All D's F#'s A's and C's

5 = All G's B's and D's

End Day 2

1 = All C's E's and G's

2 = All G's B's D's and F's

3 = All F's A's and C's

4 = All D's F#'s A's and C's

5 = All G's B's and D's

Start Day 3 with earlier songs and review then move on.

### **America the Beautiful**

Oh Beautiful for ...



At this point, when trying to remember which hand for 5 different chords, you can move to finding their notes on the Grand Staff



Once the students find their note names and octave number indication, you can move to music written on the staff.



The sky is the limit!!!

# MOVE TO READING NOTES ON STAFF

# FIND THE NOTE NAME AND OCTAVE ON YOUR BELLS OR CHIMES



**Note Name** 

**Octave designation** 



# YOUR BELL/CHIME ON THE GRAND STAFF

Look at your bell/chime and find the Letter name and the Octave number Find your letter and number on the Grand Staff below

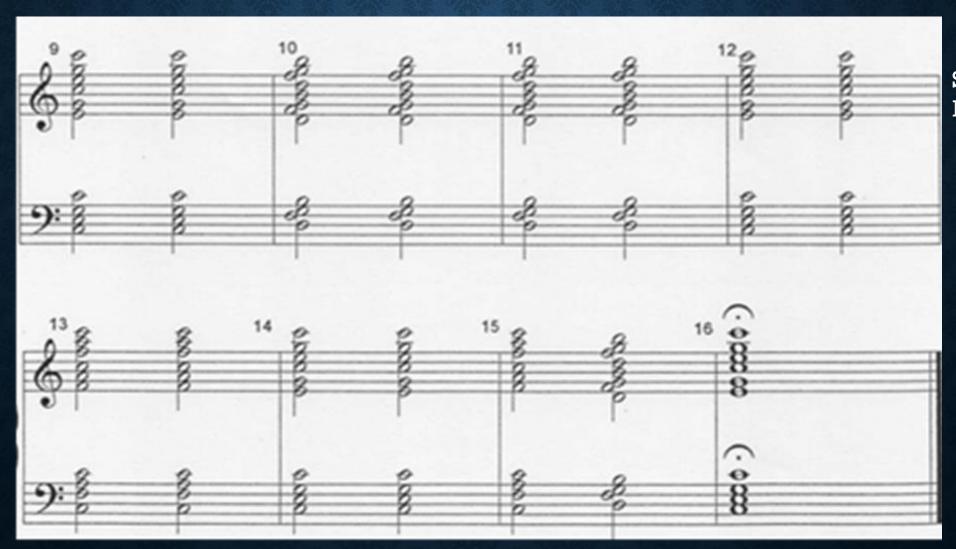
#### Handbells on the Grand Staff



## **CHORD SONGS ON THE GRAND STAFF**

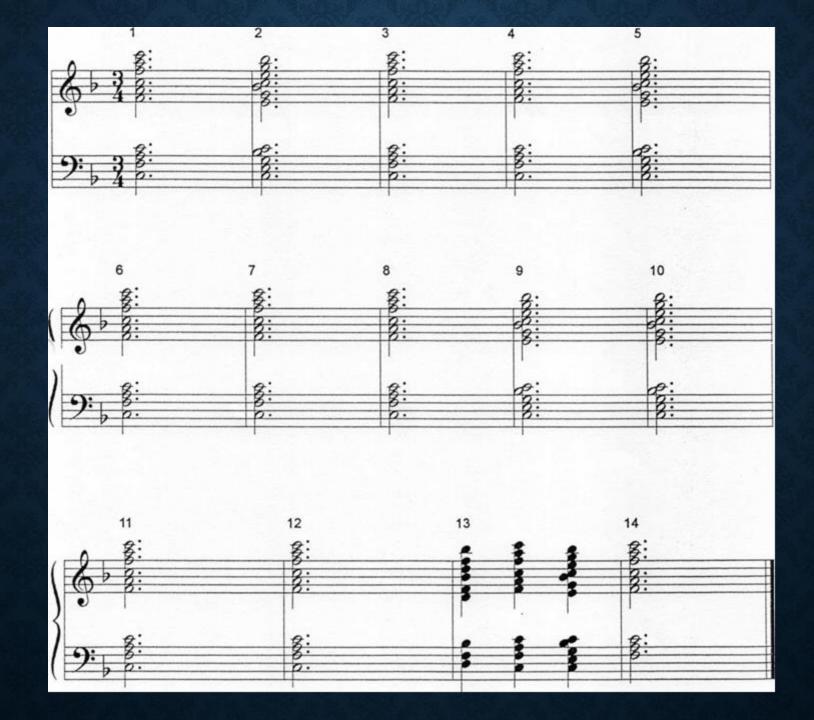


#### America the Beautiful continued



End Day 3 Start Day 4 by playing chord songs for fun then reviewing notes on the staff and playing America the Beautiful

My Country 'tis of Thee







This is the end of the student's lessons. Here is where you can begin reading music from any source. Chordal songs that move together rhythmically work best to begin with. Then you may branch out to melodies accompanied by chords and other music that you have prepared the students for.

#### **CREATE YOUR OWN CHORD SONGS**



# RESOURCE LIST FOR BEGINNER BELL/CHIME MATERIAL



You can find a Resource List on the Area 4 Handbell Musicians of America website under the Chime Loan Program tab.

https://area4handbells.weebly.com/chime-loan-program.html

# Some Resources for Handchimes and Handbells

#### Handbell Musicians of America Area 4 website

- Chime Loan Application and Information
- Chime Resources List

#### Chimeworks.com – a new website for teaching chimes

- Instructions on "How to"
- Downloadable lesson plans for using chimes in the classroom
- An alphabetized and leveled list of published songs suitable for chimes

#### Jeffers Handbell Supply- handbellworld.com

All your needs for bells or chimes! Music, games, awards, supplies, etc.

**StevieBeMusic.com** – Stevie Berryman has a wealth of knowledge, insights, rehearsal ideas and games on her website.





The QR code below takes you directly to a Google Form Application that can be filled out on your computer!



- Check out the many resources for using chimes or bells in the classroom and see what Handbell Musicians of America has to offer.
- Our Chime Loan Program offers the loan of a 3-octave set of chimes for an entire school year. Fill out the application by March 30



# HAVE A GREAT TIME INCORPORATING BELLS OR CHIMES INTO YOUR CLASSROOM!!

**GET IN TOUCH IF YOU HAVE QUESTIONS** 

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