# Flies & Lies

NEWSLETTER OF THE FLYFISHERS OF NORTHWEST FLORIDA AUGUST 2011

THE FLYFISHERS OF NORTHWEST FLORIDA PO BOX 1041 PENSACOLA, FL 32591 www.flyfishpensacola. com

### **PRESIDENT**

Tom Birdwell (850) 456-6073 tomjudybirdwell@cox.net

### VICE-PRESIDENT

Terry McCormick (850) 968-5928, flycastsgt@hotmail.com

#### SECRETARY

John Fitzgerald (850) 995-1412 jhfitzgerald@mchsi.com

#### TREASURER

Larry Sisney (850) 474-1433 Isisney@cox.net

#### **NEWSLETTER**

Jerry Aldridge (850) 478-9255 jamayfly@yahoo.com

### **MONTHLY MEETINGS**

Meetings at Miraflores Park 17th Avenue between Belmont and LaRua

BUSINESS MEETING 1ST TUESDAY, 7 PM

BULL SESSION 2ND THURSDAY, 6:30 PM

CASTING & TYING CLINIC 3RD SATURDAY, 9 AM

### **Easy Rider**

Do you remember the movie "Easy Rider"? Did you ever want get on a Chopper and ride across the country? Well come on Tuesday night and hear from our own Easy Riders aka John Brand and Bill Locher about their motorcycle ride across the country for a little Wyoming flyfishing. Sounds like a real adventure, so come one come all. Strip and Set....
Terry McCormick

### **Club Fishing Trips**

When Tom Birdwell asked for a volunteer to take on the job of planning club fishing trips, I was pleased to get the assignment. We are blessed to have so many wonderful fresh and salt water places to fish. We should make more trips together as a "fishing club".

<u>So here's the plan:</u> I need input from the members for suggested fishing places we should go to. Like 4, 5 or 6 get-togethers locally and one dream trip to some "easy to get to" place such as the Keys, N. Carolina, Bahamas or whatever. When the trips are presented and agreed upon by a club community, I will do the leg work and organize transportation, food and drinks, etc.

Please send your suggestions for trips you'd like to take to: John LeGrand, 471-7056 or e-mail Legrand02@cox.net.

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## Casting & Tying at the Club.... Tom Regina

August 11 Bull session 6:30 PM. Bring your tying materials and tools to the bull session and tie the fly of your choice while telling fish stories or just come and tell lies and drink an adult beverage or two. Teach someone a tying tip or two or pick up some tips.

August 20 Casting and tying clinic. Casting practice and instruction with John Brand starts promptly at 9:00 AM. Bring your long rod or use one of your clubs fly rods. Fly tying instruction also starts at 9:00 AM. Tom Regina will lead us in tying the Disc Bug. All fly tying materials needed to tie the Disc Bug will be provided by your club. If you have them, bring your tying tools... if not, your club has tools for you and your quests.

Free lunch will be provided at the Saturday casting and tying clinic. Beverages are available for \$1 at all club bull sessions, clinics, and meetings. And remember, guests are always welcome at all club functions. We will even feed your guests for free at the Saturday clinics.

### Disc Bug.... 70m Regina

### **Tying Materials**

**Hook:** Size 2 Stinger

Thread: 3/0 black and 3/0 red

**Legs:** Orange and black size medium round rubber

Under tail: Orange bucktail
Upper tail: Black marabou

Flash: Rainbow or pearl Krystal Flash Body wrap: Orange size large Ice Chenille

**Disc body:** 21/32" round discs cut from 2mm black fly foam

Nose: Red thread

**Adhesive:** Clear Gorilla super glue **Eyes:** 5mm white doll eyes



### **Tying Instructions**



- 1. <u>Lay down a thread base.</u> Start the black thread on the hook ½-inch back from the hook eye. In touching turns wrap a thread base back to a point on the hook directly above the hook barb.
- 2. <u>Tie on the under tail.</u> Cut, clean, and stack a small bunch of orange bucktail. Measure the tail to equal one hook length. Tie the tail onto the top of the hook at the bend. At about a 45-degree angle to the hook, cut away the excess butt ends. Cover the butt ends with a few thread wraps.



- 3. <u>Tie on the upper tail.</u> Select and measure one marabou plume to equal the length of the under tail. Tie the marabou plume to the top of the hook directly over the under tail thread wraps. Trim the excess marabou butt and cover with a few thread wraps.
- 4. <u>Tie on the tail flash.</u> Cut four strands of Krystal Flash from the skein. Cut the four strands in half. Tie four half strands to each side of the under/upper tails. The flash should be equal in length, or a bit longer than the under/upper tails. Trim away excess and cover the butt ends of the flash with a few thread wraps.





5. <u>Tie on the back leg set.</u> From the skeins, cut eight 4-inch long orange and black legs. Select one orange and one black leg and tie them to one side of the hook directly over the tail/flash thread wraps. (Note: When tying the legs on this fly, tie them so the orange leg is above the black leg when viewed from the side). In the same manner, tie an orange and black leg to the other side of the hook. Trim away the leg butts and cover them with a few thread wraps.

### Disc Bug.... 7om Regina (continued)



6. <u>Tie on the body wrap.</u> Cut about an 8-inch length of chenille from the skein. Tie the chenille to the top of the hook at the base of the tail/flash/leg tie-on point.

7. <u>Build the first disc body segment.</u> Cut four discs from a 2mm sheet of black fly foam. (Note: A 21/32" round brass tube for cutting the discs can be purchased from most hobby/crafts shops. Sharpen the inside of one end of the tube to cut or punch out the discs). Make three touching turns of the body wrap. Tie off the body wrap but do not cut it or the thread away. At the front of the tied-off body wrap, tie on one disc to the top of the hook.





- 8. <u>Continue building the leg/disc body segments.</u> Directly in front of the first disc body segment, tie on a set of legs to each side of the hook as in step 5 above.
- 9. <u>Complete building the leg/disc body segments.</u> In front of the first leg/disc body segment make three touching turns of body wrap. Continue building leg/disc segments as described in steps 5, 7, and 8 above until you have a total of four leg/disc segments. Do not add legs in front of the last or front disc.





10. <u>Finish the fly.</u> Tie off the front disc with several overlapping thread wraps. Half hitch or whip finish the tie-off thread wraps.

Cut away the excess disc foam in front of the tie-off thread wraps. Using red thread, build a neat, relatively large, tapered nose. Gather all the legs together under the fly and cut them to the desired length.

(Note: You can leave the legs long and trim them at the river to suit the fishing). Place a small drop of super glue between each disc and press the discs together until the glue sets. Glue the doll eyes to the front disc. Apply adhesive, epoxy, or several coats of head cement to the nose.

The Board is seeking a successor for **Larry Sisney, as Treasurer**, to take office in January, 2012. No bond is required, and Larry will facilitate turning over the reins. The job entails keeping the checkbook, the bank account, presenting a monthly meeting report to the Board, and working up an annual budget with the Board. You ARE needed. Interested? Please contact Jay Williams, 572-2624.

### Fishing Report.... Captain Baz Yelverton















July has been an excellent month for false albacore fishing. We found the fish June 17 about 5 miles SE of the pass, and they've stayed in the same general area all month. Finding the fish is the beginning of the puzzle; getting them to eat is the real test. Bob Jenkins figured it out like a pro on July 15. The FA in tight formation would churn the surface to a white froth for a couple minutes gorging on the tiny 1" baitfish. Then they would break formation, spread out, and eat all the wounded minnows. When this happened there were no big, slashing strikes on the surface. The fish were just cruising around eating the confused baitfish. It looked like "nervous water" where they were feeding. We couldn't get them to eat anything as you'll see in a fun video I took that day before we figured it out. Search YouTube for "Bob Jenkins false albacore", and it'll pop right up.

Bob realized that when the fish were churning he had to wait until they were coming at the boat, drop the fly in front of the school, and strip it fast as if the baitfish were trying to swim away from the school. It was futile to swim the fly toward the advancing school or perpendicular across its path. It made perfect sense, the plan worked, and we finally got a few hookups. But the breakthrough came when Bob realized the normal, quick strip was not the answer when fishing the "nervous water" after the school broke up. The FA were looking for wounded minnows, so he cast into the midst and let the fly just sit there. Every few seconds he twitched his rod tip, so the fly looked wounded. The false albacore ate it up! I mean every cast! It was one of those few times in fishing when we broke the code and what had seemed impossible became child's play. By that time we'd changed to the #6 Cowen's Albie Anchovy, but I'm sure any of the usual FA flies would've worked. Well, I guess I'm not really sure...

Here are shots of anglers who had the FA experience during July: Kevin Maxey, July 4; Matt Wegener, July 13; Glenn Wegener July 13; Bob Jenkins, July 15; Malcolm Goodman, July 21, and Michael Chamblee, July 24. The false albacore fishing has become a little more complicated the last few days because of the millions of Spanish mackerel from Pensacola Pass to the Tex Edwards...miles of schools of Spanish. I like a 20# fluorocarbon leader for the FA. and of course the Spanish bite through that in a millisecond. We've been picking out the schools of FA and working them until we see a Spanish jump. Then we move on. Be careful or you'll go through a lot of flies.

Not much to report on the tarpon fishing this year. We saw some fish and heaved the fly in their general direction, but nothing exciting happened. The migration along the beach is about over, but there are still a lot of tarpon in the bay. I saw two roll in a school of bay anchovies yesterday by the Turning Basin and plan to work that area tomorrow with a 12wt, sinking line, and 2/0 deceiver. There have also been fish rolling on outgoing water in front of the entrance channel to Bayou Grande.

There are slot-sized and larger redfish on the sand and grass flats, but we haven't landed one this month...yet. Had a number of good shots yesterday before we lost our light. I'll be working them hard this month on days when we get blown out of the Gulf, and will hopefully have some pictures for the next month's report. I hope to see you out there. Capt Baz

### Know the Members....Ed Wingfield

James Morris, better known just as JIM, is another new member that joined us back in February of this year. Jim comes to us from North-centeral Pennsylvania, was born in Williamsport, Pennsylvania and spent most of his life just 50 miles north of there. He graduated from Lock Haven University with a BA in Education which sent him on to teaching for 9 years. The last 30 years before retiring he was dealing with beef for the Cargill Corporation which is the largest meat product corporation in the United States. An interesting point in Jim's life was that for the last 17 years he organized and ran the Eastern Regional Meat Contest sponsored by the American Meat Science Association. This contest required two days for the officials to select and prepare the carcasses and meat cuts to be judged which would start at 6am and go on into the late evening. This completion was for students in the fields of animal and meat sciences preparing for jobs in private industry, research or USDA as graders or inspectors. These students would be from universities such as Texas A&M, Texas Tech, Oklahoma State, Ohio State, Colorado State, Illinois and even Florida to mention a few.

Jim has lived in Pensacola for only a year but has owned property here for over 6 years in preparation for his retirement. He is married to his wife Linda for 31 years and they have 5 children, 3 boys and 2 girls, along with 6 grandchildren. Jim has had kidney problems most of his life and recently had a kidney transplant. The kidney was donated by one of his daughters. Now, he says that life has taken on an improved prospective especially knowing that his children love and care so much for him that they all volunteered to donate a kidney to him.

As for fly fishing Jim has been at it since he was 2 years old when one of his grandfathers would take him fishing with dry flies. His grandfather would hook the fish then let Jim bring it in where he would club it to death with the bamboo fly rod. From that time on Jim has fished the streams of Pennsylvania.

Jim joined the club to be around other fly fishers. He says he wants to learn about Saltwater Fly Fishing because all the fresh water he's seen around here looks to dark and dirty to hold any fish. He mentioned that all he's ever known were the clear waters of the mountains in Pennsylvania.

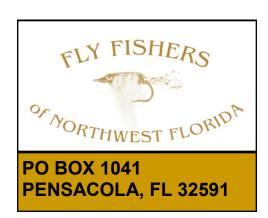
**Terry McCormick** is our current club vice president. Though an open person, Terry is a humble person not looking for instant recognition or accolades but willing to take on needed responsibilities.

Terry was one of the military kids that moved all over the place with his parents but calls Pensacola home since he lived here off and on since 1960. He's married to Alicia and they have two daughters and one grand-daughter. And now Terry will be retiring from the Florida Highway Patrol the First of September to begin the leisurely life. He committed that the best time he had in the FHP was when he was stationed in Tallahassee teaching at the Highway Patrol Academy for three years.

Terry joined the club in 2001 after taking the fly fishing class at PJC. When asked what got him into fly fishing he said that he just wanted something to do.

In the heat of this record breaking summer, look forward to once again wading in a cold trout stream." Larry Sisney nets a big one for Russ Shields.







# **AUGUST 2011**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2	3	4	5	6
		usiness Meeting PM				
7	8	9	10	11	12	13
				ull Session-Tying all Tales 6:30 PM		
14	15	16	17	18	19	20
					g	Clinic - Casting, tyi Jourmet lunch 9 A
21	22	23	24	25	26	27
28	29	30	31			
			6			