

Flies & Lies

NEWSLETTER OF THE FLYFISHERS
OF NORTHWEST FLORIDA
JANUARY 2009

THE FLYFISHERS OF
NORTHWEST FLORIDA
PO BOX 1041
PENSACOLA, FL 32591
www.flyfishpensacola.
com

PRESIDENT

Larry Goodman
(850) 433-5135
trakr1@aol.com

VICE-PRESIDENT

Jerry Giles
(850) 994-9946,
FlyFisherman1942@aol.com

SECRETARY

Bob Willice
(850) 934-6586
lastboat3@msn.com

TREASURER

Larry Sisney
(850) 474-1433
lisisney@cox.net

NEWSLETTER

Jerry Aldridge
(850) 478-9255
jamayfly@yahoo.com

MONTHLY MEETINGS

Meetings at Miraflores Park
17th Avenue between
Belmont and LaRua

BUSINESS MEETING
1ST TUESDAY, 7 PM

BULL SESSION
2ND THURSDAY, 6:30
PM

CASTING & TYING
CLINIC
3RD SATURDAY, 9 AM

Minutes, December 2....Jerry Giles

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Fishing Report....Captain Baz Yelverton



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Red Tail Wooly Bugger
Tom Regina



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General Business Meeting, Fly Fishers Of Northwest Florida, December 2nd, President Karen Brand, presiding

President Brand called the meeting to order at 7:00 P.M. About 20 members were present. The minutes of the Nov. meeting and the treasurer's report were approved as submitted. There were no offerings of new or old business proposed for consideration.

Dr. Tom Birdwell brought a package sent to him by Mr. Mike Shiozawa, an honorary FFNWF member. Inside the package, there was a beautiful Fates Packer, 7'6", 3 wt., fly rod in a green fly rod case. The rod is a very generous present to the club from Mr. Shiozawa. It was decided by the members to hold the rod for the spring club auction, at which event it will be sold to the highest bidder.

John and Karen Brand gave a beautiful picture presentation of their recent western fly trip on our new power point machine. They showed the beautiful scenery and catches as they fished the Yellowstone, Green River (Flaming Gorge), and others. Larry Goodman, Jerry Aldridge, & Tom Finkle fished with the Brands and contributed great pictures also. Karen also explained how Tom was instrumental in breaking up the fire wood. The machine is a great addition to our meetings and club function possibilities.

After local fishing reports, the meeting was adjourned....Note: This was my last meeting as club secretary. Thank you for allowing me to serve in this capacity for the last three years. Best regards....Jerry Giles

Fishing Report.... Captain Baz Velverton



December fly-fishing has been the best in a few years. The winter false albacore sight-fishing was outstanding early in the month along the edge of the gulf. The water was Bahamas-clear, and small pods of fish were working the inner bar between Pickens Point and the fire tower. Bob Willice and Klaus were with me on December 7, and Bob landed this beauty on a #6 Cowen's Albie Anchovy. I suggest the club focus on this pattern at a future Saturday Clinic.



The pattern should be easy to tie, and all the materials are available at Bass Pro Shop. If you like to fish for these "bad little dudes" Cowen's Albie Anchovy, Travis' "Green Weenie", or a #6 clear gummy minnow will get the job done 95% of the time. In the past few days the FA fishing has gone from outstanding to unreal. Hundreds of fish are schooling along the current line at Pickens Point gorging themselves on what appear to be juvenile bay anchovies. The tiny minnows are clear and about a half inch long and an eighth inch tall. Here's a shot of Bill Cornatzer from Bismark, ND, after a hard battle at Pickens Point on December 26.



In addition to the false albacore, there are schools of slot and just-larger redfish feeding close to shore in the gulf. James Miller from Tennessee landed the fish in the picture December 2. A week or so later the rain and south winds arrived, and the gulf got rough and muddy. I was pleased to find green water east of the pass on December 26 and am looking forward to the arrival of the north wind to knock the seas down. Gulf fishing around New Years Day should be perfect. The schools of reds have been unmolested for the past couple weeks, and they should provide relatively easy targets.



The surface-feeding bull redfish have been hot and cold throughout December. Jerry Aldridge, Tom Finkle, and I looked hard for them on a fog delayed trip December 18. We found the birds but no fish. The very next day in the same spot west of Fair Point the fish came to the surface, and we landed about a dozen. Here's Hobart McWhorter, Birmingham, with one of the fish landed on a 10wt, intermediate sinking line, and a white bunny strip Clouser. You've just to get out there and look for the birds. I haven't found any fish the past couple days, although there are menhaden spread out from the three mile bridge to Buoy 24. The warmer weather may have moved the fish out to the gulf. We'll be checking that out the next few days after the north wind arrives. When the schools of bull redfish and menhaden collide all hell's going to break loose. I can hardly wait....Capt Baz

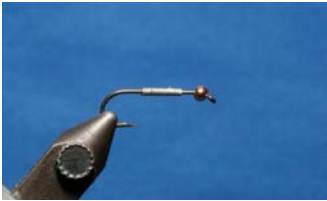
Red Tail Woolly Bugger.... Tom Regina

Tying Materials

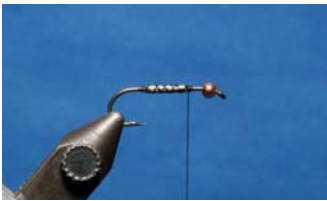
Hook:	Mustad 9672, streamer hook, 3XL, size 10
Bead:	Gold or copper, 7/64-inch (2.8mm)
Thread:	6/0 black
Underbody:	.015-in lead-free wire (optional)
Tail:	Red marabou bloods
Body:	Brown chenille
Palmer hackle:	Brown rooster saddle



Tying Instructions



1. Debarb the hook and place a bead on it. Secure the hook in the vise. Start the lead-free wire underbody on the hook shank at a point directly above the hook point. Wrap the wire forward in 20 adjacent turns. Brake or cut away the wire tag ends.



2. Use a jam knot to tie the thread onto the hook shank directly in front of the wire underbody. Do not encroach too close to the bead. Build a neat, short, thread ramp up to the underbody wire. Make several back-and-forth spiral thread wraps over the underbody and build a neat thread ramp off the back of the underbody. Continue to wrap the thread, in neat touching turns, back to a point on the hook bend directly above the hook barb, thus establishing the rear thread hang point.



3. Select a quill free tuft of marabou and measure its length to equal the length of the hook shank. Tie the tail to the top of the hook shank with tight thread wraps from the rear thread hang point to directly in back of the underbody. Cut away the marabou tag end.



4. Select an appropriate size hackle feather from the rooster saddle. Tie the feather by its tip on to the top of the hook directly over the tail tie-on thread wraps. The shiny or convex side of the feather should face up.



5. Cut about a 6-inch length of chenille from the skein. Strip about ¼-inch of fibers from one end of the cut chenille to expose the core strands. Tie the core strands to the top of the hook directly over the tail/hackle tie-on thread wraps. Take the thread forward to a point between the front of the underbody and the bead.

Red Tail Woolly Bugger.... Tom Regina (continued)



6. Lift the feather and make one turn of chenille, around the hook and behind the hackle. Allow the feather to fall back over the back of the hook and continue wrapping the chenille forward in neat, tight, touching turns. Wrap the chenille forward into the gap between the front of the underbody and the back of the bead. Tie off the chenille and cut away the tag end. Palmer the hackle forward in spiral wraps so each turn falls between successive wraps of the body chenille, being certain the shiny side of the feather faces forward with each turn. Palmer the hackle to a point directly in back of the bead. Tie off and cut away the hackle tag end. Make several whip-finish or half-hitch thread wraps in back of the bead and cut away the thread. If the finish thread wraps are well imbedded behind the bead, head cement will not be needed. Otherwise, apply a small amount of cement to the exposed thread wraps being careful not to get cement on the hackle barbs.

Casting & Tying at the Club.... Tom Regina

The January Bull Session will be held Thursday January 8 at 6:30 PM. Art deTonnancourt will lead us in tying a Yong's Flex-Floss Special. Art has shown us how to tie and fish a *Yong's Special* in the past. The body of the *Yong's Special* Art taught earlier was made entirely of thread. The Flex-Floss version of the *Yong's Special* consists of a sparse thread underbody with an over wrap of Flex-Floss. Flex-Floss allows the fly dresser to better control the segmentation, bulk and taper of the fly body. The Yong's Flex-Floss Special materials list and tying instructions are included in this newsletter. Bring your fly tying gear and tie this simple yet very effective nymph. Learn some new tying techniques with a relatively new tying material and join in for some good hearted jawing and lying.

The January Casting and Tying Clinic will be held Saturday January 17 from 9:00 AM until about 12:00 or 1:00 PM. Starting at 9:00 AM I will lead in tying a wooly bugger. The wooly bugger materials list and tying instructions are also included in this newsletter. Your club will provide all the materials and tools needed to tie both flies. Bring a guest, or more, we will have tools for them to use. Both flies are simple to tie so it's a good time to introduce someone new to the art of fly tying.

Special note for Don "Big Wolf" Lupone: Don, Yong's Flex-Floss Special - Thursday 8, January. Wooly bugger - Saturday 17, January.

3/0 John Brand will continue his casting instruction for accuracy, distance, presentation, and fun at the Saturday clinic. Again guests are welcome and if you or your guest need, your club will be happy to provide fly rods for use during the casting clinic.

Jerry Giles and Russ Shields will provide us with a mighty fine lunch of chili, chips, and a pickle or two at the Saturday clinic. Russ and Jerry are hoping it will be a cold January day so you will get a full measure of enjoyment and warmth from their chili. However, if you have ever had their chili you know its mighty fine even when it's a typical warm day in Florida. And its all free, along with big and little people drinks for club members and our guests.



Fishing Report from Gerry Goldstein....fly fishing in November Toccoa River with guide and my neighbor Robert Redick, who actually caught the 12"rainbow pictured. Mike Maginn is a guide about an hour outside of Atlanta and lives on the Toccoa River, an excellent guide. You may visit his web site blueridgeflyfishingguides.com, he is a retired Army officer and all around great guide.

There is also a very nice lodge that sleeps about 11 or 12 right on this river, he can tell you all about it. Great place. His phone number is 706-838-5515, it is possible I may have him here as my guest for some quail hunting at a lodge I belong to in Alabama. Perhaps he would like to speak at one of our meetings....Gerry Goldstein

Yong's Flex-Floss Special... Art deTonnancourt

Recipe and photos by Tom Regina

The Yong's Flex-Floss Special is an adaptation from San Juan River guide Andy Yong's original "Yong's Special". Andy builds his entire fly, body and head, with thread. When Andy casts a Yong's Special to a San Juan River trout, he catches that fish... every time... Ask Art deTonnancourt.... Art uses Yong's Specials with great success on all the rivers, streams, and creeks he fishes. Anyone who has fished with Art on the Tuckasegee and Nantahala Rivers in the mountains of western North Carolina can attest to the obscene number of trout he catches and releases using a Yong's Special.

The use of Flex-Floss wrapped over a sparse thread underbody, rather than thread alone, adds shine and a more pronounced segmentation to the fly as well as making it quicker and easier to dress a fly with proper taper and bulk.

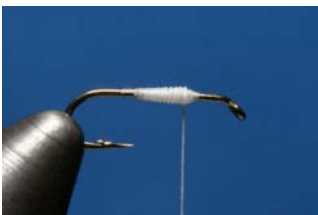
The Yong's Flex-Floss Special presented in the following recipe is the most basic and simple version of this Flex-Floss fly. It can be mastered in short order allowing one to move on to other not so basic, yet not complicated versions. The Yong's Flex-Floss Special can be tied in many different versions, colors, and sizes. The body can be built with black, brown, white, or red Flex-Floss for example. Likewise the head can be other than black and even a bead can be used. A touch of Krystal Flash in back of the head will add a fish attracting sparkle to the fly. A tiny tuft of CDC feather in back of the head can imitate a wing case, legs, or gills. Size 18 is about as large as this fly should be tied. Sizes 20 through 26 and even 28 (if you can see it) are all recommended.

Tying Materials

Hook:	Mustad 3906B, 1XH, 1XL, nymph, size 18
Thread:	8/0 white and 8/0 black
Underbody:	8/0 white thread
Body:	White Flex-Floss
Head:	8/0 black thread



Tying Instructions



1. Secure the hook in the vise. Using a jam knot tie on the white thread one hook eye distance back from the hook eye. In touching turns, lay down a neat thread base back over the hook shank to a position directly over the hook point. In the same manner return the thread forward to the tie on point. Likewise, wrap the thread half-way back over the previous wraps then forward to the tie on point. *The back and forth thread wraps are made to build a slightly tapered underbody.*



2. At the thread tie on point, or front of the underbody, tie the Flex-Floss onto the top of the hook shank. Use neat touching thread wraps to bind the floss to the top of the hook shank back to a position directly over the hook barb. Return the thread forward to in front of the underbody. Cut away the floss tag end.

Yong's Flex-Floss Special... Art de Tonnancourt (continued)



3. Applying relatively heavy stretching to the floss, start wrapping the Flex-Floss forward in slightly overlapping turns. With each turn or wrap of floss decrease the stretch and increase the overlap. Complete the last turn of floss directly in front of the body being careful not to encroach too close to the hook eye. Use two tight whip finish or half-hitch thread wraps to tie off the floss. Cut away the white thread and the floss tag end. *With a little practice you will*

quickly learn how much stretch and overlap to apply to build a neat, evenly tapered body, with proper bulk and segmentation. And you will be surprised at how strong Flex-Floss is.



4. Tie the black thread onto the hook in front of the body and over the floss tie-off thread wraps. Build a neatly tapered thread head. Whip finish or half-hitch the head thread. Cut away the thread and apply a very small amount of head cement being careful not to get cement in the hook eye.

Good Variations



Pensacola Junior College (PJC) Fly Fishing Class 2009

Again this year the Fly Fishers of Northwest Florida in conjunction with PJC will conduct the PJC Fly Fishing Class. Classes will be held on Wednesday evenings from 6-8 PM at the PJC Pensacola campus, building 4, room 442 beginning March 4 and ending April 29, 2009 with the exception of March 25 - spring break.

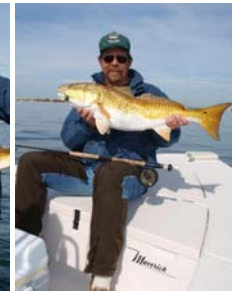
We will teach the basics of fly fishing, including equipment selection, fly tying, fly casting, knots, leader construction, and practical application of fly fishing techniques. The lead instructors will be Jerry Aldridge, John Brand, Karen Brand, Jerry Giles, Capt Bob Quarles, Russ Shields, Bruce Vail, and Capt. Baz Yelverton. Other club members are needed to serve as assistants for casting, knot tying, and fly tying instruction. Two volunteers are also needed to transport the fly rods/reels and fly tying equipment to and from each class session. If you are willing to volunteer please contact Tom Regina at 458-2978 or tomregina@bellsouth.net.

Fishing Report... Captain Bob Quarles

Just wanted to wish everyone and their families a very Merry Christmas and Happy New Year!
Here are some of the pics, I had a hard time trying to reduce this down, hope you don't mind a ton of fish pics. To say that me, my friends and my clients have been having a good time the last two months would be the understatement of the year.....Enjoy!



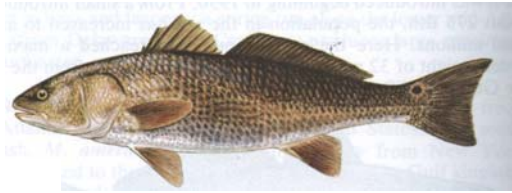
Ed Wood and Paul Heatherington--Bonita on fly.. looks like a cover for shot for "Flyfishing in Saltwater". Then we got into the bull reds on top..sick!



Bob Jenkins with one of 30 trout caught on fly! Bob Jenkins brought his daughter and son back out the same week for some more bull reds.. the kids had a blast! There was a moment here when the kids were so pumped.. they actually hugged, it was so sweet.. I love it!
This girl was on fire.. nice pic.
Then they caught a triple... this was their Christmas card shot...
The kids even stepped back, gave Dad the bow and Bob Jenkins got his first bull red on fly! Do ya think he looks happy?

More photos from Captain Bob's report. To see the entire report go to:<http://www.pensacolafishingforum.com/fishingforum/Topic243305-15-1.aspx>





JANUARY 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Business Meeting 7 PM	7	8 Bull Session-Tying & Tall Tales 6:30 PM	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 Clinic - Casting, tying, gourmet lunch 9 AM
25	26	27	28	29	30	31