

# Flies & Lies

NEWSLETTER OF THE FLYFISHERS  
OF NORTHWEST FLORIDA  
MARCH 2009

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**MONTHLY MEETINGS**  
Meetings at Miraflores Park  
17th Avenue between  
Belmont and LaRua

**BUSINESS MEETING**  
1ST TUESDAY, 7 PM

**BULL SESSION**  
2ND THURSDAY, 6:30  
PM

**CASTING & TYING  
CLINIC**  
3RD SATURDAY, 9 AM

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**Guest Speaker March 3rd at the business meeting**

**Captain (Ret) Rosy Lyon....Life long flyfisherman,  
in his 90s, former Idaho resident - Don't miss!**

## **General Business Meeting, Fly Fishers Of Northwest Florida, February 3, President Larry Goodman, presiding**

The board of directors meeting was called to order at 6:08 pm by President Larry Goodman. All members of the board were present. The following actions were taken by the board.

1. Jay Williams and Skeet Lores will continue as FFNWF representatives to the Bream Fisherman club to comply with insurance requirements.
2. The January 2009 treasury report was read and approved.
3. The minutes of the January 6, 2009 business meeting as published in the newsletter were approved.
4. The proposed budget for 2009 will remain essentially the same as the budget for 2008 but contain the following amendments (a) Beverage sale will be made a line item instead of a budgeted item. (b) Picnic donations will be reduced from \$300 to \$200 since the club will schedule only one picnic in 2009. (c) Administration expenses will be reduced from \$500 to \$300 (d) \$200 will be budgeted for beverage purchase (e) Building sublease fee will be increased from \$250 to \$270 (f) FF federation dues will be increased from \$200 to \$250 (g) Pavilion rental will be decreased from \$80 to \$40 since the club will schedule only one picnic at the pavilion in 2009 (h) \$1200 will be budgeted for the 2009 Christmas party.
5. The spring picnic and the spring clinic will be combined. It is tentatively scheduled to be held Saturday March 28 2009 at the club house pending availability of the facilities. The date will be finalized at the March business meeting.
6. The fall picnic is tentatively scheduled to be held Saturday October 17 2009 at Shoreline Park pending availability of the facility. The date will be finalized at the March business meeting.
7. The club auction date is set for June 2, 2009 and will be held at the clubhouse.
8. Karen Brand volunteered to serve as club librarian for 2009 and this was more than acceptable to the board.

The business meeting was called to order by President Larry Goodman at 7 pm with 19 members present. Guests Loyle Weiner, Duncan Smith, Erin Sago, Doral and Carl Wachter were introduced. The 2009 budget was approved. The January 2009 treasury report was approved. The tentatively scheduled dates for the spring picnic- clinic and the fall picnic for 2009 were announced. The 2009 club auction date was announced. Jerry Giles volunteered to be the club program chairman for 2009. Karen Brand informed the club that the 2009 SE Council Conclave will be held and she will give us more information later. Tom Regina announced a web link ([flyfishing trail .com](http://flyfishingtrail.com)) that would be of interest to all who fish western North Carolina waters. The PJC fly-fishing classes are scheduled to begin March 4, 2009 pending the appropriate number of students. Tom Birdwell more than entertained the group with a superb presentation of his many worldwide travels and fishing adventures. The meeting was adjourned. Bob Willice, secretary

### **President's Message ....Larry Goodman**

Getting ready for Spring....Spring will be here in a few weeks and it's time to begin preparing for spring fishing if you haven't already done so. Whether you need to try out that new rod or line that you got for Christmas, practice your casting, or try tying some new fly patterns, there's no better place than at our bull session (second Thursday) or Saturday clinic (third Saturday). In case you missed these events during February, the attendance, tying instruction by Tom Regina, and casting instruction by John Brand were all excellent and Russ' chowder was "finger lickin" good.

### **Pensacola Junior College (PJC) Fly Fishing Class 2009**

Again this year the Fly Fishers of Northwest Florida in conjunction with PJC will conduct the PJC Fly Fishing Class. Classes will be held on Wednesday evenings from 6-8 PM at the PJC Pensacola campus, building 4, room 442 beginning March 4 and ending April 29, 2009 with the exception of March 25 - spring break.

We will teach the basics of fly fishing, including equipment selection, fly tying, fly casting, knots, leader construction, and practical application of fly fishing techniques. The lead instructors will be Jerry Aldridge, John Brand, Karen Brand, Jerry Giles, Capt Bob Quarles, Russ Shields, Bruce Vail, and Capt. Baz Yelverton. Again this year, Bill Parrish has volunteered to get the fly rods and reels to each class session. A volunteer is needed who will get the fly tying materials, tools, and vises to each class session. The PJC classes will be held each Wednesday evening from 6 PM to Other club members are needed to serve as assistants for casting, knot tying, and fly tying instruction. If you are willing to volunteer please contact Tom Regina at 458-2978 or [tomregina@bellsouth.net](mailto:tomregina@bellsouth.net).

# Tellico Nymph... Jerry Giles

## Photos by Larry Sisney

The Tellico Nymph is a very effective wet fly in southeastern streams. I have used it with great success in the streams and rivers of northern Georgia and western North Carolina. The Tellico Nymph can be tied in many varieties. My personal favorite has a black bead head and in smaller sizes I use it as a dropper.

### Tying Materials

<b>Hook:</b>	Tiemco 5262, 2XH, 2XL, size 12
<b>Thread:</b>	6/0 yellow*
<b>Weight:</b>	Flat sticky-back lead tape
<b>Tail:</b>	Pearl gray guinea fowl body feather barbs
<b>Rib:</b>	Peacock herl
<b>Body:</b>	Rayon, single strand, 600 denier, bright yellow UNI-Floss
<b>Wing Case:</b>	Brown swiss straw
<b>Collar:</b>	Brown hen saddle hackle feather



\* Use only yellow thread to tie this fly. Preferably bright yellow. If another color is used it will show through the Rayon floss when the fly becomes wet.

### Tying Instructions



1. Start the thread behind the hook eye and lay a thread base back to the hook bend. Cut a thin slice of sticky-back lead from the tape. Starting about 1/3 hook shank distance forward of the hook bend, wrap the lead in touching turns to a point about 3/16-inch back from the hook eye.



2. Wrap the thread back and forth over the lead to completely cover it. At the same time form a short evenly tapered thread ramp at each end of the lead. Make the body slightly fatter in the middle than on both ends.



3. At the hook bend, tie on a few guinea hen feather barbs for the tail. The tail should be equal in length to about one and one-half hook gap distance.



4. Also at the hook bend, tie on two peacock herls for the rib. *Note: Only one peacock herl will be used to form the rib. The second herl is tied on in case the first fragile herl breaks while being wrapped. The extra herl will be broken away if it is not needed.*



5. Again at the hook bend, tie on the swiss straw that will be used to make the wing case.

## *Tellico Nymph... Jerry Giles (continued)*



6. At the hook bend, tie on the body floss.

7. In neat slightly overlapping turns that will completely cover the thread underbody, wrap the floss forward to a point about 3/32-inch back from the hook eye. Tie off and cut away the excess floss.

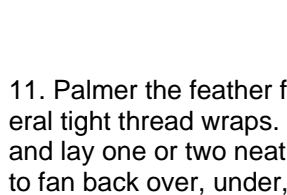


8. Wrap one of the peacock herls forward in about 6 to 8 evenly spaced spiral turns to form the rib. Do not crowd the hook eye. Tie off and cut away the excess rib herl. Break away the second herl if it is not needed.

9. Bring the swiss straw over the top of the body to form the wing case. Without crowding the hook eye, tie off the swiss straw in front of the body and cut away the excess straw.



10. Select and remove an appropriate size feather from the hen saddle patch. Grasp about 1/4 to 1/2-inch of the feather tip between your thumb and forefinger with the convex side of the feather facing you. With your thumb and forefinger of the other hand stroke the rest of the barbs down toward the base of the quill. Strip all the barbs below your grasp from the left side of the quill. With the tip of the feather facing forward and the stripped side of the quill up, orientate the feather perpendicular to the side of the hook facing you. Directly adjacent to the barbs that are left at the tip of the feather and the stripped quill, tie the feather to the side of the hook directly in front of the body. Cut away the tip end of the feather.



11. Palmer the feather forward one-and-one-half to two turns to form the collar. Take several tight thread wraps. Cut away the excess feather quill. Stroke the collar toward the rear and lay one or two neat thread wraps up onto the very front of the collar to cause the collar to fan back over, under, and around the fly body. Build a small nearly tapered thread head. Finish the head with several half-hitch or whip-finish thread wraps. Cut away the thread and apply a small amount of head cement to the thread head.



## *Fishing Report... Captain Bob Quarles*



Captain Bob's fishing report is far too large for the newsletter!  
See the rest of the report at the website below. Lots of pictures !



[www.pensacolafishingforum/fishingforum/Topic279692-15-1.aspx](http://www.pensacolafishingforum/fishingforum/Topic279692-15-1.aspx)

## *Bent - Back Bucktail...Pete Cooper, Jr*

The Bent - Back Bucktail (BBB) comes from an article by Pete Cooper, Jr. in *Fly Tye* magazine, way back in autumn 1999. I tied and tried some at the time and they worked just fine but somehow I forgot about the BBB until recently. I was looking through back issues of *Fly Tye* trying to find a pattern that made noise or pushed lots of water so that speckled trout and redfish could find it when visibility was low. I have always had good luck with smoke and black or chartreuse and white clousers under low visibility conditions in the past but wondered if there might be something better and that is when I re-discovered Pete's fly. The BBB has the advantages of the Clouser Minnow but pushes much more water because of its bushy body and slight bend in the hook. The pattern that appeared in Pete's article used chartreuse thread and peacock herl. I substituted red thread and black bucktail in this recipe. All black or pearl body / black wing versions also work very well.

### **MATERIALS LIST**

<b>HOOK</b>	Mustad 34007, size 2
<b>THREAD</b>	Red 3/0
<b>EYES</b>	3/16" Brass Hourglass
<b>BODY</b>	Ice chenille, chartreuse
<b>WING</b>	Chartreuse bucktail, chartreuse crystal flash, black bucktail



### **TYING INSTRUCTIONS**



1. Bend down the hook barb. Bend hook shank up about 10-15 degrees  $\frac{1}{4}$ " behind eye of hook (see photo). A simple way to bend the hook is to hold it securely with needle nose pliers at the  $\frac{1}{4}$ " point and then apply upward pressure on rear of hook with fingers.



2. Secure hook in vise. Lay thread base from eye to bend of hook. Return thread to bent part of shank. Attach hourglass eyes there with series of figure eight thread wraps. Finish wrapping eyes with half a dozen horizontal wraps below eyes and above hook shank. Return thread to hook bend.



3. Cut 4" length of ice chenille. Remove "stuff" from  $\frac{1}{4}$ " or so of one end. Tie naked end atop hook shank and secure with several thread wraps. Return thread to just behind hourglass eyes. Apply very light coat of head cement where chenille is tied in and forward on thread base to just behind hourglass eyes. Wrap chenille forward in firm adjacent turns while stroking chenille fibers backward so they won't be trapped by thread. Wrap chenille to behind hourglass eyes; secure there with 3-4 thread wraps and a couple half hitches. Trim excess chenille.

4. Turn hook over in vise (or rotate vise). Bring thread in front of eyes. Cut a swatch of chartreuse bucktail a matchstick thick and twice the hook length. Tie in behind hook eye covering bucktail with thread wraps back to hourglass eyes. Tie in 5-10 strands of crystal flash atop bucktail. Cut a swatch of black bucktail the same length but half as thick as the chartreuse. Tie in atop crystal flash. Trim excess bucktail, wrap neat head and finish with head cement. Be sure and coat exposed thread wraps around hourglass eyes too.



### **AUCTION JUNE 2ND**

We are looking for donations of all things flyfishing. Please hold your items until the day of the auction if possible. I will have the club house open by 5:00 pm the day of the auction for donations and browsing. If you will not be able to attend, I will take your items early. Remember everyone can help. Make a dozen or so flies, make a fishing trip if you have a boat, bring or buy a book, if you've graded your equipment let us have your old stuff. Come early and stay late, spend some money and have fun....Terry McCormick

## Fishing Report... Captain Baz Yelverton



Redfish continue to be our main target in the gulf. The best days are those following a cold front, and it's a good idea to wait until the wind becomes N or NE. I've been spending most of my time east of the pass, but I've heard reports that the water is also clear off Johnson's Beach. The fish have had a lot of pressure this year, and they're skittish. Your best bet is to anchor in a likely spot within casting range of the inner bar and let them come to you. This photo of Bob Spencer, Gulf Breeze, is from the end of January, but John Brand and I had plenty of shots one day last week. I'd have a photo of John landing a bull red on his 8wt if my doggone knot hadn't broken...



The false albacore were 4 miles south of the pier during the last week of January, and it was the most difficult FA fishing of the season. The fish were incredibly boat shy, but they were willing to eat #6 clear gummy minnows if you could cast them accurately 70-80 feet. January 27 was our best day after getting skunked the day before. We had 2-3' seas, and there were times when Greg Speer (Rocket Man) from Colorado was airborne on the bow of the Mako. Here's an action shot of Greg fighting his first fish, and another of him holding one of the seven albies landed that day. The fish disappeared after that, but I got a report Feb 23 that they were back on the beach in front of the White Sands Condominiums. As soon as the wind goes back to the north we'll be out there looking for them.



With March just around the corner it's time to start thinking about pompano. My crystal ball tells me there will be a decent run of fish on the beach around the full moon March 10, but the major migration won't hit until the end of the month. Maybe the road to Ft Pickens will open in time for the bulk of the season in April and May. If you plan to do it from the beach you might consider Mangrove's "Hip

Shooter" stripping basket. I like it better than the hard plastic ones, and it's deep enough to keep the line from falling out of the basket. Here's a link: <http://www.cabelas.com/prod-1/0052580320268a.shtml>. The yellow "pompano rocket" will be a good fly to try first...Capt Baz

### DVD / Book Reviews (FFF Clubwire, February 2009)

Reviewed by Bruce E Harang

**Fly Fisherman's Guide to Saltwater Prey** by Aaron J Adams, Ph.D.  
Stackpole Books, Mechanicsburg, PA, 2008  
206 pages, Softbound, illustrated Color, suggested price \$21.95

This is an interesting reference volume documenting in color a large number of saltwater prey species suitable for imitation with a fly. Included are numerous well photographed species separated into six categories making referral easier. These six categories are crabs, shrimp, bottom associated prey fish, mid-water prey fish, baitfish, and miscellaneous bottom prey. Each of these six categories are broken down into chapters, each chapter is devoted to a genus of the main category. The photographs are well done and do show a great amount of detail in form and color of each specimen. This gives the fly tyer an excellent reference from which to design fly patterns. At the end of each chapter the author also presents patterns suitable for use to create the impression or imitation of each type of prey. Overall, a good reference work for those saltwater anglers desiring to design and/or tie their own saltwater prey imitations.

**2009 Membership Fees Are Due!  
Please Pay Larry Sisney**

## *Casting & Tying at the Club.... Tom Regina*

The March Bull Session will be held Thursday March 12 at 6:30 PM. Jerry Aldridge, will lead us in tying a Bentback Bucktail saltwater fly. If you want to learn fly tying or improve your tying skills and techniques, Jerry is the one to look to. Jerry's culled flies are "works of art"... as compared to what some of us tie as our best. Bring your fly tying tools and tie along with Jerry. If you are not into fly tying then come to the bull session and just shoot the bull and join in for some good hearted jawing and lying. Let me caution you however, if your jawing and lying talk gets too loud and the tiers can't hear Jerry's instruction you will feel the wrath of Jerry's curmudgeon side... and it won't be pretty.

The March Casting and Tying Clinic will be held Saturday March 21 from 9:00 AM until about 1:00 PM. Starting at 9:00 AM Jerry Giles will teach us how to tie one of his favorite flies - the Tellico Nymph. Jerry uses the Tellico Nymph on many trout waters throughout the southeast with great success. You will be pleasantly surprised how easy the Tellico Nymph is to tie with Jerry's instruction. Jerry doesn't say much, but when he talks about fly tying it's well worth your time to listen to what he has to say.

The materials list and tying instructions for both the Bentback Bucktail and the Tellico Nymph are included in this newsletter. *Don "Big Wolf" Lupone, call me if you need clarification.* Your club will provide all materials needed to tie both and the flies. If you have them, bring your fly tying tools. If you need, your club has tools for both you and your guest. Speaking of guests, please do bring a guest or more.

3/0 (John) Brand will continue his casting instruction at the Saturday clinic. John is a skilled and knowledgeable fly caster: comparable to the highest rank of "Marksmanship". 3/0 is always happy to help us refine and improve our casting style and technique. We can't go wrong getting instruction from John. 3/0 can teach us the basics of fly casting and help us advance from beginner-to-novice-to- expert. John will help you with your casting stance, rod grip, rod stroke and speed, rod stop and drift, and loop control: which all lead to correct fly presentation. John gives individual instruction to each caster. You can tie flies for an hour or so then join John for some expert casting instruction. However, keep an ear tuned for "chow call". To get John to lunch you may have to drag him kicking and screaming away from casting practice.

Chow call! Speaking of chow; as always Russ Shields and Jerry Giles will fix us a mighty fine lunch at the Saturday clinic. This time a scrumptious feast of Mesquite Grilled Chicken with fixins. If you don't want to tie flies; don't want to take advantage of 3/0's casting knowledge; at least join us for lunch. But use great caution before getting in the chow line ahead of Jon or Jay.

As always, you are encouraged to bring guests to all club functions. Young and old, gentlemen and ladies, boys and girls . If you or your guest need fly rods or fly tying tools your club is ready to provide them for use during the clinic and guests are more than welcome to partake in our free food and drink.

## *Fishing Report....Dane Law, Southeastern Anglers*

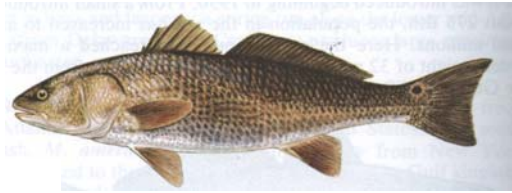
Happy Valentine's day. It is time to cast an angle. Here is short update from the crystal ball.

Hiwassee River- we will be drifting from Reliance to our private access downstream, some floats to Patty bridge and an occasional float on the upper as flow allows. The river is full of fish and the bugs are getting started with early stoneflies.

Toccoa River – Mostly low flows for a while as TVA fills lake Blue Ridge. Plenty of fish available in all sizes. Early stoneflies and blue wings already started. The big browns will be active soon on streamers.

Holston River – TVA is just now reducing flow here to fishable levels. We had a great holdover population in the fall so there should be some real pigs out there this spring. We should also start seeing good flows on the Clinch soon. We now have a year of slot limit regs here, so good things should be happening.

Cumberland River – We will see fishable windows at the end of rainfall events as USACE continues to hold the lake level constant and release all additional rainfall. Sometime in May thing will get more predictable. The early season will be tricky, but we have a five day forecast. I think some of the true trophies will be caught early on the lower sections of the river. The river is fishable for the week of February 16<sup>th</sup>. Email or call anytime: Dane Law 770-655-9210.



# MARCH, 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
		Business Meeting 7 PM	PJC Class			
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
			PJC Class	Bull Session-Tying & Tall Tales 6:30 PM		
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
			PJC Class			Clinic - Casting, tying, gourmet lunch 9 AM
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>	<b>31</b>				