

WORKING AT HEIGHT



Working at Height

The Working at Height training course is designed to equip individuals with the knowledge and practical skills necessary to work safely at height. This half-day course is particularly suited for those working in construction or other industries where working at height is required. The course covers essential safety practices, risk management, and the proper use of safety harnesses, ensuring that participants understand the risks and protective measures involved.

Who Should Attend?

This course is ideal for anyone in the construction industry or similar sectors where working at height is a regular requirement. It is designed for employees, supervisors, or managers who are responsible for ensuring safe working conditions at height and compliance with safety regulations.

Key Course Features

- Duration: Half day
- Location: Classroom and outdoor practical sessions
- Group Size: Limited for interactive and focused training

Topics Covered

- Understanding the risks and hazards of working at height
- Legislative requirements and safety regulations
- The correct use and fitting of safety harnesses
- Practical harness fitting and safety checks
- Safe working practices and risk assessment procedures

Learning Outcomes

By the end of the course, participants will:

- Have a thorough understanding of the risks and protective measures involved in working at height
- Be knowledgeable about the legislative requirements and how to comply with them
- Be able to correctly fit and check a safety harness before use
- Understand the practical steps required to ensure safety while working at height

Assessment and Certification

- Multiple-Choice Examination: A 12-question paper that assesses the participant's understanding of course content. A perfect score of 12 out of 12 is required to pass
- Practical Assessment: Participants must demonstrate proper safety harness fitting and safety checks as part of the hands-on training
- Successful candidates will receive a Working at Height certificate upon passing both assessments

Learning Environment

- Classroom Learning: Covers the theoretical aspects of working at height safety
- Outdoor Practical Sessions: Hands-on training with safety harnesses
- Face-to-Face Support: Guidance from experienced trainers

For further details or to book your place please call us on 01794 330925 or email info@carlinltd.co.uk

Speak with our Learning and Development Director today to design a bespoke training solution that perfectly aligns with your organisation's goals and industry.

Focused on delivering the right solutions for our clients