

HEALTH ALERT



Cyclosporiasis

Kentucky is one of several states experiencing an increase in cases of cyclosporiasis, an intestinal illness. The Kentucky Department for Public Health is investigating these cases and taking steps to prevent additional illnesses and keep Kentuckians healthy.

Symptoms may appear 2–14 days after exposure and include:

-  Watery diarrhea
-  Nausea
-  Low fever
-  Stomach cramps
-  Loss of appetite
-  Fatigue

If you are concerned about any symptoms you are experiencing, contact your health care provider

Reduce Your Risk:



Wash fresh fruits and vegetables thoroughly.



Consider whole heads of lettuce instead of salad kits.



Throw away outer leaves before washing.



Cook fruits and vegetables when possible.



Practice safe food handling and wash hands.



FOR MORE INFORMATION:

Scan the QR code or visit:

cdc.gov/cyclosporiasis/prevention/index.html



Kentucky Public Health
Prevent. Promote. Protect.