



April 2026- Bozeman Senior Center Exercise --807 N. Tracy 586-2421 - www.bozemanseniorcenter.org

S	Monday	Tuesday	Wednesday	Thursday	Friday	Sa
			1 8:30 Strength Training 9:35 Core on the Floor 11:00 Gryokinesis 1:00 Strong People 1:30 Balloom Dance	2 9:30 MSU Student-Led Exercise 11:00 Tai Chi 1:00 Strong People	3 8:30 Strength Training 10:00 Advanced Line Dancing	4
5	6 8:30 Strength Training 9:35 Core on the Floor 1:00 Strong People	7 9:00 Beginning Line Dancing 9:30 MSU Student-Led Exercise 10:00 Intermediate Line Dancing 10:45 Advanced Line Dancing 11:00 Tai Chi 1:00 Strong People	8 8:30 Strength Training 9:35 Core on the Floor 11:00 Gryokinesis 1:00 Strong People 1:30 Ballroom Dance	9 9:00 Beginning Line Dancing 9:30 MSU Student-Led Exercise 10:00 Intermediate Line Dancing 10:45 Advanced Line Dancing 11:00 Tai Chi 1:00 Strong People	10 8:30 Strength Training 10:00 Advanced Line Dancing	11
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