

Breakfast – available ALL DAY for your enjoyment

Intensify our house roasted potatoes offered with many of our selections to our “VT Cheese and Onion Potatoes”... +2 additional

Lite Bite - One egg any style, small side of fruit & choice of multigrain toast or english muffin	5 (GF Option)
JULES Breakfast Sandwich - Any style of egg with choice of cheese on a toasted Bagel or English Muffin.....	5 (GF Option)
(Add VT cured bacon or butterflied VT maple sausage links for +2 additional)	
Breakfast Burrito - Three eggs, omelet style, Vermont Cheddar cheese & Pico de Gallo served in a floured tortilla with house roasted potatoes.....	10 (Veg)
2 Farm Fresh Eggs - Choice of bacon or sausage with house roasted potatoes and toast.....	10 (GF Option)
Hash & Eggs - 2 Eggs and Homemade corned beef hash served with house roasted potatoes and toast.....	14 (GF Option)
Fluffy Omelet - Choose... 3 eggs or 4 egg whites and choice of Cheese served with house roasted potatoes and choice of toast.....	9 (GF Option)
(Goat or Blue Cheese +2 additional - we will gladly add any vegetable or protein items to personalize your omelet and price accordingly)	
Hash Omelet - 3 egg omelet made with our homemade hash, choice of cheese, house roasted potatoes and toast.....	14 (GF Option)
The Big Italian Omelet - 3 eggs, tomato, bacon, garlic, onion, basil, mozzarella & balsamic drizzle over baguette.....	14 (GF Option)
No Substitutions	
Daily Individual Frittata (ask for today's ingredients) Served with a side of fresh fruit.....	11 (GF)
Oatmeal - Served with mixed berries & brown sugar or local VT maple syrup.....	8 (GF/DF)
The Norwegian - Sliced Nova lox, tomato, red onion, cream cheese & capers served on a toasted bagel	14 (GF Option)
Belgium Style Waffle - Served with powdered sugar and warm VT maple syrup.. (Add chocolate chips or Strawberries or Blueberries +1.5 additional).....	9
Pancakes - 3 Old Fashioned griddled pancakes served with warm local Vermont maple syrup...(Add chocolate chips or Strawberries or Blueberries +1.5 additional).....	9
Gluten Free Pancakes - 3 pancakes served with warm local Vermont maple syrup (Please allow a minimum of 20mins to prepare).....	11 (GF)
Silver Dollar Pancakes - 3 smaller than our Griddle Pancakes served with warm local Vermont maple syrup...(Add chocolate chips or Berries +1.5 additional).....	6
Gluten Free Silver Dollar Pancakes - 3 smaller than our Griddle Pancakes served with Vermont maple syrup...(Add chocolate chips or Berries +1.5 additional).....	6
Crème Brule French Toast - Homemade Cinnamon Loaf soaked in an egg custard served with warm VT maple syrup.....	11
Crème Brule Gluten Free French Toast - Homemade GF Cinnamon Loaf and warm VT maple syrup.....	13
The Lumberjack - 3 eggs any style, 3 VT Maple sausage links, 3 strips of VT cured bacon, potatoes & choice of toast or 1 pancake.....	15
Steak & Eggs - 8oz Jules Steak served with 2 Eggs any style with house roasted potatoes and toast.....	20 (GF Option)

The following breakfast items are not available after 4pm

JULES Hole in One - 2 Farm Fresh Eggs omelet style mixed with fresh roasted peppers, onions, bacon, sausage & choice of cheese served inside a slice of multigrain toast with a side of fresh fruit or roasted potatoes (Goat or Blue Cheese +2 additional)	12
Warm Crepes - 3 thin French style pancakes served with powdered sugar and warm VT maple syrup.....	9
(Add chocolate chips or Strawberries or Blueberries +1.5 additional)	
JULES Benedicts - Choice of...	
Traditional Eggs Benedict - Served with VT uncured pork loin & 2 poached eggs over toasted english muffin with hollandaise sauce & potatoes	13 (GF Option)
Salmon Eggs Benedict - Served with sliced Nova lox & 2 poached eggs over toasted english muffin with hollandaise sauce & roasted potatoes	14 (GF Option)
Vegetarian Eggs Benedict - Spinach, tomato & 2 poached eggs over portabella mushroom caps, with hollandaise sauce & roasted potatoes.....	12 (VEG/GF Option)
Hash Benedict - 2 poached eggs over our homemade corn beef hash served on a toasted english muffin with hollandaise sauce & potatoes.....	14 (GF Option)

Lite Fare / Appetizers

Homemade Garlic Bread.....	5 (V/DF) w/cheese	6 (VEG)
Parsnip Chips - Enjoy a bowl of our own homemade parsnip chips perfectly seasoned for you to enjoy or share	5 (V/GF)	8
Pretzel Bites - 10 Bites served with choice of Honey or Dijon Mustards.....	8	
House Spiced Chick Peas - Sautéed chick peas with a hint of spice.....	5 (V/GF)	
Stuffed Portabella Cap - Portabella mushroom cap stuffed with roasted peppers, tomato & VT cheddar cheese.....	7 (VEG/GF)	
Individual Caprese Salad - Fresh mozzarella, tomato and basil drizzled with imported balsamic vinegar.....	7 (VEG/GF)	
Homemade Bruschetta - 6 Slices of grilled baguette bread drizzled with olive oil topped w/ tomatoes & herbs.....	7 (V/GF option)	
Homemade Hummus Platter - Chick pea puree served with sliced vegetables and house made pita chips	9 (V/GF Option)	
Cheese Quesadilla - Grilled tortilla filled with VT cheddar cheese served with sour cream & Pico de Gallo...(Add Grilled Chicken or BBQ Chicken +5 or Steak +8)..	7	

Wings ~ served with a choice of Blue Cheese or Ranch Dressings

Buffalo - Jumbo size wings tossed in our traditional hot sauce making these hot and spicy with a nice kick	10 (GF/DF)
Maple BBQ - Jumbo size wings tossed in VT Maple BBQ sauce creating a sweet and savory flavor.....	10 (GF/DF)
BBQ - Jumbo size wings tossed in our Chef BBQ sauce that perfectly sticks to the wing	10 (GF/DF)
Asian Teriyaki - Jumbo size wings tossed in our special Asian Ginger Sauce giving it a perfect citrus blend	10 (GF/DF)
Carolina Style - Jumbo size wings tossed in Tangy Gold sauce giving these wings a smoky note with a hint of heat.....	10 (GF/DF)
JULES Chef Sauce - Jumbo size wings tossed in our special Chef inspired sauce creating an amazing flavor	10 (GF/DF)

Broths and Soups

Just Broth - a mug of our house made chicken or vegetable broth.....	3 (GF/DF)
Bowl of our House made soups.....	4.5 small Bowl / 7 large Bowl or Takeout 4.5 for 8oz / 10 for 32oz
- Chicken Vegetable Soup with VT Farm Shredded Chicken and a choice of rice or pasta (DF / GF Pasta Available)	
- Garden Vegetable Soup made with a daily selection of VT Farm vegetables (V/GF Pasta Available)	
- Soup of the Day (Chef Selection)	

Personal Salad ~ "Build Your Own"

Greens (Choose 1)	Basics (Choose 5)	Add a Protein (additional)	Dressings (Choose 1)
Romaine	Mushrooms	Chicken or Chicken Salad + 5	House - Balsamic Vinaigrette (DF)
Spinach	Chick Peas	Egg +2 Bacon +2	Herbed Ranch
Arcadian Mixed Greens	Black Olives	Salmon +8 Shrimp (3) +7	Classic Blue Cheese
(Mix of all 3 Greens +1)	Onions	Steak Tips (3) +8	Olive Oil & Balsamic Vinegar
	Carrots	Crumbled Blue or Goat Cheese +2	Honey Mustard
	Tomatoes		Caesar
	Cucumbers		
	Dried Cranberries		
	Zucchini		

Signature Salads (No Substitutions)

BBQ Chicken Salad - Mixed greens, chick peas, tomato, chicken, corn with zesty ranch & BBQ sauce drizzle.....	12 (GF)
Caesar Salad - Romaine Lettuce tossed with creamy Caesar dressing and parmigiana Romano cheese.....	9 (GF)
Asian Noodle Salad - Chilled rice noodles, julienned carrots, red peppers, cucumber & cabbage in a ginger soy dressing.....	11 (V/GF)
Vegetable Quinoa Bowl - Quinoa mixed with tomato, cucumber, scallions and dried cranberries & balsamic dressing.....	10 (V/GF)
Trio Platter - Select three of the following items for a delicious sampler that's just enough.....	15 (GF/DF Option)
Chicken Salad / Quinoa Salad / Mixed Greens / Caesar Salad / Soup of the day / Fruit Bowl / Asian Noodle Salad / French Fries / Onion Rings	
Steak Salad - Mixed greens, tomato, onion, sliced steak, crumbled blue cheese & balsamic reduction drizzle.....	15 (GF)
Essex Salad - Heart of romaine grilled & topped with sliced Steak or Shrimp, sautéed onions, Romano & Crumbled Blue cheese & drizzled with Caesar dressing.....	15 (GF)

Burgers – always served "deluxe" with a choice of Mixed Greens or Fries or Onion Rings (Sweet Potato Fries available for +2 additional)

Cheese Selection..... Cheddar, American, Swiss, Mozzarella (Crumbled Blue Cheese or Goat Cheese +2)

Beef Burger - Freshly ground beef served with lettuce, tomato, onion, choice of cheese	Add Fried Egg or Bacon or Sautéed Mushrooms or Onions +2 Additional.....	12.5 (GF Option)
Turkey Burger - Freshly ground turkey served with lettuce, tomato, onion, choice of cheese		12.5 (GF Option)
Black Bean Burger - Served with lettuce, tomato, onion and choice of cheese	V- if no cheese	12.5 (GF Option)
Pizza Burger - Choice of ground Beef, Turkey or Black Bean Veggie (V) Served with Marinara Sauce & Mozzarella Cheese		12.5 (GF Option)
Sliders - 3 beef slider size burgers served with lettuce, tomato, onion, choice of cheese		12

JULES Signature Burgers (No Substitutions) with a choice of Mixed Greens or Fries or Onion Rings (Sweet Potato Fries available for +2 additional)

Portabella Mushroom Burger - We exchanged the beef for jumbo portabella mushrooms served with lettuce, tomato, onion, choice of cheese	V- if no cheese	12 (GF Option)
Buffalo Burger - Beef burger with Crumbled Blue Cheese and Buffalo Hot Sauce making this a "Hot" burger with lettuce, tomato & onions		12.5 (GF Option)
Breakfast Burger - Beef burger with Bacon, Egg & Cheese		14.5 (GF Option)
Mansfield Burger - Beef burger, VT Uncured Pork & Bacon, Crumbled Blue Cheese & sautéed onions		14.5 (GF Option)
Double Monster Burger - Two beef burgers, double cheese served with lettuce, tomato & onions		18 (GF Option)

**1 COMMONWEALTH AVE
ESSEX, VT 05452
(Corner of Old Stage Rd & Rt. 15)**



**TAKE OUT MENU
(802) 857-5994
Revised January 2019**

Sandwiches - served with a choice of the following side - Mixed Greens or Fries or Onion Rings (Sweet Potato Fries +2 additional)

Salmon BLT- Grilled salmon with VT cured bacon, lettuce, tomato and mayo	15 (DF / GF Option)
Chicken Parmigiana - Chicken Tenders fried and topped with mozzarella & homemade marinara sauce	12 (GF Option)
Grilled Chicken - Grilled chicken breast with lettuce, tomato, onion and choice of cheese	12 (GF Option)
Buffalo Chicken Sandwich - Fried Chicken Tenders tossed in our Buffalo sauce topped with crumbled blue cheese, lettuce, tomato, onion	12 (GF Option)
Half Sandwich Combo select one of the BELOW sandwiches & pair it with a choice of cup of soup or side salad.....	9.5
Caprese - Fresh mozzarella, roasted peppers and basil served grilled cheese style.....	12 (Veg/GF Option)
Bambini - Traditional Grilled cheese with Vermont cheddar and tomato on thick cut bread.....	11 (Veg/GF Option)
Veggie Sandwich - Portobello mushrooms, roasted red peppers, tomato, red onion and goat cheese.....	12 (Veg/GF Option)
BLT - VT cured bacon, lettuce and tomato with mayo on the side	11 (DF/GF Option)

Wraps – served with a choice of Mixed Greens or Fries or Onion Rings (Sweet Potato Fries available for +2 additional)

(Choice of White or Spinach Wheat Wrap)

Buffalo Chicken Wrap – Our breaded chicken strips tossed with buffalo sauce, lettuce, cherry tomatoes & onion.....	12
Chicken Caesar Salad Wrap – Fresh grilled chicken diced and tossed with romaine lettuce, Caesar dressing and grated parmigiana Romano cheese.....	12
Tarragon Chicken Salad – Our Chef's fresh chicken salad tossed with house made cranberry tarragon mayonnaise.....	12
Cheeseburger & Fries Wrap – Freshly ground beef rolled with lettuce, tomato, onion and your choice of cheese wrapped with French Fries	13

Pasta - (Gluten Free Pasta Also Available)

Pasta "Agilo e' Olio" - Pappardelle pasta sautéed with "garlic & olive oil" fresh broccoli with parsley & Romano cheese	13 (VEG-GF/DF Option)
Pasta al Forno - Farfalle pasta baked with mozzarella cheese in our own marinara sauce.....	13 (VEG-GF Option)
Pasta Primavera - Pappardelle pasta with broccoli, tomatoes, zucchini, mushrooms & peppers in our own marinara sauce.....	15 (GF Option/DF/V)
Pasta alla Vodka - Farfalle pasta sautéed with VT cured bacon, red onions, fresh garlic in a pink cream sauce.....	15 (GF Option)
add Chicken +5 / Add Shrimp +7	
Pasta Fantasia - Orecchiette pasta with chicken, portabella mushrooms, roasted red peppers & fresh mozzarella & Marinara sauce.....	19 (GF Option)
Pasta Alfredo - Pappardelle pasta, Chicken, Broccoli & VT cured bacon mixed with our homemade Alfredo cream sauce	19 (GF Option)
Pasta Milano - Orecchiette pasta with jumbo shrimp, zucchini & tomatoes in a pink vodka sauce.....	22 (GF Option)

Entrees

Crispy Chicken Strips - Breast of Chicken Strips fried and served with choice of French Fries, Onion Rings or Mixed Greens (Choice of dipping sauces BBQ, Honey Mustard, Ranch).....	16 (GF Option/DF) 19 (GF Option/DF)
Pan Roast Chicken - Lemon wine sauce topped with capers. Served over choice of pasta, rice or sautéed spinach.....	19 (GF/DF)
Chicken Primavera - Lemon marinated chicken breasts sautéed in a white wine sauce with vegetables over a bed of rice.....	19 (GF/DF)
Chicken Parmigiana - Chicken breast fried and topped with mozzarella & marinara sauce over Pappardelle pasta.....	19 (GF Option)
Chicken Marco Polo - Chicken breast wrapped around Mozzarella, Roasted Peppers & Broccoli served over Pappardelle pasta & lemon wine sauce.....	22 (GF Option)
Veal Milanese - Breaded milk fed veal on a bed of Arcadian mixed greens, tomatoes, onions ... (plain or with a side of sauce).....	18 (GF/DF)
Veal Parmigiana - Breaded milk fed veal, marinara sauce, baked with mozzarella served over Pappardelle pasta.....	22 (GF option)
"JULES" Cut 8oz Top Sirloin Center Cut Steak - perfectly grilled served with Fingerlings Potatoes & vegetables	22 (GF/DF)
"JULES" Steak Tips - Marinated beef tips served with onions, peppers & tomatoes over rice.....	21 (DF)
American Mixed Grill - 3 Beef Tips, 3 Shrimp & Chicken breast grilled with vegetables served over a bed of rice.....	27 (GF/DF)
Fish & Chips - Fried battered Fillet of Haddock served over a bed of French fries	16
Pan Seared Salmon - served with vegetables & finished with a Citrus Wine sauce over a bed of rice	24 (GF/DF)
Shrimp Scampi - Sautéed in a scampi garlic & wine sauce. Served over a choice of pasta, rice or sautéed spinach.....	22 (GF Option/DF)
Shrimp Fra Diavolo (Hot & Spicy) - Sautéed in our marinara sauce with crushed red pepper, garlic over Pappardelle pasta.....	22 (GF Option/DF)

Child Selections (10 & under please) includes a Soft Drink or Milk (no refills)..... 7

- One Egg & Toast - with choice of 1 strip of bacon or 1 sausage link (GF Option)
- Mac & Cheese - served with Fresh Grapes (GF Option)
- Crispy Chicken Strips - 2 strips served with French Fries or Apple Sauce (GF)
- Pasta - choice of Butter or Marinara Sauce served with fresh grapes (GF Option)

SIDES & ACCOMPANIMENTS

Fresh Fruit Bowl.....5	Pancake 1 cake.....4..... Gluten Free.....5	French Fries.....6 (GF)
Extra Egg (any style).....2	Mac & Cheese.....(GF Option).....7	Onion Rings.....7
French Toast..... 1 piece.....6	Side House or Caesar Salad.....5	Roasted Potatoes.....7 (GF)
Bacon or Sausage.....3 pieces.....4	Side Vegetables of the day.....6	"Cheese & Onion" Roasted Potatoes.....9 (GF)
Toast or Bagel or English Muffin..... 3 with butter (GF Option)	Side Pasta (GF Option).....6 Choice of Plain or Butter Sauce or Marinara Sauce	Sweet Potatoes Fries.....9 (GF)
Homemade Corned Beef Hash.(GF)6	Side of Baguette Bread with Butter.....3.5 (GF Option)	Apple Sauce.....3

We celebrate the relationship of Vermont and our communities with quality food and beverages. We believe partnering with many local influences helps make your experience more enjoyable. We are proud to share that our restaurant is 100% Peanut/Tree Nut Free, food allergy aware and a member of the Vermont Fresh Network. Our Kitchen does use and makes items with Wheat, Eggs, Dairy, Soy & Shellfish/Fish but welcomes any special request. We work hard to assure no cross contamination and/or cross contact. We ask our guests to use the information that we provide based on their personal dietary needs before consuming any of our dishes. Since not all allergies are the same we advise guests with serious allergies to assess their own requirements and consume dishes at their own risk.

To help with our stated mission as well as follow the VT Department of Liquor Control policies, we ask our guests to not bring any outside food or beverages into our restaurant or onto our patio. Thank you for your understanding!

7 Days of Specials

ENJOY A SPECIAL DISCOUNT EVERY DAY OF THE WEEK

Subject to change ~ Always Check Restaurant for Current Offerings

Super Sunday - \$2.00 Individual Sliders (minimum 2) or \$2.00 off any Burger after 2pm

Monday "Munchies" – \$2.50 Appetizers

choose from... Parsnip Chips, Spicy Chic Peas, Garlic Bread, Cup of Soup

Take-Out Tuesday – Receive 10% off all Take-Out Orders

Wild Wing Wednesday - \$. 50¢ cent wings (Minimum 12 - Dine in or Take out)

Thirsty Thursday - \$5.00 Wine & Beer Special (ask your server for this weeks selection)

Free Salad Friday – Enjoy a free Side Mixed Green or Side Caesar salad with any Pasta or Entrée

Switchback Saturday – Any Switchback Beer is \$4.00 (Dine in Only)

GF = Gluten Free Option V = Vegan VEG = Vegetarian Option DF = Dairy Free
Please inform any of our staff of food allergies or preferences so we can personalize your dining
We are proudly 100% Peanut / Tree Nut Free