

**Breakfast – available ALL DAY for your enjoyment**

Intensify our house roasted potatoes offered with many of our selections to our “VT Cheese and Onion Potatoes”... +2 additional

Lite Bite - One egg any style, small side of fruit & choice of multigrain toast or english muffin .....	6 (Veg/GF Option)
JULES Breakfast Sandwich - Any style of egg with choice of cheese on a toasted Bagel or English Muffin.....	5 (Veg/GF Option)
(Add VT cured bacon or butterflied VT maple sausage links for +2/ Pork Loin +5 additional)	
Breakfast Burrito - Three eggs, omelet style, Vermont Cheddar cheese & Pico de Gallo served in a floured tortilla with house roasted potatoes.....	10 (Veg)
2 Farm Fresh Eggs - Choice of bacon or sausage with house roasted potatoes and toast.....	10 (GF Option)
Hash & Eggs - 2 Eggs and Homemade corned beef hash served with house roasted potatoes and toast.....	15 (GF Option)
Fluffy Omelet - Choose...3 eggs or 4 egg whites and choice of Cheese served with house roasted potatoes and choice of toast.....	9 (Veg/GF Option)
(Goat or Blue Cheese +2 additional - we will gladly add any vegetable or protein items to personalize your omelet and price accordingly)	
Hash Omelet - 3 egg omelet made with our homemade hash, choice of cheese, house roasted potatoes and toast.....	15 (GF Option)
The Big Italian Omelet - 3 eggs, tomato, bacon, garlic, onion, basil, mozzarella & balsamic drizzle over baguette.....	14 (GF Option)
Daily Individual Frittata (ask for today's ingredients) Served with a side of fresh fruit.....	11 (Veg/GF)
Oatmeal - Served with mixed berries & brown sugar or local VT maple syrup.....	8 (GF/DF/V)
The Norwegian - Sliced Nova lox, tomato, red onion, cream cheese & capers served on a toasted bagel .....	15 (GF Option)
Belgium Style Waffle - Served with powdered sugar and warm VT maple syrup.. (Add chocolate chips or Strawberries or Blueberries +2 additional).....	9 (Veg)
Pancakes - 3 Old Fashioned griddled pancakes served with warm local Vermont maple syrup...(Add chocolate chips or Strawberries or Blueberries +2 additional).....	10 (Veg)
Gluten Free Pancakes - 3 pancakes served with warm local Vermont maple syrup (Please allow a minimum of 20mins to prepare).....	13 (GF/Veg)
Silver Dollar Pancakes - 3 smaller than our Griddle Pancakes served with warm local Vermont maple syrup...(Add chocolate chips or Berries +2 additional).....	6.5 (Veg)
Gluten Free Silver Dollar Pancakes - 3 smaller than our Griddle Pancakes served with Vermont maple syrup...(Add chocolate chips or Berries +2 additional).....	8 (GF/Veg)
Crème Brule French Toast - Homemade Cinnamon Loaf soaked in an egg custard served with warm VT maple syrup.....	11.5 (Veg/GF option)
Crème Brule Gluten Free French Toast - Homemade GF Cinnamon Loaf and warm VT maple syrup.....	14 (Veg/GF)
The Lumberjack - 3 eggs any style, 3 VT Maple sausage links, 3 strips of VT cured bacon, potatoes & choice of toast or 1 pancake.....	15 (GF option)
Steak & Eggs - 8oz Jules Steak served with 2 Eggs any style with house roasted potatoes and toast.....	21 (GF Option)

**The following breakfast items are not available after 4pm**

JULES Hole in One - 2 Farm Fresh Eggs omelet style mixed with fresh roasted peppers, onions, bacon, sausage & choice of cheese served inside a slice of multigrain toast with a side of fresh fruit or roasted potatoes (Goat or Blue Cheese +2 additional)	13 (GF option)
Warm Crepes - 3 thin French style pancakes served with powdered sugar and warm VT maple syrup.....	9 (Veg)
(Add chocolate chips or Strawberries or Blueberries +2 additional)	
Savory Crepes - 2 crepes stuffed with chicken, broccoli, mushrooms, onions, cheddar cheese & topped with hollandaise sauce.....	14 (Veg)
JULES Benedicts - Choice of... Traditional Eggs Benedict - Served with VT uncured pork loin & 2 poached eggs over toasted english muffin with hollandaise sauce & potatoes	13.5 (GF Option)
Salmon Eggs Benedict - Served with sliced Nova lox & 2 poached eggs over toasted english muffin with hollandaise sauce & roasted potatoes	14.5 (GF Option)
Vegetarian Eggs Benedict - Spinach, tomato & 2 poached eggs over portabella mushroom caps, with hollandaise sauce & roasted potatoes.....	12.5 (VEG/GF Option)
Hash Benedict - 2 poached eggs over our homemade corn beef hash served on a toasted english muffin with hollandaise sauce & potatoes.....	14.5 (GF Option)

**Lite Fare / Appetizers**

Homemade Garlic Bread.....	5 (V/DF) w/cheese 6 (VEG) w/cheese and Marinara	8 (VEG)
Parsnip Chips - Enjoy a bowl of our own homemade parsnip chips perfectly seasoned for you to enjoy or share .....		6 (V/GF)
Pretzel Bites - 10 Bites served with choice of Honey or Dijon Mustards.....		8 (VEG)
House Spiced Chick Peas - Sautéed chick peas with a hint of spice.....		5 (V/GF)
Stuffed Portabella Cap - Portabella mushroom cap stuffed with roasted peppers, tomato & VT cheddar cheese.....		7 (V/GF/GF)
Individual Caprese Salad - Fresh mozzarella, tomato and basil drizzled with imported balsamic vinegar.....		7 (VEG/GF)
Fried Mozzarella - Fresh mozzarella breaded & deep fried served with Marinara Sauce.....		7 (V/GF option)
Homemade Bruschetta - 6 Slices of grilled baguette bread drizzled with olive oil topped w/ tomatoes & herbs.....		7 (V/GF option)
Homemade Hummus Platter - Chick pea puree served with sliced vegetables and house made pita chips .....		10 (V/GF Option)
Cheese Quesadilla - Grilled tortilla filled with VT cheddar cheese served with sour cream & Pico de Gallo. (Add Grilled Chicken or BBQ Chicken +5 or Steak +8).....		7 (VEG)
Taste of Italy - Our chef serves you a sample of 2 Fried Mozzarella, Caprese Salad, Bruschetta & Marinara Sauce.....		9 (VEG/GF)

**Wings ~ (GF/DF) ½ Dozen - \$8 / 1 Dozen - \$14 / Party (18) - \$20 served with a choice of Blue Cheese or Ranch Dressings**

Choose one of the following sauces per selection..... **Buffalo / Maple BBQ / BBQ / Asian Teriyaki / Carolina Style / Jules Chef Sauce**

**Broths and Soups**

Just Broth - a mug of our house made chicken or vegetable broth.....	4 (GF/DF)
Bowl of our House made soups.....	5 small Bowl / 7.5 large Bowl or Takeout 5 for 8oz / 10 for 32oz
- Chicken Vegetable Soup with VT Farm Shredded Chicken and a choice of rice or pasta (DF / GF Pasta Available)	
- Garden Vegetable Soup made with a daily selection of VT Farm vegetables (V/GF Pasta Available)	
- Soup of the Day (Chef Selection)	
Soup, Salad & Bread – enjoy a small bowl of our soup, side salad and warm bread.....	10

**Personal Salad ~ “Build Your Own”**

								8 (V/GF)
<b>Greens (Choose 1)</b>	<b>Basics (Choose 5)</b>		<b>Add a Protein (additional)</b>		<b>Dressings (Choose 1)</b>			
Romaine	Mushrooms	Chick Peas	Black Olives	Chicken or Chicken Salad + 5	House -Balsamic Vinaigrette (DF)			
Spinach	Broccoli	Onions	Cheese	Egg +2 Bacon +2	Herbed Ranch			
Arcadian Mixed Greens	Carrots	Tomatoes	Cucumbers	Salmon +8 Shrimp (3) +7	Classic Blue Cheese			
(Mix of all 3 Greens +1)	Greek Olives	Peas	Dried Cranberries	Steak Tips (3) +8	Olive Oil & Balsamic Vinegar			
	Zucchini			Crumbled Blue or Goat Cheese +2	Honey Mustard			
					Caesar Asian Ginger			

**Signature Salads (No Substitutions)**

BBQ Chicken Salad - Mixed greens, chick peas, tomato, chicken, corn with zesty ranch & BBQ sauce drizzle.....	14 (GF)
Caesar Salad - Romaine Lettuce tossed with creamy Caesar dressing and parmigiana Romano cheese.....	9 (GF)
Asian Noodle Salad - Chilled rice noodles, julienned carrots, red peppers, cucumber & cabbage in a ginger soy dressing.....	12 (V/GF)
Vegetable Quinoa Bowl - Quinoa mixed with tomato, cucumber, scallions and dried cranberries & balsamic dressing.....	12 (V/GF)
Trio Platter - Select three of the following items for a delicious sampler that's just enough.....	15 (GF/DF Option)
Chicken Salad / Quinoa Salad / Mixed Greens / Caesar Salad / Soup of the day / Fruit Bowl / Asian Noodle Salad / French Fries / Onion Rings	
Steak Salad - Mixed greens, tomato, onion, sliced steak, crumbled blue cheese & balsamic reduction drizzle.....	16 (GF)
Essex Salad - Heart of romaine grilled & topped with sliced Steak or Shrimp, sautéed onions, Romano & Crumbled Blue cheese & drizzled with Caesar dressing.....	16 (GF)
JULES Salad - Mixed greens tossed with tomato, onion, roasted red peppers, mozzarella & balsamic dressing.....	12 (GF)

**Burgers – always served “deluxe” with French Fries**

Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional

Cheese Selection..... Cheddar, American, Swiss, Mozzarella (Crumbled Blue Cheese or Goat Cheese +2)

Beef Burger - Freshly ground beef served with lettuce, tomato, onion, choice of cheese .....	Add Fried Egg or Bacon or Sautéed Mushrooms or Onions +2 Additional.....	12.5 (GF Option)
Turkey Burger - Freshly ground turkey served with lettuce, tomato, onion, choice of cheese .....		12.5 (GF Option)
Black Bean Burger - Served with lettuce, tomato, onion and choice of cheese .....	V - if no cheese .....	12.5 (GF Option)
Pizza Burger - Choice of ground Beef, Turkey or Black Bean Veggie (V) Served with Marinara Sauce & Mozzarella Cheese .....		12.5 (GF Option)
Sliders - 3 beef slider size burgers served with lettuce, tomato, onion, choice of cheese .....		12

**JULES Signature Burgers (No Substitutions) with French Fries**

Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional

Portabella Mushroom Burger - We exchanged the beef for jumbo portabella mushrooms served with lettuce, tomato, onion, choice of cheese .....	V - if no cheese .....	12 (GF Option)
Buffalo Burger - Beef burger with Crumbled Blue Cheese and Buffalo Hot Sauce making this a “Hot” burger with lettuce, tomato & onions .....		13 (GF Option)
Breakfast Burger - Beef burger with Bacon, Egg & Cheese .....		15 (GF Option)
Inside Out Burger - Beef burger wrapped with diced bacon & caramelized Cheddar Cheese served with lettuce, tomato & onion .....		15 (GF Option)
Mansfield Burger - Beef burger, VT Uncured Pork & Bacon, Crumbled Blue Cheese & sautéed onions .....		15 (GF Option)
Double Monster Burger - Two beef burgers, double cheese served with lettuce, tomato & onions .....		18 (GF Option)

**1 COMMONWEALTH AVE  
ESSEX, VT 05452  
(Corner of Old Stage Rd & Rt. 15)**



**TAKE OUT MENU  
(802) 857-5994  
Revised August 2019**

**Sandwiches - served with French Fries**

*Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional*

Salmon BLT- Grilled salmon with VT cured bacon, lettuce, tomato and mayo .....	17 (DF / GF Option)
Chicken Parmigiana - Chicken Tenders fried and topped with mozzarella & homemade marinara sauce .....	12 (GF Option)
Grilled Chicken - Grilled chicken breast with lettuce, tomato, onion and choice of cheese .....	12 (GF Option)
Chicken Club - 3 pieces of multigrain bread layered with grilled chicken breast, bacon, lettuce, tomato & mayonnaise.....	14 (GF Option)
Buffalo Chicken Sandwich - Fried Chicken Tenders tossed in our Buffalo sauce topped with crumbled blue cheese, lettuce, tomato, onion .....	12 (GF Option)
Half Sandwich Combo select one of the <b>BELOW</b> sandwiches & pair it with a choice of cup of soup or side salad.....	10
Caprese - Fresh mozzarella, roasted peppers and basil served grilled cheese style.....	12 (Veg/GF Option)
Bambini - Traditional Grilled cheese with Vermont cheddar and tomato on thick cut bread.....	11 (Veg/GF Option)
Veggie Sandwich - Portobello mushrooms, roasted red peppers, tomato, red onion and goat cheese.....	12 (Veg/GF Option)
BLT- VT cured bacon, lettuce and tomato with mayo on the side .....	12 (DF/GF Option)

**Wraps – served with French Fries**

*Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional*

*(Choice of White or Spinach Wheat Wrap)*

Buffalo Chicken Wrap - Our breaded chicken strips tossed with buffalo sauce, lettuce, cherry tomatoes & onion.....	12
Chicken Caesar Salad Wrap - Fresh grilled chicken diced and tossed with romaine lettuce, Caesar dressing and grated parmigiana Romano cheese.....	12
Tarragon Chicken Salad - Our Chef's fresh chicken salad tossed with house made cranberry tarragon mayonnaise.....	12
Cheeseburger & Fries Wrap - Freshly ground beef rolled with lettuce, tomato, onion and your choice of cheese wrapped with French Fries .....	13

**Pasta - (Gluten Free Pasta Also Available)**

Pasta "Agilo e' Olio / Garlic & Oil" - Pappardelle pasta sautéed fresh broccoli, tomato, parsley & Romano cheese .....	13 (VEG-GF/DF Option)
Pasta al Forno - Farfalle pasta baked with mozzarella cheese in our own marinara sauce.....	13 (VEG-GF Option)
Pasta Primavera - Pappardelle pasta with broccoli, tomatoes, zucchini, mushrooms & peppers in our own marinara sauce.....	15 (GF Option/DF/V)
Pasta Carbonara - Farfalle pasta sautéed in a cream sauce with egg, VT bacon, peas & parmigiana cheese.....	15 (GF Option/DF/V)
Pasta alla Vodka - Farfalle pasta sautéed with VT cured bacon, red onions, fresh garlic in a pink cream sauce.....	15 (GF Option)
<i>add Chicken +5 / Add Shrimp +7</i>	
Pasta Fantasia - Farfalle pasta with chicken, portabella mushrooms, roasted red peppers & fresh mozzarella & Marinara sauce.....	19 (GF Option)
Pasta Alfredo - Pappardelle pasta, Chicken, Broccoli & VT cured bacon mixed with our homemade Alfredo cream sauce .....	19 (GF Option)
Pasta Milano - Pappardelle pasta with jumbo shrimp, zucchini & tomatoes in a pink vodka sauce.....	22 (GF Option)
Pasta Mare- Farfalle pasta sautéed with pan seared flaked salmon, zucchini, diced tomato, garlic, oil & lemon sauce.....	22 (GF Option)

**Entrees**

Crispy Chicken Strips - Breast of Chicken Strips fried and served with choice of French Fries, Onion Rings or Mixed Greens <i>(Choice of dipping sauces BBQ, Honey Mustard, Ranch).....</i>	16 (GF Option/DF)
Pan Roast Chicken - Lemon wine sauce topped with capers. Served over choice of pasta, rice or sautéed spinach.....	19 (GF Option/DF)
Chicken Primavera - Lemon marinated chicken breasts sautéed in a white wine sauce with vegetables over a bed of rice.....	19 (GF/DF)
Chicken Parmigiana - Chicken breast fried and topped with mozzarella & marinara sauce over Pappardelle pasta.....	19 (GF Option)
Chicken Toscana - Chicken breast sautéed and topped with Mozzarella, Roasted Peppers & spinach served over Pappardelle pasta, lemon wine sauce .....	22 (GF option)
Veal Milanese - Breaded milk fed veal on a bed of Arcadian mixed greens, tomatoes, onions .. <i>(plain or with a side of sauce)</i> .....	18 (GF/DF)
Veal Parmigiana - Breaded milk fed veal, marinara sauce, baked with mozzarella served over Pappardelle pasta.....	22 (GF option)
"JULES" Cut 8oz Top Sirloin Center Cut Steak - perfectly grilled served with Fingerlings Potatoes & vegetables .....	22 (GF/DF)
"JULES" Steak Tips - Marinated beef tips served with onions, peppers & tomatoes over rice.....	21 (DF)
American Mixed Grill - 3 Beef Tips, 3 Shrimp & Chicken breast grilled with vegetables served over a bed of rice.....	27 (GF/DF)
Fish & Chips - Fried battered Fillet of Haddock served over a bed of French fries .....	16
Pan Seared Salmon - served with vegetables & finished with a Citrus Wine sauce over a bed of rice .....	24 (GF/DF)
Shrimp Scampi - Sautéed in a scampi garlic & wine sauce. Served over a bed of pasta and sautéed spinach.....	24 (GF Option/DF)
Shrimp Fra Diavolo (Hot & Spicy) - Sautéed in our marinara sauce with crushed red pepper, garlic over Pappardelle pasta.....	22 (GF Option/DF)

**Child Selections (10 & under please) includes a Soft Drink or Milk (no refills)..... 7**

- One Egg & Toast - with choice of 1 strip of bacon or 1 sausage link (GF Option)
- Mac & Cheese - served with Fresh Grapes (GF Option)
- Crispy Chicken Strips - 2 strips served with French Fries or Apple Sauce (GF)
- Pasta - choice of Butter or Marinara Sauce served with fresh grapes (GF Option)

**SIDES & ACCOMPANIMENTS**

Fresh Fruit Bowl.....5	Pancake 1 cake.....4..... Gluten Free.....5	French Fries.....6 (GF)
Extra Egg (any style).....2	Mac & Cheese.....(GF Option).....7	Onion Rings.....7
French Toast.....1 piece.....6..... Gluten Free..... 8	Side House or Caesar Salad .....5	Roasted Potatoes.....7 (GF)
Bacon or Sausage.....4 pieces.....4	Side Vegetables of the day.....6	"Cheese & Onion" Roasted Potatoes...9 (GF)
Toast or Bagel or English Muffin.....3 with butter (GF Option)	Side Pasta (GF Option).....6 Choice of Plain or Butter Sauce or Marinara Sauce	Sweet Potatoes Fries.....9 (GF)
Homemade Corned Beef Hash. ....(GF)7	Side of Baguette Bread with Butter...(GF Option) 3.5	Apple Sauce.....3

We celebrate the relationship of Vermont and our communities with quality food and beverages. We believe partnering with many local influences helps make your experience more enjoyable. We are proud to share that our restaurant is 100% Peanut/Tree Nut Free, food allergy aware and a member of the Vermont Fresh Network. Our Kitchen does use and makes items with Wheat, Eggs, Dairy, Soy & Shellfish/Fish but welcomes any special request. We work hard to assure no cross contamination and/or cross contact. We ask our guests to use the information that we provide based on their personal dietary needs before consuming any of our dishes. Since not all allergies are the same we advise guests with serious allergies to assess their own requirements and consume dishes at their own risk.

To help with our stated mission as well as follow the VT Department of Liquor Control policies, we ask our guests to not bring any outside food or beverages into our restaurant or onto our patio. Thank you for your understanding!

**7 Days of Specials**

**ENJOY A SPECIAL DISCOUNT EVERY DAY OF THE WEEK**

*Subject to change ~ Always Check Restaurant for Current Offerings*

**Saucy Sunday** - \$3.00 off all pasta dishes

**Munchie Monday** - \$2.50 Appetizers with any sandwich, burger or entrée purchased choose from...

**Parsnip Chips, Spicy Chic Peas, Garlic Bread, Cup of Soup**

**Tequila Tuesday** - \$5.00 Margaritas & any Tequila Cocktail (Dine in Only)

**Wild Wing Wednesday** - 50¢ cent wings ~ Minimum 12 - Dine in/Take out with any sandwich, burger or entrée purchased

**Thirsty Thursday** - \$6.00 Wine & Beer Special (ask your server for this weeks selection)

**Fish Fry Friday** - \$3.00 off our fabulous Fish & Chips

**Switchback Saturday** - 16oz Switchback Beer for only \$5.00 (Dine in Only)

GF = Gluten Free Option V = Vegan VEG = Vegetarian Option DF = Dairy Free  
Please inform any of our staff of food allergies or preferences so we can personalize your dining  
We are proudly 100% Peanut / Tree Nut Free