## **1 COMMONWEALTH AVE ESSEX, VT 05452**

(Corner of Old Stage Rd & Rt. 15)

**Broths and Soups** 

Just Broth - a mug of our house made chicken or vegetable broth.....



TAKE OUT MENU (802) 857-5994

4 (GF/DF)

.9 (V/GF)

12.5 (GF Option)

12.5 (GF Option)

12.5 (GF Option)

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12.5(GF Option)

14 (GF Option) 16 (GF Option) 15.5 (GF Option) 16 (GF Option) 18 (GF Option) 22 (GF Option)

Breakfast - available ALL DAY for your enjoyment Intensify our house roasted potatoes offered with many of our selections to our "VT Cheese and Onion Potatoes"... +2 additional Substitute toast for bagel or house made cinnamon bread +1 6.5 (Veg/GF Option) 5.5 (Veg/GF Option) 11 2 Farm Fresh Eggs - Choice of bacon or sausage with house roasted potatoes and toast... .. 11 (GF Option) 15.5 (GF Option) 11 (Veg/GF Option) 15.5 (GF Option) 14 (GF Option) 11.5 (Veg/GF) 8 (GF/DF/V) 15.5 (GF Option) (GF/Veg) 6.5 (Veg) 9.5 (GF/Veg) 11.5 (Veg/GF option) 14.5 (Veg/GF) 15.5 (GF option) 21.5 (GF Option) e following breakfast items are not available after 4pm . 13.5 (GF option) **JULES Benedicts** JULES Crepes Traditional Eggs Benedict......14 (GF Option) Traditional .....9.5 Heavenly Chocolate.... Salmon Eggs Benedict......15 (GF Option)

Vegetarian Eggs Benedict.....13 (VEG/GF Option) Berries Galore. The International.....14 Farmers Favorite.....14 Hash Benedict..... ..15 (GF Option) Lite Fare / Appetizers Homemade Garlic Bread... 6 (V/DF).... .. w/cheese 7 (VEG) Parsnip Chips - Enjoy a bowl of our own homemade parsnip chips perfectly seasoned for you to enjoy or share ...... (V/GF) Pretzel Bites - 10 Bites served with choice of Honey or Dijon Mustards..... 8.5 (VEG) House Spiced Chick Peas - Sautéed chick peas with a hint of spice.... 6 (V/GF) Stuffed Portabella Cap - Portabella mushroom cap stuffed with roasted peppers, tomato & VT cheddar cheese.. 7.5 (VEG/GF) Individual Caprese Salad - Fresh mozzarella, tomato and basil drizzled with imported balsamic vinegar... 7.5 (VEG/GF) Fried Mozzarella - Fresh mozzarella breaded & deep fried served with Marinara Sauce... 7.5 (V/GF option) Homemade Bruschetta - 6 Slices of grilled baguette bread drizzled with olive oil topped w/ tomatoes & herbs... 7.5 (V/GF option) Homemade Hummus Platter - Chick pea puree served with sliced vegetables and house made pita chips 10 (V/GF Option) Cheese Quesadilla - Grilled tortilla filled with VT cheddar cheese served with sour cream & Pico de Gallo...(Add Grilled Chicken or BBQ Chicken +5 or Steak +8).. 7 (VEG) Taste of Italy - Our chef serves you a sample of 2 Fried Mozzarella, Caprese Salad, Bruschetta & Marinara Sauce.. (VEG/GF) Wings ~ (GF/DF) ½ Dozen - \$8.5 / 1 Dozen - \$14.5 / Party (18) - \$20 served with a choice of Blue Cheese or Ranch Dressings Choose one of the following sauces per selection ...... Buffalo / Maple BBQ / BBQ / Asian Teriyaki / Carolina Style / Jules Chef Sauce

Bowl of our House made soups. ...5 small Bowl / 7.5 large Bowl or Takeout 5 for 80z / 10 for 320z  ${\it Chicken Vegetable Soup with VT Farm Shredded Chicken and a choice of rice or pasta (DF/GF Pasta Available)}$ Garden Vegetable Soup made with a daily selection of VT Farm vegetables (V/GF Pasta Available) Soup of the Day (Chef Selection)

Soup, Salad & Bread – enjoy a small bowl of our soup, side salad and warm bread... 10

Personal Salad ~ "Build Your Own". Basics (Choose 5) Add a Protein (additional) Greens (Choose 1) Dressings (Choose 1) Chicken or Chicken Salad + 5 Egg +2 Bacon +2 House –Balsamic Vinaigrette (DF) Romaine Mushrooms Chick Peas Black Olives Spinach Cheese Cucumbers Herbed Ranch Asian Ginger Broccoli Onions Salmon +8 Shrimp (3) +7 Arcadian Mixed Greens Classic Blue Cheese Carrots Tomatoes Steak Tips (3) +8 Crumbled Blue or Goat Cheese +2 Olive Oil & Balsamic Vinegar (Mix of all 3 Greens +1) Greek Olives Peas Dried Cranberries

Honey Mustard Signature Salads (No Substitutions) BBQ Chicken Salad - Mixed greens, chick peas, tomato, chicken, corn with zesty ranch & BBQ sauce drizzle. 14.5 (GF) Caesar Salad - Romaine Lettuce tossed with creamy Caesar dressing and parmigiana Romano cheese..

9 (GF) 12.5 (V/GF) Asian Noodle Salad - Chilled rice noodles, julienned carrots, red peppers, cucumber & cabbage in a ginger soy dressing.... Vegetable Quinoa Bowl - Quinoa mixed with tomato, cucumber, scallions and dried cranberries & balsamic dressing... 12.5 (V/GF) Trio Platter - Select three of the following items for a delicious sampler that's just enough.... 16 (GF/DF Option)

Chicken Salad / Quinoa Salad / Mixed Greens / Caesar Salad / Soup of the day / Fruit Bowl / Asian Noodle Salad / French Fries / Onion Rings ak Salad - Mixed greens, tomato, onion, sliced steak, crumbled blue cheese & balsamic reduction drizzle.....

Cobb Salad - Mixed greens, tomato, red onion, sliced egg, crumbled blue cheese, diced chicken & dices bacon..... Essex Salad - Heart of romaine grilled & topped with sliced Steak or Shrimp, sautéed onions, Romano & Crumbled Blue cheese & drizzled with Caesar dressing...... 15.5 (GF) 16 (GF)

#### Burgers - always served "deluxe" with French Fries Substitute French Fries for Mixed Greens. Onion Rings or Sweet Potato Fries for +2 additional

Cheese Selection...... Cheddar, American, Swiss, Mozzarella (Crumbled Blue Cheese or Goat Cheese +2) Turkey Burger - Freshly ground turkey served with lettuce, tomato, onion, choice of cheese. Black Bean Burger - Served with lettuce, tomato, onion and choice of cheese ... .V - if no cheese . Pizza Burger - Choice of ground Beef, Turkey or Black Bean Veggie (V) Served with Marinara Sauce & Mozzarella Cheese ...

JULES Signature Burgers served "deluxe" with French Fries Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional

Portabella Mushroom Burger - We exchanged the beef for jumbo portabella mushrooms served with lettuce, tomato, onion, choice of cheese ........ V - if no cheese ..... 

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Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional Sandwiches - served with French Fries Salmon BLT- Grilled salmon with VT cured bacon, lettuce, tomato and mayo. (DF / GF Option) Chicken Parmigiana – Chicken Tenders fried and topped with mozzarella & homemade marinara sauce .... 12.5 (GF Option) Grilled Chicken - Grilled chicken breast with lettuce, tomato, onion and choice of cheese 12 (GF Option) Chicken Club - 3 pieces of multigrain bread layered with grilled chicken breast, bacon, lettuce, tomato & mayonnaise.... 14.5 (GF Option) Buffalo Chicken Sandwich - Fried Chicken Tenders tossed in our Buffalo sauce topped with crumbled blue cheese, lettuce, tomato, onion .... 12.5 (GF Option) Half Sandwich Combo select one of the **BELOW** sandwiches & pair it with a choice of cup of soup or side salad...... 10.5 Caprese - Fresh mozzarella, roasted peppers and basil served grilled cheese style... 12.5 (Veg/GF Option) Bambini - Traditional Grilled cheese with Vermont cheddar and tomato on thick cut bread... 11 (Veg/GF Option) Veggie Sandwich - Portobello mushrooms, roasted red peppers, tomato, red onion and goat cheese... 12.5 (Veg/GF Option) BLT - VT cured bacon, lettuce and tomato with mayo on the side . 12 (DF/GF Option) Wraps - served with French Fries Substitute French Fries for Mixed Greens, Onion Rings or Sweet Potato Fries for +2 additional (Choice of White or Spinach Wheat Wrap) Buffalo Chicken Wrap - Our breaded chicken strips tossed with buffalo sauce, lettuce, cherry tomatoes & onion. Chicken Caesar Salad Wrap - Fresh grilled chicken diced and tossed with romaine lettuce, Caesar dressing and grated parmigiana Romano cheese..... 12.5 Tarragon Chicken Salad - Our Chef's fresh chicken salad tossed with house made cranberry tarragon mayonnaise.. 12.5 Cheeseburger & Fries Wrap - Freshly ground beef rolled with lettuce, tomato, onion and your choice of cheese wrapped with French Fries ...... 13.5 <u>Pasta</u> - (Gluten Free Pasta Also Available) "Agilo e' Olio / Garlic & Oil" - Pappardelle pasta sautéed fresh broccoli, tomato, parsley & Romano cheese .. 13 (VEG-GF/DF Option) Farfalle al Forno - Farfalle pasta baked with mozzarella cheese in our own marinara sauce..... 13 (VEG-GF Option) Pappardelle al Pesto - pasta sautéed with house made "nut free" fresh pesto cream sauce..... 16 (GF Option/DF/V) Primavera - Pappardelle pasta with broccoli, tomatoes, zucchini, mushrooms & peppers in our own marinara sauce.... 16 (GF Option/DF/V) Carbonara - Farfalle pasta sautéed in a cream sauce with egg, VT bacon, peas & parmigiana cheese...... 16 (GF Option/DF/V) Puttanesca - Farfalle pasta sautéed with olive oil, tomato, marinara sauce, imported olives & capers. 16 (GF Option/DF/V) Farfalle alla Vodka - Farfalle pasta sautéed with VT cured bacon, red onions, fresh garlic in a pink cream sauce... 16 (GF Option) add Chicken +5 / Add Shrimp +7 Fantasia - Farfalle pasta with chicken, portabella mushrooms, roasted red peppers & fresh mozzarella & Marinara sauce...... 18 (GF Option) Alfredo - Pappardelle pasta, Chicken, Broccoli & VT cured bacon mixed with our homemade Alfredo cream sauce. 18 (GF Option) Florentine - Pappardelle pasta with chicken & spinach mixed with multiple cheeses making this a fabulous cream sauce..... 18 (GF Option/DF/V) Milano - Pappardelle pasta with jumbo shrimp, zucchini & tomatoes in a pink vodka sauce. 22 (GF Option) Mare- Farfalle pasta sautéed with pan seared flaked salmon, zucchini, diced tomato, garlic, oil & lemon sauce... 22 (GF Option) Crispy Chicken Strips - Breast of Chicken Strips fried and served with choice of French Fries, Onion Rings or Mixed Greens
(Choice of dipping sauces BBQ, Honey Mustard, Ranch)... (GF Option/DF) Pan Roast Chicken - Lemon wine sauce topped with capers and served over rice..... 19 (GF Option/DF) Chicken Primavera - Lemon marinated chicken breasts sautéed in a white wine sauce with vegetables over a bed of rice.... 19 (GF/DF) Chicken Parmigiana - Chicken breast fried and topped with mozzarella & marinara sauce over Pappardelle pasta... 19 (GF Option) 22 (GF option) 22 (GF option) 18 (GF/DF) 22 (GF option) 24 (GF option) Veal Marsala – milk feed veal sautéed with portabella mushrooms, masala wine & olive oil served over Pappardelle pasta.... "JULES" Cut 80z Top Sirloin Center Cut Steak - perfectly grilled served with Fingerlings Potatoes & vegetables 22 (GF/DF) "JULES" Steak Tips - Marinated beef tips served with onions, peppers & tomatoes over rice... 21 (DF) American Mixed Grill - 3 Beef Tips, 3 Shrimp & Chicken breast grilled with vegetables served over a bed of rice.... 27 (GF/DF) Fish & Chips - Fried battered Fillet of Haddock served over a bed of French fries ... 18 (DF) Pan Seared Salmon - served with vegetables & finished with a Citrus Wine sauce over a bed of rice . 24 (GF/DF) Shrimp Scampi - Sautéed in a scampi garlic & wine sauce. Served over a bed of pasta and sautéed spinach... 24 (GF Option/DF) Shrimp Fra Diavolo (Hot & Spicy) - Sautéed in our marinara sauce with crushed red pepper, garlic over Pappardelle pasta.... 22.5 (GF Option/DF) Baked Mac & Cheese Creations.....13 (GF Option) - Classic - Tomato Basil

- Cajun Shrimp +7 - Mushroom & Spinach - Corned Beef Hash - Classic - BBQ Chicken - Buffalo Chicken - Totally VT Pork - Mixed Veggies

### SIDES & ACCOMPANIMENTS

Fresh Fruit Bowl6	Pancake 1 cake4.5 Gluten Free5.5	French Fries
Extra Egg (any style)2	Sweet Potatoes Fries9 (GF)	Onion Rings7
French Toast 1 piece7 Gluten Free 8	Side House or Caesar Salad5	Roasted Potatoes7(GF)
Bacon or Sausage4 pieces5	Side Vegetables of the day6.5	"Cheese & Onion" Roasted Potatoes9 (GF)
Toast or Bagel or English Muffin3 with butter (GF Option)	Side Pasta (GF Option)	Side of Baguette Bread with Butter(GF Option) 4
Homemade Corned Beef Hash(GF)8.5	Apple Sauce3	

We celebrate the relationship of Vermont and our communities with quality food and beverages. We believe partnering with many local influences helps make your experience more enjoyable. We are proud to share that our restaurant is 100% Peanut/Tree Nut Free, food allergy aware and a member of the Vermont Fresh Network. Our Kitchen does use and makes items with Wheat, Eggs, Dairy, Soy & Shellfish/Fish but welcomes any special request. We work hard to assure no cross contamination and/or cross contact. We ask our guests to use the information that we provide based on their personal dietary needs before consuming any of our dishes. Since not all allergies are the same we advise guests with serious allergies to assess their own requirements and consume dishes at their own risk.

> To help with our stated mission as well as follow the VT Department of Liquor Control policies, we ask our guests to not bring <u>any</u> outside food or beverages into our restaurant or onto our patio. Thank you for your understanding!

Have your next party, business meeting or special event in our private banquet room! Call (802) 857-5994 or speak with a manager to schedule an appointment to assist with your planning.

