

RUSSWIN FRANCISCO, Ph.D.

Workshops on Leadership, Power, and Human Behavior

FROM INSIGHT TO APPLICATION

Dr. Russwin Francisco designs and leads interactive workshops that help leaders and teams recognize—and work with—the hidden dynamics shaping behavior, culture, and decision-making.

This is not theory alone. Participants learn to see these forces in real time—and respond with clarity, intention, and integrity.

WHY THESE WORKSHOPS MATTER

Most leadership training focuses on skills and frameworks.

These workshops focus on what actually drives behavior:

- Power dynamics
- Identity and belonging
- Unspoken cultural rules
- Misalignment between values and action

When these forces become visible, leaders gain the ability to navigate them effectively.

WORKSHOP OUTCOMES

Participants will:

- Recognize hidden dynamics as they unfold
 - Navigate power structures and difficult conversations
 - Build trust and psychological safety
 - Align behavior with values under pressure
 - Reduce friction and miscommunication within teams
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SIGNATURE WORKSHOP THEMES

Making the Invisible Visible

Understanding the hidden forces shaping leadership and organizational behavior

Power, Identity, and Organizational Life

How dynamics of identity and power influence decision-making and culture

Leadership Integrity in Practice

Aligning values, behavior, and authority under real-world conditions

Psychological Safety Beyond the Buzzword

Building trust in environments shaped by risk, pressure, and complexity

FORMATS

- Half-day workshops
 - Full-day immersive sessions
 - Multi-session engagements
 - Executive team intensives
 - Virtual and in-person options
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IDEAL AUDIENCES

- Leadership teams
 - Organizational staff and managers
 - Universities and academic institutions
 - Healthcare and public sector professionals
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ABOUT DR. RUSSWIN FRANCISCO

Dr. Russwin Francisco is a speaker, educator, entrepreneur, and thought leader whose work focuses on the hidden forces shaping human behavior, leadership, and culture.

He brings a rare interdisciplinary perspective grounded in:

- Academic research (Ph.D., Epistemological Sciences)
- Business leadership (Founder & President, Bite the Fruit)

- Higher education (15+ years faculty and administration)
- Creative work (award-winning film producer and performer)

His workshops help organizations move from awareness to action—translating insight into real behavioral change.

BOOKING INFORMATION

To inquire about workshops, customization, or availability:

Email: russwin@bitethefruit.com

Website: drrusswin.com

CALL TO ACTION

Bring this work into your organization.

Request workshop details and start the conversation today.