

DESA Holistic Wellbeing

Bariatric Wellbeing Referral Form

Thank you for referring your patient/client to DESA Holistic Wellbeing.

DESA Holistic Wellbeing provides compassionate, evidence-informed counselling and wellbeing support for individuals considering bariatric surgery or adjusting to life after surgery.

We welcome referrals from GPs, specialists, surgeons, practice nurses and allied health professionals. Following referral, the patient will be contacted directly by Desanka Ogrizovic to discuss their goals, explain the counselling process, complete the required intake forms and arrange an appointment.

Referrer Details

Name
Profession
Practice/Organisation
Phone
Email

Patient Details

Full Name
Date of Birth
Phone Number
Email Address

Reason for Referral

- ☐ Considering bariatric surgery
- ☐ Pre-operative counselling
- ☐ Post-operative counselling
- ☐ Emotional eating
- ☐ Weight regain concerns
- ☐ Lifestyle and behaviour change
- ☐ Body image and self-confidence
- ☐ Emotional wellbeing
- ☐ Ongoing bariatric support
- ☐ Unsure – Please assess
- ☐ Other

Does the patient already have a bariatric surgeon?

Yes / No

If yes, surgeon's name: _____

Additional Information

Please provide any relevant information that may assist with the referral.

Patient Consent

☐ I confirm the patient has consented to this referral and understands they will be contacted directly by DESA Holistic Wellbeing.

Fees

- Pre-operative Bariatric Wellbeing Counselling (50 min): **\$100 AUD**
- Post-operative Bariatric Wellbeing Counselling (50 min): **\$100 AUD**
- Ongoing Bariatric Wellbeing Counselling & Support (50 min): **\$120 AUD per session**

What Happens Next?

1. Patient contacted within 2 business days.
2. Intake forms and consent documents provided electronically.

3. Appointment scheduled.
4. If no bariatric surgeon has been selected, appropriate referral options can be discussed.
5. With patient consent, updates can be provided to the referring healthcare professional.

Desanka Ogrizovic

PACFA Clinical Counsellor | Bariatric Wellbeing Practitioner | Empowerment Coach

Supporting patients before, during and after their bariatric surgery journey through holistic emotional wellbeing, behaviour change and long-term success.