METHOTREXATE FOR ECTOPIC PREGNANCY

PATIENT INSTRUCTIONS

1. Refrain from alcohol use, multivitamins containing folic acid, and sexual intercourse until HCG titer is negative.
2. Call your physician if you experience prolonged or heavy vaginal bleeding.
3. You will probably experience an increase in lower abdominal or pelvic pain during the first 7 – 14 days of treatment. Call your physician if the pain is prolonged.
4. Begin an oral contraceptive or make sure you know how to use a barrier contraceptive method (condom.)
5. Make sure all your questions have been answered.
6. Approximately 4 – 5% of women experience unsuccessful methotrexate treatment and require surgery.
7. Your HCG level will be checked on days 4 and 7. If the HCG (pregnancy hormone) titer is not decreased on day 7, a second dose of methotrexate will be given on day 7. After the hormone level begins to fall, it will be checked weekly until it is negative.
8. Your day 4 and day 7 HCG levels need to be checked on:

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Date Date