



ALL ESTEEM TO YAHUAH
IN THE NAME OF YAHUSHA



Vol. 6 Issue 12

Aug. 2025

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The Detox



Psalm 119:9 (KJV)

*BETH. Wherewithal
shall a young man
cleanse his way? by
taking heed [thereto]
according to thy word.*

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DETOX

AND



REPENT

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WHEN YOU LOOK CLOSELY AT THE WORDS DETOX AND REPENTANCE, THEY'RE STRIKINGLY SIMILAR. DETOXING IS PHYSICAL — IT APPLIES TO THE BODY. BUT REPENTANCE? THAT'S SPIRITUAL.

ING

**REPENTANCE IS A SPIRITUAL
DETOX – ONE THAT REMOVES
BOTH THE VISIBLE AND
INVISIBLE TOXINS. IT
REACHES INTO THE UNSEEN
PLACES, PULLING OUT SIN
THAT SEPARATES US FROM
YAHUAH. AND AS IT PURGES
THE SPIRIT, IT AFFECTS THE
BODY TOO. WHEN WE
REPENT, WE ARE RESTORED.
RECONNECTED. REALIGNED
WITH THE FATHER. IT
BECOMES THE FOUNDATION
FOR A RIGHTEOUS LIFE AND
STRONGER PHYSICAL AND
SPIRITUAL WELL-BEING.**



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THE PROMISE THAT LEADS TO DETOX



2 Corinthians 7:1 (KJV)

Having therefore these promises,
dearly beloved, let us cleanse
ourselves from all filthiness of the flesh
and spirit, perfecting Set Apartness in
the fear of YAHUAH.

To help us rid ourselves of filth, the
encouragement we need comes from
the promises of YAHUAH through His
covenant: the promise of His
relationship with mankind to dwell and
walk within us, and for Him to be our
Mighty One and for us to be His people.

Even with these strong promises from
The Father, we cannot begin our detox
process until we acknowledge and
confess those ways we must get rid of.

1 John 1:9 (KJV) If we confess our sins,
He is faithful and just to forgive us
[our] sins, and to cleanse us from all
unrighteousness.

*We cleanse ourselves because of the
promises YAHUAH has given us — His
desire to dwell among us, to be our Mighty
One, and for us to be His people. But detox
begins with acknowledgement. You can't
remove what you won't confront.*



SEEKING THE KINGDOM OF YAHUAH FIRST



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Matthew 6:33 (KJV)

But seek ye first the kingdom of YAHUAH, and His righteousness; and all these things shall be added unto you.



Confession is only the start. Seeking the Kingdom is the action that follows. Confessing without change leads to stagnation or worse — spiritual decline. We must stop feeding our soul the very things we're trying to be free from.

YAHUAH's Word, His Laws, statutes, and commandments — these are our guardrails. They not only detox us from addictions and destructive patterns, but they also keep us in a state of renewal. They protect what's been purged.

SESSION TWO: WASHED & SET-APART

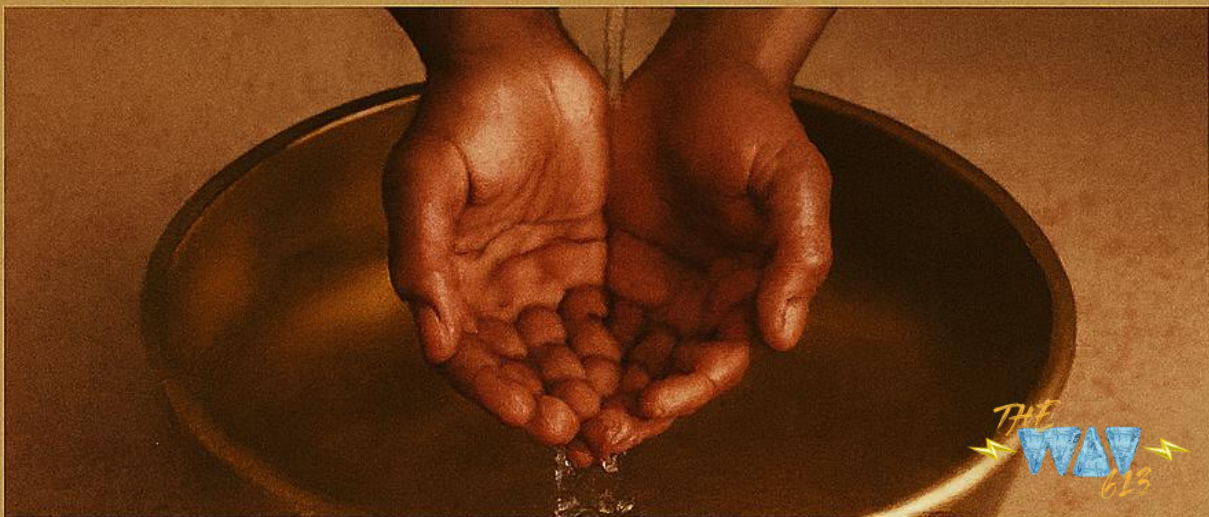
25 Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you.

26 A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh.

27 And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them.

EZEKIEL 36: 25-27 (KJV)

THIS AIN'T JUST ABOUT RINSIN' YOUR HANDS. THIS IS A WHOLE HEART RINSE. YAH IS SAYIN', 'I'LL WASH YOU MYSELF. I'LL GIVE YOU NEW BREATH TO MOVE DIFFERENT.'



WHEN YOU SURRENDER AND DETOX FROM THE WORLD. HE DOESN'T JUST CLEAN THE OUTSIDE—HE UPGRADES YOUR INNER SOFTWARE.

SESSION THREE: RENEWED MINDSET

Romans 12:2 (KJV)

**“AND BE NOT CONFORMED TO THIS
WORLD: BUT BE YE TRANSFORMED
BY THE RENEWING OF YOUR MIND,
THAT YE MAY PROVE WHAT IS THAT
GOOD, AND ACCEPTABLE, AND PERFECT,
WILL OF GOD.**

**IT'S TIME TO UNLEARN WHATEVER'S
KEEPIN' YOU STUCK ON SWAMP.
YAH AIN'T CALLIN' YOU TO FIT—
HE'S CALLIN' YOU TO FLIP YOUR
SCRIPT.**

**TRUE DETOX STARTS WHEN YOU DECIDE
TO THINK DIFFERENTLY. FROM THAT
POINT ON, YOUR STEPS WILL FOLLOW.**



Once we've been cleansed — spiritually detoxed — we can't just walk away empty. We must be girded up, fully armored in what YAHUSHA revealed as necessary for this walk.

YAHUSHA brought us everything the world tried to hide — the tools we need to live set apart. Through Him, we have access to truth, righteousness, peace, faith, salvation, and the Set Apart Spirit. This has always been The Father's Will from the beginning.



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THE ARMOR

THE DETOX



WASHED WITH
QODESH WATER.

FASTING FROM
THE WORLD AND FILLING
UP WITH LIVING WATER
FROM WITHIN.

I WASH MY FACE, NOT JUST
TO BE CLEAN—BUT TO BE SEEN.
SET APART.

ANOINTED WITH OIL FROM YAHUAH.
CLEANSED BY HIS WORD.
REFRESHED BY HIS RUACH.



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PSALM 119:9
“HOW CAN A YOUNG
MAN CLEANSE HIS WAY?
BY GUARDING IT
ACCORDING TO THY
WORD.”

OIL OF JOY



**Scriptures: Isaiah 61:3, Psalm
45:7, Exodus 30:25–32**

**Focus: Fresh anointing
for the days ahead**

"Then will I sprinkle
clean water upon you.."
Ezekiel 36:25

... He hath anointed
thee with oil of gladness..."
Psalm 45:7

CLEANSING COMES FIRST



MAYIM CHAYIM (LIVING WATER)

It isn't stagnant – it flows
This water washes away
tradition, trauma
and false identity

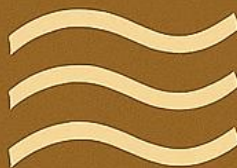
ANOINTING COMES AFTER



SHEMEN SASON (OIL OF JOY)

It is a mark of favor and
purpose
Joy isn't a feeling – it's
evidence of what's been
sealed in you

THE FLOW IS CONNECTED



You don't get overflow
if you bypass obedience

The Laver → The Anointing
→ The Stream



LIVING WATER ACTIVATED



Scripture: John 7:38 (KJV)

“He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.”

Breakdown: This detox ain't just removing junk—it's unlocking flow. Living water. That means what you speak, how you move, and how you love—it starts to pour out pure. You can't fake this. Once the Source is in you, the overflow tells on you.



INNOCENT FRUIT

YAHUSHA, the sower of the seed of life, is coming back looking for fruit – for proof that His seed took root. He's looking for love, joy, peace, patience, gentleness, goodness, faith, meekness, and self-control.

If He doesn't find it, we risk being counted among those who bore nothing for Him at all.

This kind of fruit doesn't come from the flesh. It comes from a life that's been detoxed – a soul that has been cleansed from its own desires and fully yielded to the Spirit.

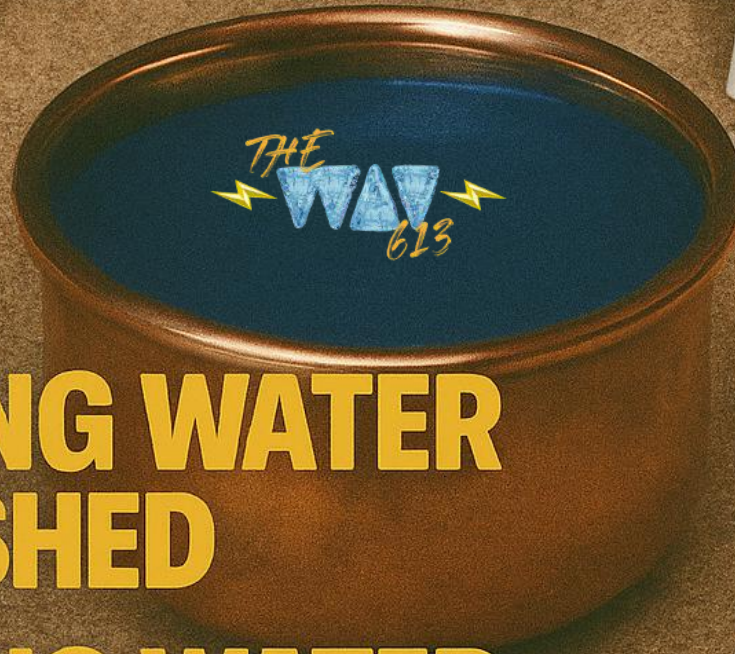
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**LIVING WATER
WASHED**

**LIVING WATER
SPRING FROM WITHIN**

**FASTING FROM THE WORLD AND
WASHING MY FACE WITH LIVING
WATER AND ANOINTED WITH
HOLY OIL FROM YAH!**

TITUS 1:16





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