

Kaleidium Permanent Cosmetics LLC
Post-Procedure Care and Instructions - Eyebrows

Congratulations on completing your permanent cosmetic procedure! Remember, you will be scheduled for a touch-up appointment approximately 6-8 weeks from now so that any necessary color adjustments and any 'fine tuning' of the treated area(s) will be performed.

In order to assist in successfully healing, please adhere to the below instructions:

- 1) A permanent cosmetic procedure is the equivalent of a skin-deep wound similar to a scratch. It is not uncommon to experience swelling, bruising, some oozing, scabbing, and/or itching during the healing process. Ice packs can be used as often as needed for swelling. Remember to place a barrier between the ice packs and your skin.
- 2) Ibuprofen or Naproxen may also be used to reduce swelling or discomfort following your procedure.
- 3) Do not expose the treated area to sun, tanning beds, etc., during the healing process. Once healed, you should apply a strong sunscreen to the pigmented area for sun protection and to prevent the pigment from abnormally fading.
- 4) Do not apply soaps, cleansing creams, or chemicals to the pigmented area for at least ten (10) days. Use clean ice water and pat the treated area dry – do not rub! After ten (10) days, you may begin using a gentle antibacterial soap, pat dry, and immediately reapply your ointment to the area.
- 5) Do not soak your face in the shower, hot tub, or chlorinated water for at least ten (10) days. Chlorine can lighten your permanent makeup and negatively affect your overall results.
- 6) As the treated area is healing, it may begin to feel extremely tight. Use Vitamin A&D Ointment to minimize dryness and for added protection against dust and debris. It is important to keep the treated area coated with a thin layer of ointment to prevent scabbing; however, use it sparingly. Too much ointment can negatively affect pigment retention.
- 7) Do not ever pick, scratch, or pull at your eyebrows! If they itch, apply your ointment gently with a clean Q-Tip in a light circular motion. Note, if you experience increasing redness or itchiness after a few days, discontinue the use of any ointments as you may be reacting to them.
- 8) Do not apply Retin-A or any other type of glycolic acids, exfoliates or anti-aging products directly to the pigmented area. These can cause pigment fading at any time; therefore, you should leave at least a 1/4 inch buffer area around your permanent cosmetics when, and if, applying.
- 9) Do not resume any method of eyebrow hair removal (waxing/tweezing) or eyebrow tinting for at least two (2) weeks after your procedure and do not resume electrolysis for at least six (6) weeks after your procedure. You will receive a new, disposable eyebrow razor to take home which can be used after your initial two (2) week healing period for shaping and/or removing any stray eyebrow hairs that have grown in during the 'waiting period'. DO NOT use the razor on the eyebrow area before the initial two (2) weeks have passed in order to prevent infection, pigment corruption, and unsuccessful healed results.
- 10) Sweating can prevent pigments from healing into the skin causing unsatisfactory results. Please avoid steam rooms/saunas, strenuous exercise, hot yoga, swimming, etc. for at least ten (10) days following your procedure.
- 11) Eyebrows will initially appear approximately 25% darker in color and width. Approximately three (3) days later, the area will begin exfoliating and excess pigment will begin to flake. Remember, do not pick at the flakes as you could pull pigment out of the skin! Once the exfoliation process is complete, your color will have lightened and may appear slightly lighter than what the final color will be. As your healing process comes to an end, your color will stabilize and show through appearing much softer and natural.