

Kaleidium Permanent Cosmetics LLC
Post-Procedure Care and Instructions - Eyeliner

Congratulations on completing your permanent cosmetic procedure! Remember, you will be scheduled for a touch-up appointment approximately 6-8 weeks from now so that any necessary color adjustments and any ‘fine tuning’ of the treated area(s) will be performed.

In order to assist in successfully healing, please adhere to the below instructions:

- 1) A permanent cosmetic procedure is the equivalent of a skin-deep wound similar to a scratch. It is not uncommon to experience swelling, bruising, some oozing, scabbing, and/or itching during the healing process. Ice packs can be used as often as needed for swelling. Remember to place a barrier between the ice packs and your skin.
- 2) Ibuprofen or Naproxen may also be used to reduce swelling or discomfort following your procedure.
- 3) Do not expose the treated area to sun, tanning beds, etc., during the healing process. During and after healing, ensure you use sunglasses, a hat, or other sun protection to help prevent the pigment from abnormally fading.
- 4) Do not apply soaps, cleansing creams, or chemicals to the pigmented area for at least ten (10) days. Use clean cool water and pat the treated area dry – do not rub! After ten (10) days, you may begin using a gentle cleanser and pat dry.
- 5) Do not soak your face in the shower, hot tub, or chlorinated water for at least ten (10) days. Chlorine and hot water can lighten your permanent makeup and negatively affect your overall results.
- 6) Sweating can prevent pigments from healing into the skin causing unsatisfactory results. Please avoid steam rooms/saunas, strenuous exercise, hot yoga, swimming, etc. for at least ten (10) days following your procedure.
- 7) Do not wear contact lens for *at least three (3) days* following your permanent cosmetic procedure. This helps reduce the possibility of eye irritation, eye infection, or damage to your eye(s).
- 8) Do not apply Retin-A or any other type of glycolic acids, exfoliates or anti-aging products directly to the pigmented area. These can cause pigment fading at any time; therefore, you should leave at least a 1/4 inch buffer area around your permanent cosmetics when, and if, applying.
- 9) Eye Makeup/Curlers/Eyelash Extensions: Do not apply eye makeup for *at least ten (10) days* following your procedure. After 10 days, you may apply new, unopened mascara to the tips of your lashes. This helps reduce the possibility of eye irritation, infection, or contamination, especially during the time you have ‘open wounds’. It is recommended you not begin using eyelash growth stimulants such as RapidLash®, or RevitaLash® until after your eyes have completely healed. Do not use eyelash curlers during your healing process. You should not have eyelash extensions reapplied for at least six (6) weeks after your cosmetic tattoo procedure or until your eyeliner has completely healed.
- 10) Following your procedure, your eyeliner will initially appear darker in color and thicker in width. Just remember, as you are healing, the pigment will lighten and the area will reduce in width as swelling reduces. You may also begin to notice a dry, tight feeling around your eyes. During this time, use a thin coating of Vitamin A&D Ointment in the AM and PM to minimize the dryness and for added protection against dust and debris. Use the ointment sparingly – you do not want to keep the area too moist as it can negatively affect pigment retention. Approximately three (3) days following your procedure, the area will begin exfoliating and excess pigment will begin to flake. Discontinue using the ointment at that time and do not pick at the flakes or at your eyelashes. If you do, you could pull the pigment out of the skin!
- 11) Once the exfoliation process is complete, you may find your color has a ‘frosty’ or very light appearance to it. This should begin to clarify in a few days as you continue healing. Around Day 10, your final color begins to show and will continue to soften as the healing process completes.