

# Tama County Resource List

<b>For updates please contact: Tama County Public Health &amp; Home Care - health@tamacounty.org</b>		
<b>Child Care Resource &amp; Referral:</b> Provides a list of Registered Day Care Providers		877-277-4396
<b>Crayon Corner Daycare</b>	Gladbrook, IA	641-473-2600
<b>Kid's Corner Daycare</b> Child Care Subsidy	403 W. Commercial Street , Toledo, IA	641-484-5333
<b>Pied Piper Daycare</b>	Traer, IA	319-478-2310
<b>DENTISTS</b>		
<b>Primary Health Dental</b>	101 Iowa Ave W, Suite 102, Marshalltown, IA	641-844-6230
<b>Pipho &amp; Gingerich</b>	302 Jefferson Street, Dysart, IA	319-476-4110
<b>EMPLOYMENT</b>		
<b>Iowa Workforce Development</b> Job search, unemployment, classes	3405 S. Center Street, Marshalltown, IA	641-754-1400
<b>Promise Jobs (Education &amp; Training)</b> In office Thursdays only	STC Partnership Center 215 W. 9th Street, Tama, IA	800-284-4838 641-484-8318
<b>FAMILY SERVICES</b>		
<b>Department of Human Services (DHS)</b>	Tama/Benton County	319-472-4746 1-888-480-0062
<b>Domestic Violence Alternative/Sexual Assault Center</b>	24 hour Crisis Line	800-179-3582
<b>Pathways</b>	Waterloo, IA	319-235-6571
<b>Driver's License - Dept of Transportation</b> Tama County Treasurer's Office	104 W. State Street, Toledo, IA	641-484-3141
<b>ISU Extension Office - Tama County</b>	203 W. High Street, Toledo, IA	641-484-2703
<b>Mid Iowa Community Action (MICA)</b>	105 S. State Street, Tama, IA	641-484-4713
<b>Iowa Concern</b> Legal questions, financial assistance, referrals for stress		1-800-447-1985
<b>Senior Services Center - Deb Peska</b>	900 E. 5th Street, Tama, IA	641-484-4986
<b>Tama County Central Point of Coordination (CPC)</b> Funding assistance for Mental Health, Substance Abuse services	211 W. State Street, Toledo, IA	641-484-4191
<b>Women, Infant, Children (WIC)</b> Food, formula, nutrition education	St. Paul's Lutheran Church - Tama, IA	1-800-390-5293
<b>FOOD AND CLOTHING</b>		
<b>Food Pantry - Tama</b> Hours: T-W-Th 10-2	137 W 3rd Street, Tama, IA	641-484-4805
<b>Tama Co Mobile Food Pantry</b> 4th Wed of Month	Living Faith UMC -Tama , 309 E 11th, Tama, IA	641-484-2204
<b>Northeast Tama Food Pantry</b>	Dysart, IA	319-476-3583 ext 1
<b>Clothes Closet</b> Hours: T-Th-F-Sa 9-3	511 McClellan Street, Tama, IA	641-484-3147
<b>Meals on Wheels (Senior Services Center)</b>	Tama, IA	641-484-4986
<b>Salvation Army</b>	Micki Ferris, State Bank of Toledo Tama County Contact	641-484-2980
<b>Goodwill Industries</b>	1006 S County Road Toledo, IA	
<b>Tama County Nutrition Center (Deb Peska)</b>	900 E. 5th Street, Tama, IA	641-484-3839

<b>HEALTH</b>		
<b>Alcoholics Anonymous</b> Des Moines office - will provide information on local meetings		515-282-8550
<b>North East IA Agency on Aging</b>	2101 Kimball Ave. Suite 320, Waterloo, IA	1-800-779-8707
<b>Center Associates</b> Mental health therapy, consultation, assessment & psychiatric care	1309 S. Broadway, Tama, IA	641-484-5234
<b>Unity Point - Marshalltown</b>	55 Unity Point Way, Marshalltown, IA	641-754-5151
<b>Unity Point - Grinnell</b>	210 4th Avenue, Grinnell, IA	641-236-7511
<b>Tama County Public Health &amp; Home Care</b>	129 W. High Street, Toledo, IA	641-484-4788
<b>Quitline Iowa - Smoking cessation</b>		800-784-8669
<b>HOSPICE</b>		
<b>North East IA Agency on Aging</b>	2101 Kimball Ave - Suite 401, Waterloo, IA	319-272-2002 800-617-1972
<b>Grinnell Regional Hospice</b>	106 4th Avenue, Grinnell, IA	641-236-2418
<b>Iowa River Hospice</b>	502 Plaza Heights Rd, Marshalltown, IA	641-753-7704 800-827-4521
<b>HOUSING &amp; UTILITIES</b>		
<b>County Relief</b>		641-484-3160
<b>Lantern Park Apts</b> Subsidized housing	1303 Sesame Drive, Tama, IA	641-485-4101
<b>Mid Iowa Community Action (MICA) - LIHEAP</b> Low-income energy/heat assistance	105 S. State Street, Tama, IA	641-484-4713
<b>Prairie Villiage/Mid-Iowa Housing</b> Elderly or disabled subsidized housing	1101 S. 18th Ave, Marshalltown, IA	641-752-7162
<b>Prospect Drive Apartments</b> Subsidized housing	1105 S. Prospect Drive, Toledo, IA	641-484-5696
<b>Veteran's Affairs</b>		641-484-3160
<b>INCOME &amp; BUDGETING</b>		
<b>Child Support Recovery</b>	204 1/2 W. State Street, Marshalltown, IA	888-229-9223
<b>Consumer Credit Counseling</b>	30 W. Main Street, Marshalltown, IA	888-838-2675
<b>LEGAL SERVICES</b>		
<b>Legal Aid of Iowa</b>	Lawyer from Cedar Rapids at MICA	800-332-0419
<b>MEDICAL SERVICES</b>		
<b>Mercy One - Gladbrook Clinic</b>	309 2nd Street, Gladbrook, IA	641-473-2707
<b>Mercy One - Dysart Clinic</b>	501 Clark Street, Dysart, IA	319-476-4100
<b>Mercy Care</b>	402 Siegel Street, Tama, IA	641-484-3333
<b>Meskwaki Tribal Health Center</b>	1646 305th Street, Tama, IA	641-484-4094
<b>Mercy One - Traer Clinic</b>	200 Walnut Street, Traer, IA	319-478-8198
<b>Unity Point - Toledo Clinic</b>	1307 S. Broadway Street, Toledo, IA	641-484-5445
<b>Primary Healthcare</b>	101 Iowa Ave W, Marshalltown, IA	641-753-4021

<b><u>NURSING HOMES</u></b>		
<b>Premier Estates of Toledo</b>	403 Grandview Drive, Toledo, IA	641-484-5080
<b>Sunny Hill Care Center</b>	1708 Harding Street, Tama, IA	641-484-4061
<b>Sunrise Hill Care &amp; Rehab Center</b>	909 6th Street, Traer, IA	319-478-2730
<b>Westbrook Acres Nursing Home</b>	605 Garfield Street, Gladbrook, IA	641-473-2016
<b><u>PHARMACIES</u></b>		
<b>Medicap Pharmacy</b>	108 2nd Avenue, Toledo, IA	641-484-6198
<b>Gladbrook Family Pharmacy</b>	307 2nd Street, Gladbrook, IA	641-473-0066
<b>NuCara Pharmacy</b>	500 2nd Street, Traer, IA	319-478-8711
<b>HyVee Pharmacy</b>	1006 S. County Road, Toledo, IA	641-481-1045
<b><u>REHABILITATION SERVICES</u></b>		
<b>Mercy One Medical Center Comprehensive Rehabilitation Program</b>	3421 W. Ninth Street, Waterloo, IA	319-272-7200
<b>Unity Point Rehabilitation Center</b>	1307 S. Broadway Street, Toledo, IA	641-484-5253
<b>Millenium Therapy &amp; Health Club</b>	301 5th Street, Hudson, IA	319-988-4040
<b>Oak Hill Rehabilitation</b>	207 Oak Hill Drive, Hampton, IA 50441	641-456-2602
<b>Sunny Hill Care Center Therapy Services</b>	1708 Harding Street, Tama, IA	641-484-4061
<b><u>SCHOOLS</u></b>		
<b>GMG Schools - Garwin (Middle/High School)</b>	306 Park Street, Garwin, IA	641-499-2005
<b>Head Start</b>	105 S. State Street, Tama, IA	641-484-4713
<b>North Tama Community Schools</b>	605 Walnut Street, Traer, IA	319-478-2265
<b>STC Elementary</b>	1611 Country Club Drive, Tama, IA	641-484-3999
<b>STC Middle School</b>	201 S. Green Street, Toledo, IA	641-484-4121
<b>STC High School</b>	1715 Harding Street, Tama, IA	641-484-4345
<b>Union Middle School</b>	505 West Street, Dysart, IA	319-476-5100
<b><u>SUBSTANCE ABUSE SERVICES</u></b>		
<b>Meskwaki Alcohol &amp; Drug Abuse Center (MADAC)</b>		641-484-6028
<b>Substance Abuse Treatment Unit of Central Iowa (SATUCI)</b>	9 N 4th Avenue, Marshalltown, IA	641-752-5421
<b><u>TRANSPORTATION</u></b>		
<b>People Rides (Tama Co. Transit Service)</b>	24 hour notice preferred	641-752-6202 1-888-616-4298