

# What to Expect & Your Consent Form at Cedar Therapeutics

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**Please read this important information provided, so that you understand what will be required of you and your therapist on your next visit.**

- The therapist may contact you to follow up, in regards to your questionnaire, prior to your appointment time. You will be required to complete the screening questionnaire again upon arrival to the clinic, and read through and sign a consent form.
- Please remain in your vehicle or outside of the clinic until 5 minutes prior to the start time of your treatment. Your therapist will open the door to greet you.
- Upon entering the clinic, you are required have your temperature checked, and then to wash your hands for at least 20 seconds using soapy water, or to use hand sanitizer which will be provided for you. If you opt to wash your hands with water you will go directly to the hand-washing sink in the washroom, without touching anything in the clinic before washing.
- When not in treatment, you will practice social distancing. Your therapist will be wearing PPE including a mask, and an apron. You will also be required to wear a mask during the full time in the clinic that covers your nose and mouth and that is without an exhalation valve in the clinic at all times. You may request the use of safety glasses if you like. Please bring a CLEAN mask if you have one, otherwise one will be provided for you.
- You will also be required to wash or sanitize your hands on departure of the clinic.
- As the clinic is trying to do touch-less payments as much as possible, paying in cash is currently discouraged. Direct billing and tap will be the main form of payment.
- Unless absolutely required, please come alone to your treatment. Exceptions include a parent of a child being treated, or an assistant to someone with mental or physical disabilities. Please find childcare, as children will not be allowed to wait in the waiting room or treatment room at this time. Please call if you are unsure. You must leave promptly after your treatment, so that the space can be sanitized for the next appointment.
- Please cancel your appointment, and stay home if you experiencing any symptoms of COVID-19, and call 8-1-1.
- You may receive a call within 24 hours of your scheduled appointment for further screening if required.
- You will also be asked to sign the consent form noted below prior to treatment. Please take the time to pre-read it now. This will help save time, and streamline the paperwork upon arrival.

CONSENT FORM TO BE SIGNED

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No Guarantees about Contact with COVID-19.

- I understand that while the therapist is following all the health and safety guidelines outlined by the College of Massage Therapists of British Columbia, and the Provincial Health Officer, and that they are taking all reasonable precautions to clean and disinfect the clinic and all the surfaces within the treatment room, there are no guarantees that I may not come in contact with COVID-19.
- I understand and I also agree to defend, indemnify and hold harmless the therapist from any and all claims, actions, expenses, damages and liabilities, including reasonable attorneys' fees which might be asserted against her as a result of my having this treatment performed, or from my visiting her workplace.

If the Therapist Tests Positive for COVID-19

- I understand that in the event that the therapist is confirmed COVID-19 positive and I have been treated within the required time of her showing symptoms, my personal information may be shared with Provincial Health Authorities for contact tracing.

According to BCCDC.CA

- If he/she tests positive for COVID-19 and are fully vaccinated, they need to self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever.
- You do not need to be re-tested for COVID-19 to end your self-isolation period and return to your normal activities.

If one has not received a full series of any of the World Health Organization [approved COVID-19 vaccines](#), you are not fully immunized.

- **If you are 18 years of age or older**, test positive for COVID-19, and are not fully vaccinated, you need to self-isolate at home for **10 days** AND until you no longer have a fever AND your symptoms improve. You do not need to be re-tested for COVID-19 after your self-isolation period ends to return to normal activities; you can remain test positive for many weeks, even after you are no longer infectious.
- **If you are under 18 years of age**, test positive for COVID-19, and are not fully vaccinated, you need to self-isolate at home for **5 days** AND until you no longer have a fever AND your symptoms improve. You do not need to be re-tested for COVID-19 after your self-isolation period ends to return to normal activities; you can remain test positive for many weeks, even after you are no longer infectious.

-I understand and agree.

If I Alleged that I Caught COVID-19 from the Therapist

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- The therapist must immediately call public health at 8-1-1 to report the alleged transmission, providing both the therapists' own name and the name and contact details of the patient. The patient must agree to the release of this information in order to receive treatment.

-I understand and agree to the release of my personal information.

### Cedar Therapeutics Plan for Return to Clinical Practice in Respect of Covid-19

- The clinic is opening under the conditions that are outlined in the document Plan for Return to Clinical Practice in Respect of Covid-19 as found at <https://cedartherapeutics.ca/covid-19-2>
- Patients must read this document in full prior to their appointment.

**This a living document and clinic procedures may change. It is the patient's responsibility to check this document prior to every appointment to ensure that they are aware of and agree to protocols as relevant at the time of their appointment.**

I have read, understood and agree to clinic practices as outlined in the document titled: Plan for Return to Clinical Practice in Respect of Covid-19