

MARKHAM DIAGNOSTIC CENTRE

5293 Hwy 7, Suite # 205, Markham, Ontario L3P 7M7

PH: 905-294-6020 FAX: 905-294-6030

(McCOWAN RD. & HIGHWAY # 7)

FREE PARKING

X-Ray and Bone Density

No Preparation. No appointment required.

X-线和骨密度检查

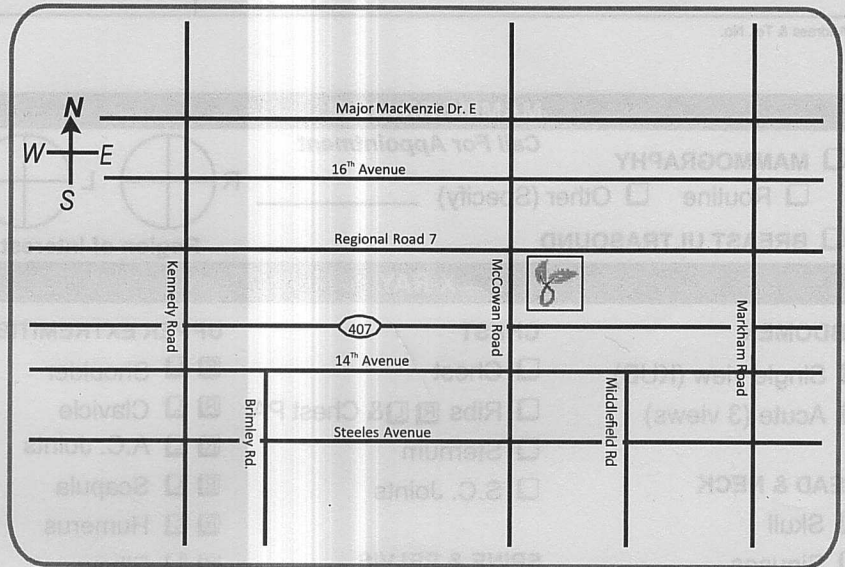
不需要特殊的准备。不需要预约

Mammography

Do not use perfume, deodorant, antiperspirant or talcum before the examination.

乳腺钼靶

不要用香水、止汗剂、爽身粉、润肤膏



ULTRASOUND PREPARATIONS

超聲波檢查

ABDOMEN ULTRASOUND

Eat a fat free dinner the night before your appointment.

No carbonated drinks 12 hours before your appointment.

At least 8 hours of fasting. Clear water is permitted.

上腹腔:

- 檢查前一天進食無脂肪食物
- 檢查前十二小時內禁止飲用碳酸飲料
- 檢查前八小時內禁食，但可飲清水

PELVIS ULTRASOUND (+ OBSTETRICAL UNDER 16 WKS)

Drink 1 Litre of water (tea, coffee are permitted) 1 hour before your appointment.

Do not void. A full bladder is necessary for examination.

You may eat breakfast.

盆腔、十六周以內的產科檢查 (包括IPS):

- 于檢查前一小時，飲完一升水 (或茶、咖啡、果汁)
- 飲水後，不可以小便；檢查完畢方可小便
- 可以吃早餐和午餐

ABDOMEN & PELVIS ULTRASOUND TOGETHER

Eat a fat free dinner the night before your appointment.

No carbonated drinks 12 hours before your appointment.

At least 8 hours of fasting. Clear water is permitted.

Drink 1 Litre of water (2 small bottles) or clear fluid 1 hour before your appointment.

上腹腔及盆腔檢查:

- 檢查前一天進食無脂肪食物
- 檢查前十二小時內禁止飲用碳酸飲料
- 檢查前八小時內禁食，但可飲清水
- 于檢查前一小時，飲完一升清水，飲水後不可以小便；檢查完畢方可小便

PROSTATE-TRANSRECTAL ULTRASOUND

Purchase a FLEET ENEMA from the pharmacy and follow instructions in the package.

Drink 1 Litre of water (2 small bottles) or clear fluid 1 hour before your appointment.

Do not void. A full bladder is necessary for examination.

前列腺檢查:

- 請于檢查前兩小時使用快速灌腸劑 (fleet enema, 到藥房購買并按照說明使用)
- 于檢查前一小時，飲完一升清水，飲水後不可以小便

No preparation needed for the following Ultrasounds:

- Scrotal / Testicular • Thyroid / Neck • Musculoskeletal
- No Preparation required for vascular ultrasound

以下超聲波檢查無需準備:

- 睪丸/陰囊 • 甲狀腺/頸部 • 肌肉骨骼 • 血管

This requisition form can be taken to any licensed facility providing healthcare services.