

## **Call out for research volunteers**

### **Would you like to take part in a research project looking at barriers individuals may experience when accessing and engaging in group therapy?**

I am looking for individuals who work therapeutically with groups to complete an anonymous and voluntary survey as part of a post graduate qualification. I hope the results will tell me more about what people's experiences and thoughts are about group therapy. I am particularly interested in those who work with men but welcome all feedback.

Please read this **participation information sheet** to help you decide: -

#### **Who is this research aimed at?**

- Qualified counsellors, psychotherapists, psychological therapists, psychologists, assistant psychologists, art or drama therapists, occupational therapists, wellbeing practitioners or anyone who has experience of facilitating therapeutic groups.

#### **Do I have to take part?**

- No, this is voluntary and up to you whether you take part.

#### **What does taking part involve?**

- Completing a survey that will ask questions about you, your experience of therapy and your thoughts on group therapy and things that might get in the way of men accessing and engaging with group therapy.
- Every question has the option of 'prefer not to say' so you can complete the survey without having to share things you don't feel comfortable with.
- The survey should take no more than 20 minutes to complete and once finished you submit online.
- There is also an opportunity to be interviewed if you have more to say about working with men and groups. You can register your interest using a separate link in the survey. This makes sure your survey responses remain anonymous.

#### **Will people know I've taken part?**

- No, not unless you tell them.
- We do not want you to write any identifiable information on the survey. This means the researcher will not be able to identify you.

#### **If I want to take part, what next?**

- Once you have read and understood this information sheet you are ready to do the survey.

- The survey will be live for 3 weeks and you can complete at any time. It is recommended you complete the survey once started as there is not the option to save your answers so make sure you have allowed at least 20 minutes.
- **By completing and submitting the survey you are giving your consent for us to use your answers.**
- If you have registered interest in being interviewed you will be asked some qualifying criteria questions. Please also make sure you add your availability as well as contact details. The researcher will then get in touch to let you know if you have been selected and arrange a time for the interview. The interview will be recorded so the researcher can transcribe, removing any identifiable information.

#### **What should I do if I change my mind?**

- Once you have submitted the survey you won't be able to change your mind. This is because we won't be able to tell which survey is yours.
- You can change your mind any time before submitting the survey, there is no pressure and you don't have to give a reason.

#### **How will my information be looked after during and after the research?**

- The electronic data (all the completed surveys and interview recordings) will be deleted on successful completion of the course: a master's in counselling and psychotherapy..
- The anonymous findings will be used in the dissertation and may be used in further research in the future. The research may be published and shared with academic journals or other publications.

#### **Will I be able to see the results if I want to?**

- It will not be possible to share any results or outcomes with you. This is because we will not know who you are and the results will be used for a dissertation.
- If the research is published it will be available for anyone to see.

This research project has been approved by ethical review processes for Bath Spa University.

If you have any concerns about the way in which the project has been conducted, or you wish to make a complaint, you can get in touch with Zena Cooper via [ZENA.COOPER21@bathspa.ac.uk](mailto:ZENA.COOPER21@bathspa.ac.uk) or my academic supervisor Róisín Ní Mhocháin via [r.nimhochain@bathspa.ac.uk](mailto:r.nimhochain@bathspa.ac.uk)

Thank you for taking time to read this Participant Information Sheet.