

Seasonal Shopping at Your Local Farmers Market

SUMMER

A background image for the Summer section showing a sandy beach, blue ocean, and a clear sky.

| | |
|--------------|---------------|
| Apples | Okra |
| Berries | Onions |
| Beets | Peaches |
| Corn | Pears |
| Cucumbers | Peppers |
| Garlic | Plums |
| Grapes | Snap peas |
| Green beans | Sprouts |
| Green onions | Summer squash |
| Herbs | Tomatillos |
| Kale | Tomatoes |
| Leeks | Watermelon |
| Mushrooms | Zucchini |

FALL

A background image for the Fall section showing vibrant yellow and orange autumn leaves against a blue sky.


| | |
|------------------|----------------|
| Apples | Radicchio |
| Brussels Sprouts | Radishes |
| Cabbage | Spinach |
| Carrots | Sweet potatoes |
| Cauliflower | Turnips |
| Fennel | Winter Squash |
| Lima Beans | |
| Mustard Greens | |
| Quince | |
| Parsnips | |
| Pecans | |
| Potatoes | |
| Pumpkin | |

WINTER

A background image for the Winter section showing snow-covered branches against a clear blue sky.

| |
|-------------|
| Horseradish |
| Mushrooms |
| Parsnips |
| Rapini |
| Rutabaga |
| Salsify |
| Sprouts |
| Sunchokes |
| Turnips |

SPRING

A background image for the Spring section showing fresh green leaves.

| |
|---|
| Chives |
| Fiddleheads |
| Herbs such as basil, cilantro, mint, oregano, parsley, rosemary, sage, tarragon and thyme |
| Morels |
| Mushrooms |
| Pea Shoots |
| Sprouts |
| Watercress |