

LIVING LIVER DONOR FACT SHEET

Liver Recipient's Name _____ Donor Champion Program (212) 305-0912
 Donor Champion's Name _____ Donor Champion's Phone Number _____

NewYork-Presbyterian Hospital

has performed over
**400 Living Donor
 Liver Transplants.**

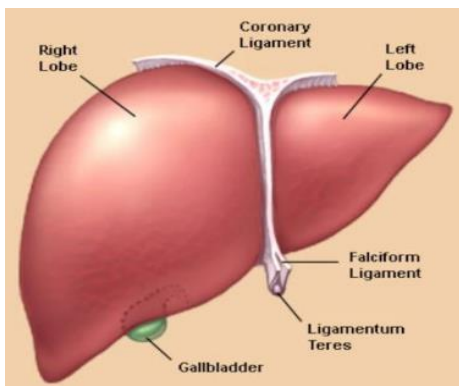
As pioneers in the field, our team continues to advance techniques to improve outcomes and safety.

National Average	New York Presbyterian
<ul style="list-style-type: none"> Donor Death: 1 in 700 or 0.14% Donor Liver Failure: 1 in 700 or 0.14% 	<ul style="list-style-type: none"> Donor Death: 0 Donor Liver Failure : 0

94% of Living Donors have no lasting complications.
 94% of Living Donors said they would donate again



MYTH	FACT
<ul style="list-style-type: none"> Living donors will have to take medications for the rest of their lives Living donors will have debilitating pain for an extended period of time Living donors will be on bed rest for several months following surgery and can no longer exercise or play sports Living donors cannot consume alcohol for the rest of their lives after donation Female donors can no longer get pregnant or have children after donation A living donor's sex life will be negatively affected by donation My employer will not approve that much time off from work 	<ul style="list-style-type: none"> Living donors do not need medication related to donation after a few weeks Like any surgery, some pain is expected during recovery and can be controlled with medication Living donors will be walking before discharge and can expect to resume exercise and sports after 4-6 weeks Living donors can consume alcohol in moderation 6 months after donation Most female donors experience no issues with pregnancy or childbirth following donation Living donors can expect to resume sexual activity after 4 weeks A majority of living donors report that their employers were very supportive



Risks to Living Liver Donation

- Nausea
- Bleeding
- Infection
- Bile duct leak
- Fatigue
- Blood clots
- Hernia
- Death (0.14%)

1 in 5 donors report some negative impact from donation: most commonly reported were a dislike of the scar, continuing abdominal discomfort, and difficulty getting back in shape.



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Get Tested to Be a Living Liver Donor Today!

Sign up at our website
www.nyp.org/livingdonorliver

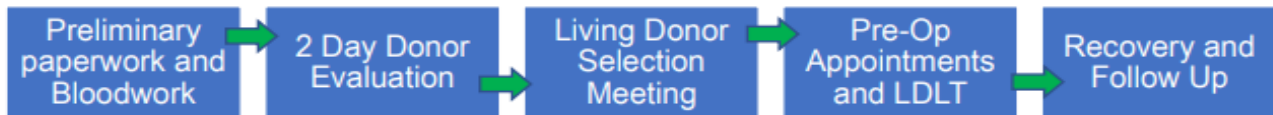
Or scan the QR code below



Living Donor Requirements

- Willing adult between the ages of 18-59; 21-55 for altruistic donors
- Compatible blood type to the recipient
- BMI less than or equal to 35
- Altruistic motive to donate
- Physically and mentally healthy (no active hepatitis, liver disease, HIV, diabetes, cancer, severe psychological disorders, substance abuse)

Donor Process:



- Living donor hospitalization is about **4-7 days**
- The liver portion in both the living donor and recipient will grow to nearly full size in about **12 weeks**
- Living donors can expect to take approximately **4-8 weeks** off from work
- Common donor complaints are **fatigue and incisional pain**
- Living donors are able to donate their **right or left liver lobes**

Financial Resources Available to Living Donors

Approximately 80% of donors felt that donating **DID NOT** cause financial hardship.

NATIONAL LIVING DONOR ASSISTANCE FUND (NLDAC)

Donors who qualify can receive up to \$6,000 for the cost of transportation, lodging, food, and travel for themselves and a care partner. NLDAC will determine need based on the RECIPIENT patient's finances.

TAX DEDUCTIONS

- Federal Tax – includes medical expenses for the care you receive pertaining to the donation process. This includes transportation.
- New York State Tax Law – a one-time personal tax credit for up to \$10,000 for the reimbursed expenses incurred by a resident tax payer related to his or her donation for the purpose of transplantation. (Travel expenses, lodging expenses, and lost wages)



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