Camp Lightheart for Children of Breast Cancer Survivors July 13 to July 16 - Omega Institute, Rhinebeck, NY

CAMP LIGHTHEART was started by Breast Cancer Options because we realized that there are few services for children who have a parent diagnosed with breast cancer or have lost a parent to the disease. Camp is a unique and special place for children. The program features recreation, relaxation and fun as well as support for children whose families are experiencing the stress of illness.

Campers are from ages 8-15 years old and our senior staff is assisted by "junior" staff – former campers who love Camp Lightheart and choose to return to mentor younger kids. The campers are in a safe, nurturing, fun-loving environment. Because all of the children have the common bond of a parent diagnosed with breast cancer, this lessens their feelings of isolation, or of "feeling different".

The camp experience is something very special...something that is about them and for them. Through deep listening and understanding as well as a shared fun, each child develop strategies for coping.

For Information: 845-339-4673 hope@breastcanceroptions.org

