

The HR Lady® Services

www.thehrlady.com

Wendy Sellers, MHR, MHA, SHRM-SCP, SPHR has 25 years' experience in HR, change management, operations, strategy, corporate culture, **supervisor & manager training** and leadership development in all size business (local startup to global enterprise) in a wide variety of industries including healthcare, professional services, higher education, federal contractors, manufacturing, public safety, non-profit and government agencies. Wendy has helped hundreds of executives and leaders **increase organizational productivity**, leading to increased profits, and a strong bottom line.



VIRTUAL RATES AND SERVICES

The HR Lady LLC. will provide (on a quarterly basis) HR Business Services (Virtual Advice & Training) which will include but is not limited to:

- Ten (10) hours total consultant hours per quarter:
 - On call and virtual consulting services (aka: "Phone a Friend HR Lifeline") for the owner/ leaders of the company.
 - Virtual, live, web-based (via Zoom) employee, management, leadership training or coaching sessions (topics TBD). It is suggested to have a one-hour quarterly training session (4 sessions per year) with topics ranging from hiring and firing to holding people accountable, conducting counseling sessions and performance management techniques.
 - Billed January, April, July, October; or February, May, August, November; or March, June, September, December

- A. \$850 per quarter for small employers and non-profits with less than 25 employees
- B. \$1000 per quarter for 26-49 employees
- C. \$1250 per quarter for 50-74 employees
- D. \$1500 per quarter for 75-100 employees
- E. Fee is customizable on a monthly basis for employers with more than 100 employees.

ONSITE TRAINING WORKSHOPS

The HR Lady LLC. will provide onsite training workshops for the following counties in Florida: Orange, Lake, Sumter, Citrus, Marion, Pasco, Hernando FL. Other counties will be considered at higher rates to account for travel. You may have unlimited attendees at these sessions. Printing of materials will be the responsibility of the employer. (See page 2 for possible topics)

2-hour interactive trainings
(could be one or multiple
topics). Begins at \$750

1/2-day (4-hour) workshops.
Begins at \$1250

Full day (8-hour) programs
Begins at \$1800

"Relate, Advise, Lead... with No Sugar Coating."
Affordable, effective and sustainable change starts here and now.

Contact Wendy at The HR Lady, LLC. to discuss your needs.
407.493.1582 call or text today

Training Topics: In person or Virtual

First, did you know that not all training has to be an hour or two in length? In fact, adults actually learn better in smaller bites using real life workplace scenarios to practice their knowledge and skills.

“Early in a role, employees need macro-learning. Then, they need reminders of that learning. That's where microlearning comes in. The theory behind microlearning suggests that short, repetitive learning increases long-term comprehension rates.” www.trainingindustry.com

So, this means that together we will use your allocated virtual time with *The HR Lady*® wisely.

Second, think of your greatest pains each week and let's create supervisor trainings in order to resolve these challenges on the fly rather than let them fester and cause concern for turnover or legal action.

Could these topics be of help?

1. How to hire the right employee
2. Training and developing your employees for success of the department.
3. How rewards and recognition will retain top talent (and what you can do for free or low cost)
4. Feedback, Performance Conversations and Accountability
5. When all else fails – conducting a proper termination
6. Understanding all generations to improve communication
7. Understanding personality styles to improve productivity
8. Emotional Intelligence & Common Sense - it is not what you think! - view white paper online
9. Ownership Mindset - get your team in the game
10. Five Ways to Destroy Your Business (Or Not!) - view white paper online
11. Preventing Harassment with a Respectful and Inclusive Workplace (a separate session focused on rudeness and civility is also available)
12. Corporate Values: Statements that allow managers to hold employees accountable for their behavior
13. Building Your Circle of Influence (Networking 101)
14. Five Ways Our Employees Drive Us Crazy (and how to deal with it) - view white paper online
15. Three Things Leaders Should Know About Themselves (in order to get stuff done)

* Whitepapers and case studies can be found here <https://thehlady.com/downloads>

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