

Virtual HR: Advice & Training
Wendy Sellers, MHA, MHR, SPHR, SHRM-SCP
The HR Lady, LLC.
www.thehr lady.com



Are you a small business or non-profit that is not big enough for true HR yet you need expert advice for employee challenges – from hiring and training to performance management and terminations? The HR Lady® now offers nationwide, virtual HR services including manager advisory services and virtual, live, interactive training at an extremely affordable quarterly rate.

Wendy Sellers, MHR, MHA, SHRM-SCP, SPHR has 25 years' experience in HR, change management, operations, strategy, corporate culture, **supervisor & manager training** and leadership development in all size business (local startup to global enterprise) in a wide variety of industries including healthcare, professional services, higher education, federal contractors, manufacturing, public safety, non-profit and government agencies.

She is a passionate HR Consultant, Trainer, Advisor, Leadership Coach, Author (“Suck It Up, Buttercup”) and Speaker. She has worked with hundreds of corporations and associations conducting management training, leadership development and HR advisory services leading to positive and productive corporate cultures. She has experience as an HR Executive and Practitioner, an HR Advisor, a Board Advisor/ Board Member, and an adjunct faculty member.

Wendy has helped hundreds of executives and leaders **increase organizational productivity**, leading to increased profits, and a strong bottom line. Wendy is a funny, direct consultant and speaker - and a true **disruptor** of traditional HR.

RATES AND SERVICES

The HR Lady LLC. will provide (on a quarterly basis) HR Business Services (Virtual Advice & Training) which will include but is not limited to:

- Ten (10) hours total consultant hours per quarter:
 - On call and virtual consulting services (aka: “Phone a Friend HR Lifeline”) for the owner/ leaders of the company.
 - Virtual, live, web-based (via Zoom) employee, management, leadership training or coaching sessions (topics TBD). It is suggested to have a one-hour quarterly training session (4 sessions per year) with topics ranging from hiring and firing to holding people accountable, conducting counseling sessions and performance management techniques.
 - Billed January, April, July, October; or February, May, August, November; or March, June, September, December
- A. \$850 per quarter for small business employers or non-profits with less than 25 employees
- B. \$1000 per quarter for 26-49 employees
- C. \$1250 per quarter for 50-74 employees
- D. \$1500 per quarter for 75-100 employees
- E. Fee is customizable on a monthly basis for employers with more than 100 employees.

"Relate, Advise, Lead... with No Sugar Coating."
Affordable, effective and sustainable change starts here and now.

Contact Wendy at The HR Lady, LLC. to discuss your needs.

407.493.1582 call or text today