

EVERY DAY CASSEROLE

Wash a large pan clean of Bitterness, Envy, Suspicion and Worry. Butter it with a Positive Attitude.

Spread a thick layer of Prayer at bottom, then add the following, mixed well with Sincerity:

- 2 cups Faith
- 1 cup each of Kindness, Discipline and Patience
- 3/4 cup of a Merry Heart, laced with Laughter
- 1 cup each of Integrity and Courage

Add a layer of finely chopped Reality, blended with a dash of Respect for All Living Things.

Sprinkle generously with Hope and Zest for Life.

Bake uncovered in the Sunshine of God's Love until done, or until the Knife of Discontent comes out clean.

Do not allow to cool, but serve at once with Joy.

Serves All

HAPPINESS CAKE

- 1 cup Good Thoughts
- 1 cup Kind Deeds
- 1 cup Consideration for Others
- 2 cups Sacrifice
- 2 cups well-beaten Fruits of Labor
- 3 cups Forgiveness
- 4 cups Prayer and Faith

Mix thoroughly. Add the Tears of Joy, Sorrow, and Sympathy, as needed.

Bake well with the warmth of Love, and serve with a Smile.

It will satisfy the hunger of starved souls.