# Active Violence Preparedness









### Tom Ross

- Bachelors in 1988
- Masters in 1996

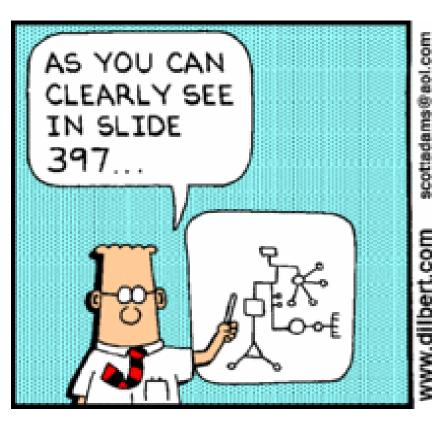


- SLEA / HSTI / COD since May 2018
- Bolingbrook Police Department 1987-2017 (30 years)
- Northwestern Univ. Center for Public Safety, SPP/SPSC 2006-Present (12 years)
- Lewis University, Graduate Courses in CJ Management 2000-2014 (14 years)
- SLEA / COD Basic Evidence, Supervision, Leadership 2000-2013 (13 years)
- WIU / Illinois State Training Board Juvenile Officer 1994-2004 (10 years)

# Web-Site

# www.Criminaljusticelinks.com

# Death By Powerpoint







# Objectives

- 1. Become familiar with A.L.I.C.E. protocol
- 2. Become familiar with the RUN-HIDE-FIGHT protocol
- 3. View the College or DuPage Police video
- 4. Increase our understanding of risks
- 5. Improve our ability to protect students
- 6. Gain the confidence to better handle emergencies

# Why?

• It still boggles my mind that we have to spend an hour talking about how to prepare ourselves for a day when we may face someone, in a school, who wants to kill us.

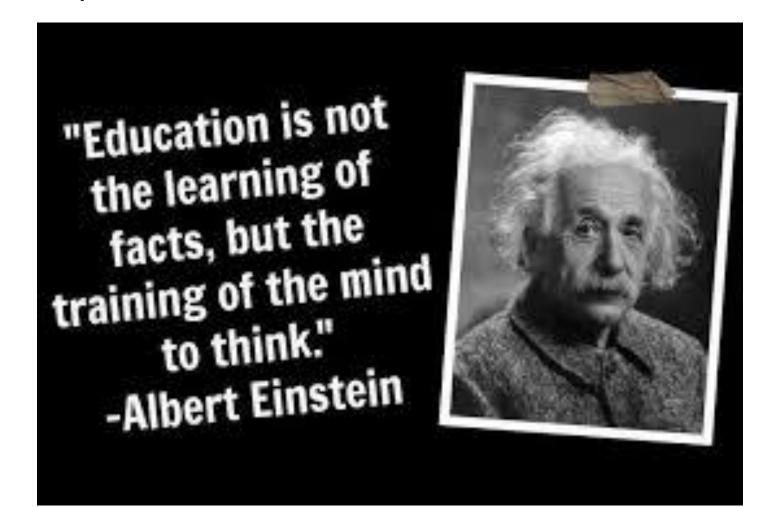
• The reality is, these events are happening more frequently than ever before.

We need to change our mindset and begin preparing.

# 

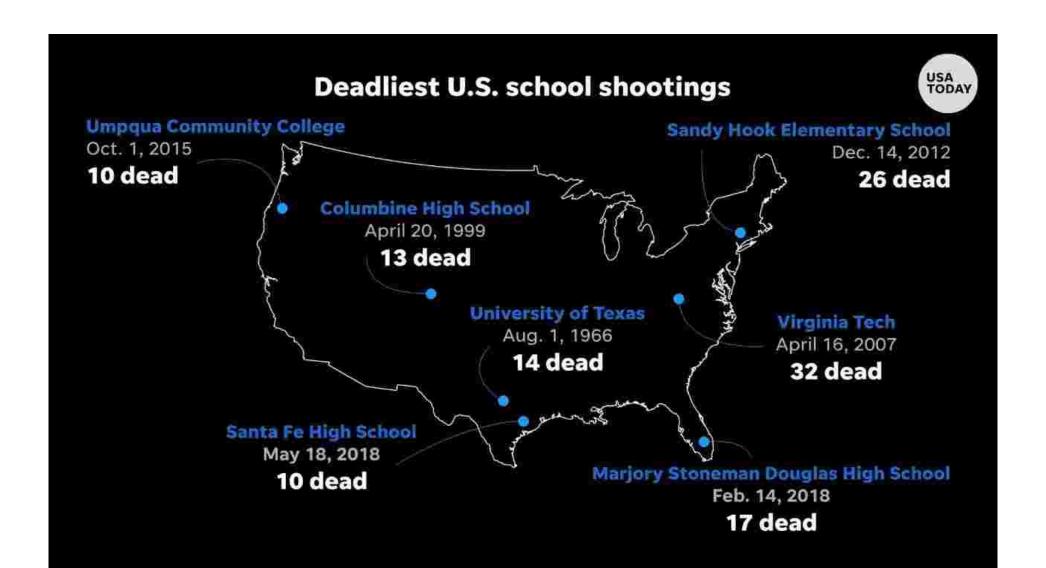
# Critical Thinking

- Scenarios help "Train the brain!"
- WHAT would you do and WHY?



is not the ABSENCE OF FEA but in the

# 20+ since January 2018



# Reality

Average Response Time for Law Enforcement is 3 minutes

COD Police, Glen Ellyn, DuPage Sheriff, Illinois State Police, ILEAS mutual aid (every town for 15 miles in all directions), federal FBI, ATF, USSS = 75-100 personnel in first 30 minutes.

69% of the shootings ended in 5 minutes or less

31% ended in 2 minutes or less

Keep in mind, these incidents are dynamic and constantly changing

Because these events are so dynamic, it's nearly impossible to instruct you on what to do in the moment

# What can **I** do?

- Will YOU know what to do?
- How will YOU protect yourself <u>and others</u>?
- Increased situational awareness
- Social media
- What's happening around you?
- Know your environment

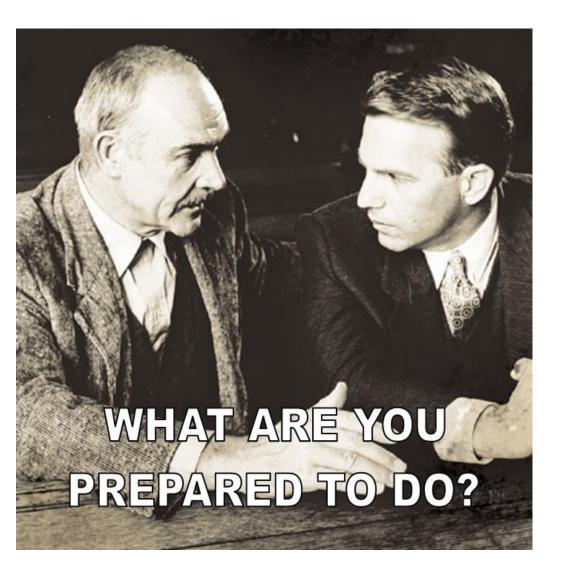


# THE MOST IMPORTANT STEP — PREVENTION

- Safety is the responsibility of <u>EVERYONE</u>!
   <u>Special duty owed to our students</u>
- Look for warning signs angry, irrational, argumentative behavior, accountability issues, severe mood swings.
- Threats, weapons displayed?
- If your gut tells you that something isn't right, call the police.
- Go to the webpage (BIT) Behavioral Intervention Team
- Looking back, how many of these events could have been avoided if someone would have spoken up?



# Who-What-When-Where-Why? What if......



- If I have to run, where will I run?
- If I have to hide, where will I hide?
- If I have to fight, how will I most effectively fight?
- Mental and Emotional preparedness and stress inoculation.
- Mentally prepare yourself for a face to face confrontation with an act of violence; what will you do, how will you react?
- Completely unnatural to think about, but we need to start mentally preparing ourselves for that day when we may have to confront an assailant
  - Caveman times
  - It's actually in our DNA
- COMBAT BREATHING (4 + 4 + 4)

## Situational Awareness

- Evacuation routes?
- Door lock?
- Door open to the inside or outside?
- Barricaded?
- Windows?
- Exterior windows?
- What floor are you on?
- Shades?
- Weapons?

### A.L.I.C.E. & RUN — HIDE - FIGHT

• ALERT, LOCKDOWN, INFORM, COUNTER, EVACUATE

• Just an acronym, not meant to be followed in any specific order, just designed to help you remember your options in the event of an act of

campus violence



# Video

https://www.youtube.com/watch?v=XGfO-jVv5Bs



# A.L.I.C.E. "A" - Alert

- ALERT is the gathering of information in order to make the most well informed decision on your response to the event
  - Yelling & screaming by others in the hall
  - People fleeing
  - PA Announcements
  - Text messages
  - RAVE Alerts (GetRave.com)
  - TV's, Electronic billboards
  - Facebook, Instagram and Twitter
  - Telephone



<sup>\*\*</sup> Repeat the ALERT warnings to others!!!

# A.L.I.C.E. "L" – Lockdown (HIDE)

- Does the room lock?
- How does the door open (inside or outside)?
  - Tie down the door, if possible, using belts, purse straps, shoe laces, etc.
- Does the room have windows is it possible to cover the windows?
- What can be used as a barricade?
  - anything available (desks, chairs, etc.)
- What are the quickest routes of evacuation are we better off HERE?
- Where in the room will you shelter in place?
- Turn off the lights in the room
- Turn off ringers on cellphones
- Do not shelter in front of a door
- Once secured, don't open the door for anyone but police
- Police will enter the room when the scene is secure
- Start to formulate a plan on what you'll do if the shooter enters the room
- What in the room can be used as a weapon

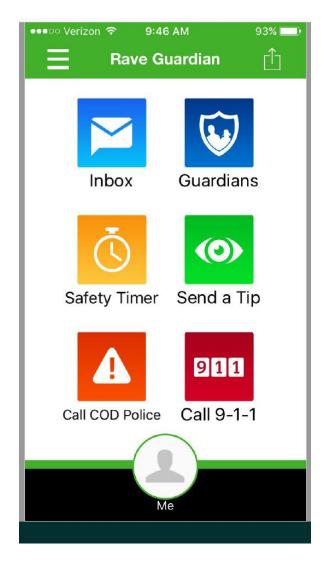
A.L.I.C.E. "I" — Inform



- Call 9-1-1 (Better than texting)
- You are the eyes and ears for the Police.
- If you see or hear the bad guy, call or text the police department with the info.
- Location of gunfire, location of a suspect, descriptions, types of weapons, location of victims, extent of injuries, etc..

(630) 942-2000 x 2000

9-1-1











# A.L.I.C.E. "C" — Counter (FIGHT)

- If you cannot evacuate, and the bad guy is making entry to your room, your only option is to fight!
- Beginning today, you're new mindset is....YOU WILL FIGHT, AND YOU WILL SURVIVE!
- Adrenaline is our friend (caveman times).
- Position yourself in the room so you can most effectively attack.
- Anything in this room can be used as a weapon.
- Attack in a group power in numbers "SWARM".
- Create as much noise and chaos as possible.
- Throw things at his head, distract his aim.
- Most suspects are male. Fight dirty your life is on the line do what you have to do to survive!

# A.L.I.C.E. "E" — Evacuate (RUN)

- If it's safe to evacuate.....do so
- Run quickly
- Run far
- Hands up
  - Police do not know you are a victim
- Don't attempt to drive away
- Share valuable intelligence with Police



# What to expect from Police

- Weapons drawn
- Hands up
- Pat down





# It could be a **very** long time.....

- Be prepared to provide first aid ---- Think outside the box.
  - Towels to stem blood loss.
  - Shoes laces and belts can be used as tourniquets.
- Remember it may be several hours until can safely move an injured person. The actions you take immediately may save a life.







- A.L.I.C.E. protocol?
- RUN-HIDE-FIGHT?
- College or DuPage Police video?
- What are the risks?
- How can we protect students?
- How to better handle emergencies?

# THANK YOU!

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