

California State University, Stanislaus  
School of Nursing

Physical Assessment Check Off

Date 5/24/21

Student ZARAH COLLINS

**Skin Assessment**

- Color
- Turgor
- Moisture
- Temperature
- Scars/area of breakdown

**Neurological Assessment**

- Level of Consciousness
- Extremities (movement, strength, symmetry)
- Ortho (capillary refill, color, movement, sensation, pulses)

**Respiratory Assessment**

- Respirations (depth, rate, rhythm, symmetry)
- Cough, sputum
- Lung sounds (anterior & posterior)

**Abdominal Assessment**

- Auscultation
- Palpation
- Last bowel movement (LBM)

**Genitourinary**

- Intake & Output
- Foley
- Urine

**Cardiac Assessment**

- Auscultation (aortic, pulmonic, tricuspid, mitral)
- Rate, rhythm, strength, equality
- Color
- Edema
- Pedal pulses

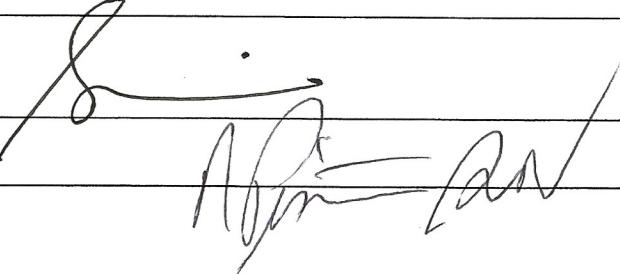
**Pain**

- Utilizes pain scale
- Identifies location
- Description of pain
- Assessment pre & post administration of pain meds

**Fluid Replacement**

- Site(s)
- Fluids
- Tubing

Comments: \_\_\_\_\_

Student Signature: \_\_\_\_\_ 

Faculty Signature: \_\_\_\_\_ 