

California State University, Stanislaus
School of Nursing

Physical Assessment Check Off

Date 5/24/21

Student ZARAH COLLINS

Skin Assessment

- ☒ Color
- ☒ Turgor
- ☒ Moisture
- ☒ Temperature
- ☒ Scars/area of breakdown

Neurological Assessment

- ☒ Level of Consciousness
- ☒ Extremities (movement, strength, symmetry)
- ☒ Ortho (capillary refill, color, movement, sensation, pulses)

Respiratory Assessment

- ☒ Respirations (depth, rate, rhythm, symmetry)
- ☒ Cough, sputum
- ☒ Lung sounds (anterior & posterior)

Abdominal Assessment

- ☒ Auscultation
- ☒ Palpation
- ☒ Last bowel movement (LBM)

Genitourinary

- ☒ Intake & Output
- ☒ Foley
- ☒ Urine

Cardiac Assessment

- ☒ Auscultation (aortic, pulmonic, tricuspid, mitral)
- ☒ Rate, rhythm, strength, equality
- ☒ Color
- ☒ Edema
- ☒ Pedal pulses

Pain

- ☒ Utilizes pain scale
- ☒ Identifies location
- ☒ Description of pain
- ☒ Assessment pre & post administration of pain meds

Fluid Replacement

- ☒ Site(s)
- ☒ Fluids
- ☒ Tubing

Comments: _____

Student Signature: _____

Faculty Signature: _____