



Grayling Recreation Authority  
Presents

## G.R.A. 100 MILE CHALLENGE

*The goal is to get motivated and log 100 plus miles by October 31<sup>st</sup>*

A great way to start your exercise program through the spring and summer is keeping track of your progress. Register in the 100 Mile Challenge, track your miles hiking, biking, kayaking or running. Program is free without custom shirt. Pay \$20 and receive a customized long sleeve T-shirt. Miles are logged on the honor system and can be done at the location of your choice. Results need to be turned in before November 7<sup>th</sup> by phone 989-348-9266 Ext. 201 or Email, [Programs@hansonhills.org](mailto:Programs@hansonhills.org)

Program Registration Opens: April 1<sup>st</sup>  
Program Duration: May 1<sup>st</sup> thru October 31<sup>st</sup>

Fee option:     \$20.00, which includes a T-shirt  
                   FREE without T- shirt



REGISTER ONLINE

Register online or fill out and return bottom section with fee to:  
**Grayling Recreation Authority, PO Box 361, Grayling, MI 49738**  
For more information, contact Hanson Hills 989- 348-9266

Please Print Clearly: 100 Mile Challenge Registration

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Age: \_\_\_\_\_ Email: \_\_\_\_\_

SHIRT SIZE (circle one):

Youth    S M L  
Adult    S M L XL XXL XXXL (XXL & XXXL shirts \$4.00 extra)

The undersigned agrees to hold harmless, indemnify, and pay any attorney fees of the G.R.A. and the state of Michigan, its servants, agents and employees from any claims or demands that I may have of whatever kind and nature arising out of activities at or use of the premises controlled by the G.R.A. In the event of an emergency, I give my permission for my son/daughter to be placed under the care of a qualified doctor or nurse.

\_\_\_\_\_  
Signature \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature if under 18 \_\_\_\_\_ Date \_\_\_\_\_