



MOOD TRACKER

Assign a color for each mood & color in each day's creature to track how you are feeling this month. Number each critter with the date.

- | | | | |
|------------------------------------|----------------------------------|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Happy | <input type="checkbox"/> Excited | <input type="checkbox"/> Productive | <input type="checkbox"/> Annoyed |
| <input type="checkbox"/> Energetic | <input type="checkbox"/> Fine | <input type="checkbox"/> Anxious | <input type="checkbox"/> Frustrated |
| <input type="checkbox"/> Proud | <input type="checkbox"/> Tired | <input type="checkbox"/> Sad | <input type="checkbox"/> Depressed |



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31