

## **NOTICE OF ELU, LLC PRIVACY PRACTICES**

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**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

The privacy of your health information is very important to us and we want to do everything possible to protect that privacy. Elu, LLC is required by law to maintain the privacy of your health information. We are also required to provide you with a notice that describes Elu's legal duties and privacy practices and your privacy rights with respect to your health information. We will follow the privacy practices described in this notice. If you have any questions about any part of this Notice or if you want more information about the privacy practices of ELU, please contact

Kim Cook, LCSW, Co-Director, of Elu, LLC at (423)486-0774.

We reserve the right to change the privacy practices described in this notice in the event that the practices need to be changed to be in compliance with the law. We will make the new notice provisions effective for all the protected health information that we maintain. If we change our privacy practices, we will have them available upon request. It will also be posted on our website.

### **How Elu, LLC May Use or Disclose Your Health Information for Treatment, Payment or Health Care Operations**

HIPAA's minimum necessary rule states that when a provider uses or discloses health information, providers must make reasonable efforts to limit the health information to the minimum necessary to accomplish the intended purpose of the use or disclosure. The minimum necessary standard does not apply to disclosures to: (a) health care providers for treatment; (b) disclosures made to the patient; (c) disclosures made pursuant to an authorization; (d) disclosures made to DHHS; (e) disclosures required by law; and (f) disclosures required for compliance with HIPAA.

The following categories describe the ways that Elu may use and disclose your health information. For each type of use and disclosure, we will explain what we mean and present some examples.

**Treatment.** We may use or disclose your health care information in the provision, coordination or management of your health care. Our communications to you may be by telephone, cell phone, e-mail, patient portal, or by mail. For example, we may use your information to call and remind you of an appointment or to refer your care to another physician. If another provider requests your health information and they are not providing care and treatment to you, we will request an authorization from you before providing your information. We can also Communication by email is only permitted when communicating about an appointment or sending homework. It is against our policy to discuss counseling issues by email. In addition, we may use or disclose your health information to anyone on our staff involved in your treatment or in connection with our operations.

**Payment.** We may use or disclose your health care information to obtain payment for your health care services. For example, we may use your information to send a bill for your health care services to your insurer or the responsible party.

**Health Care Operations.** We may use or disclose your health care information for activities relating to the evaluation of the effectiveness of our staff, supervising our staff, improving the quality of our services, meeting accreditation standards, business planning and in compliance with the law. For example, we may use your information to determine the quality of care you received. If the activities require disclosure outside of our health care organization, we will request your authorization before disclosing that information.

## **How ELU May Use or Disclose Your Health Information Without Your Written Authorization<sup>1</sup>**

The following categories describe the ways that ELU may use and disclose your health information without your authorization. For each type of use and disclosure, we will explain what we mean and present some examples.

1. **Required by Law.** We may use and disclose your health information when that use or disclosure is required by law. For example, we may disclose medical information to report child abuse or to respond to a court order.
2. **Public Health.** We may release your health information to local, state or federal public health agencies subject to the provisions of applicable state and federal law for reporting communicable diseases, aiding in the prevention or control of certain diseases and reporting problems with products and reactions to medications to the Food and Drug Administration.
3. **Victims of Abuse, Neglect or Violence.** We may disclose your information to a government authority authorized by law to receive reports of abuse, neglect or violence relating to children or the elderly.
4. **Health Oversight Activities.** We may disclose your health information to health agencies authorized by law to conduct audits, investigations, inspections, licensure and other proceedings related to oversight of the health care system.
5. **Judicial and Administrative Proceedings.** We may disclose your health information in the course of an administrative or judicial proceeding in response to a court order. Under most circumstances when the request is made through a subpoena, a discovery request or involves another type of administrative order, your authorization will be obtained before disclosure is permitted.
6. **Law Enforcement.** We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, or missing person, or complying with a court order or other law enforcement purposes. Under some limited circumstances we will request your authorization prior to permitting disclosure.
7. **Coroners and Medical Examiners.** We may disclose your health information to coroners and medical examiners. For example, this may be necessary to determine the cause of death.
8. **To Avert a Serious Threat to Health or Safety.** We may disclose your health information in a very limited manner to appropriate persons to prevent a serious threat to the health or safety of a particular person or the general public. Disclosure is usually limited to law enforcement personnel who are involved in protecting the public safety.
9. **Specialized Government Functions.** Under certain and very limited circumstances, we may disclose your health care information for military, national security, or law enforcement custodial situations.
10. **Workers' Compensation.** Both state and federal law allow the disclosure of your health care information that is reasonably related to a worker's compensation injury to be disclosed without your authorization. These programs may provide benefits for work-related injuries or illness.
11. **Health Information.** We may use or disclose your health information to provide information to you about treatment alternatives or other health related benefits and services that may be of interest to you.
12. **Other.** If you do not object and the situation is not an emergency, and disclosure is not otherwise prohibited by law, we are permitted to release your information under the following circumstances:

- a. To individuals involved in your care—we may release your health information to a family member, other relative, friend or other person whom you have identified to be involved in your health care or the payment of your health care;
- b. To family—we may use your health information to notify a family member, a personal representative or a person responsible for your care, of your location, general condition, or death; and
- c. To disaster relief agencies—we may release your health information to an agency authorized by law to assist in disaster relief activities.

### **When Elu, LLC is Required to Obtain an Authorization to Use or Disclose Your Health Information**

Except as described in this Notice of Privacy Practices, we will not use or disclose your health information without written authorization from you. For example, uses and disclosures made for the purpose of psychotherapy requires your authorization. If you do authorize us to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time. If you revoke your authorization, we will no longer be able to use or disclose health information about you for the reasons covered by your written authorization, though we will be unable to take back any disclosures we have already made with your permission.

### **Your Health Information Rights**

1. **Inspect And Copy Your Health Information.** You have the right to inspect and obtain a copy of your health care information with limited exceptions. We are only able to provide hard copies of your health care information. For example, you may request a copy of your record. This right of access does not apply to psychotherapy notes, which are maintained for the personal use of a mental health professional. Your request for inspection or access must be submitted in writing to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774. In addition, we may charge you a reasonable fee to cover our expenses for copying your health information. Our fee is \$.25/page.
2. **Request To Correct Your Health Information.** You have a right to request that ELU amend your health information that you believe is incorrect or incomplete. For example, if you believe the date of your therapy session is incorrect; you may request that the information be corrected. We are not required to change your health information and if your request is denied, we will provide you with information about our denial and how you can disagree with the denial. You can place a written statement in our records disagreeing with our denial of your request. To request an amendment, you must make you request in writing to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774. You must also provide a reason for your request. If we approve your written amendment, we will change our records accordingly. We will also notify anyone else who may have received this information, and anyone else of your choosing.
3. **Request Restrictions on Certain Uses and Disclosures.** You have the right to request restrictions on how your health information is used or to whom your information is disclosed, even if the restriction affects your treatment or our payment or health care operation activities. For example, if you know one of our counselors personally you can request that they have access to your health information. If we agree to these restrictions, we will abide by them in all situations except those, which, in our professional judgment, constitute an emergency. However, we are not required to agree in all circumstances to your requested restrictions, except in the case of a disclosure restricted to a health plan if the disclosure is for the purpose of carrying out payment or health care operations and is not otherwise required by law; and the protected health information pertains solely to a health care item or service for which you, or the person other than the health plan on your behalf, has paid the covered entity in full. If you would like to make a request for restrictions, you must submit your request in writing to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774.
4. **Receive Confidential Communications Of Health Information.** You have the right to request that we communicate your health information to you in different ways or places. For example, you may wish to receive information about your health status in a special, private room or through a written letter sent to a private address. We must accommodate reasonable requests.

To request confidential communications, you must submit your request in writing to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774.

5. **Receive A Record Of Disclosures Of Your Health Information.** You have the right to request a list of the disclosures of your health information that we have made in compliance with federal and state law. This list will include the date of each disclosure, who received the disclosed health information, a brief description of the health information disclosed, and why the disclosure was made. This request can go back as far as six years. For some types of disclosures, the list will also include the date and time the request for disclosure was received and the date and time the disclosure was made.

For example, you may request a list that indicates all the disclosures your health care provider has made from you health care record in the past six months. To request this accounting of disclosures, you must submit your request in writing to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774. We must comply with your request for a list within 60 days, unless you agree to a 30-day extension, and we may not charge you for the list, unless you request such list more than once per year.

6. **Obtain A Paper Copy Of This Notice.** Upon your request, you may at any time receive a paper copy of this notice, even if you earlier agreed to receive this notice electronically. To obtain a paper copy of this Notice, send your written request to our HIPAA Compliance Officer, Kim Cook, LCSW at 1101 W. 40<sup>th</sup> St, Unit 225, Chattanooga, TN 37409 or (423) 486-0774. There is also a copy of the privacy notice on our web site: [www.eluccc.org](http://www.eluccc.org).
7. **Notified of a Breach.** Your provider is required by law to maintain the privacy of protected health information and provide you with notice of its legal duties and privacy practices with respect to protected health information and to notify you following a breach of unsecured protected health information.
8. **Complaint.** If you believe your privacy rights have been violated, you may file a complaint with our HIPAA Compliance Officer: Kim Cook, LCSW at (423) 486-0774. We request that you file your complaint in writing so that we may better assist in the investigation of your complaint. You may also file a complaint with the Secretary of the Department of Health and Human Services. There will be no retaliation against you in any way for filing a complaint.

If you have any questions or concerns regarding your privacy rights or the information in this notice, please contact our HIPAA Compliance Officer, Kim Cook, LCSW at (423) 486-0774.

**Effective Date of This Notice: August 1, 2018**