



# TOGETHER WE CAN

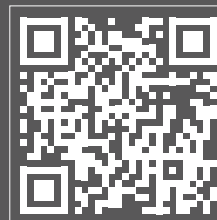


**Residential Treatment**  
Called to Serve, Restoring Lives with Love

## Residential Treatment Program

- 24/7 structured care in a safe, supportive environment
- Trauma-informed, gender-responsive treatment model
- Evidence-based therapy: CBT, DBT, MI, and more
- Family reunification and parenting support
- Holistic services: mental health, wellness, and spiritual care
- Life skills development and aftercare planning
- Staffed by licensed clinicians and peer support specialists

Located in a Baltimore City residential community, our clean, safe & attractive family-like setting is walking distance to community resources and services. We offer laundry facility, computer, internet access, and on site. Transportation assistance is also available.



**Contact Us**



Located In Baltimore City Residential Community  
Connect With Us Today: 443-473-3416

[www.impactfulchanges.org](http://www.impactfulchanges.org) – [impactfulchanges2235@gmail.com](mailto:impactfulchanges2235@gmail.com)



SERVING OUR COMMUNITY



Impactful

Changes Inc

CARF Accredited Program

Called to Serve,  
Restoring Lives with Love



Arika Davenport,  
Founder and CEO of Impactful Changes, Inc.

### Vision

To provide a trauma-informed, evidence-based residential treatment program that promotes sustained recovery for women with substance use disorders, with a focus on restoring health, supporting family reunification, and fostering personal empowerment through integrated clinical, psychosocial, and spiritual care.

### Mission

Our mission is to provide trauma-informed, evidence-based residential treatment for women with substance use disorders through collaborative partnerships that support spiritual healing, family reunification, and long-term recovery. By working together with community organizations, we strive to create a continuum of care that empowers women to rebuild their lives and reengage with their families and communities.

### Core Principles

#### Trauma-Informed Care

We create a safe and supportive environment that acknowledges and addresses the effects of trauma in each woman's life.

#### Gender-Responsive Approach

Our services are tailored to meet the unique emotional, physical, and social needs of women in recovery.

#### Family Reunification and Support

We support women in rebuilding and strengthening family bonds, with a special focus on parenting and reunification when possible.

#### Evidence-Based Treatment

Our clinical practices are grounded in proven methods such as CBT, DBT, and motivational interviewing to promote long-term recovery.

#### Holistic Healing

We treat the whole person-mind, body, and spirit-through integrated wellness services, spiritual care, and mental health support.

### Our Staff & Volunteers

Our amazing team of professionals, support and resources are dedicated to providing the necessary treatment for recovery and relapse prevention.

### Our Facility

We understand that the decision to seek treatment is often difficult to make but your decision to come to Impactful Changes shows that you have taken an important step.

Impactful Changes Video

