

Vegetable Shortening Candle – DIY Recipe Card

Estimated Cost: ~\$5.00 USD

Skill Level: Beginner

Ingredients:

- Vegetable shortening (enough to fill your mason jar)
- Mason jar (any size)
- Candle (used as a wick source)
- Optional: food coloring or candle dye
- Optional: essential oils or fragrance oils

Supplies:

- Measuring cup (microwave-safe)
- Microwave or stovetop
- Spoon or stir stick
- Freezer
- Scissors or knife

Instructions:

1. Fill a measuring cup with vegetable shortening and melt until liquid.
2. Do not overheat—warm enough to pour is sufficient.
3. Add coloring if desired and stir well.
4. Allow shortening to cool slightly before adding fragrance.
5. Pour into mason jar and place lid on top.
6. Freeze until firm (about 1 hour for this size).
7. Trim candle so it is no taller than the jar.
8. Slowly insert candle into center of shortening.

Test Results:

Burned 4 days, 8–10 hours per day.

Only about $\frac{1}{4}$ of the shortening was used.

Safety Note:

Always burn candles safely and never leave unattended.