



# Ananda

210 Thompson Street  
(between Bleeker & West 3<sup>rd</sup>)  
New York, NY 10012

(212) 533-7290

Authentic Indian Vegetarian Kosher Restaurant  
Vegan, Gluten-free and Jain options available

We accept all major credit cards (Minimum \$20 on credit card)

[www.theanandanyc.com](http://www.theanandanyc.com)

[theanandanyc@gmail.com](mailto:theanandanyc@gmail.com)



@theanandanyc



@anandanyc



@nycananda

*Ananda* is the notion that happiness is the highest state of being, and to practice and encourage blissfulness. We hope to bring joy to others with our authentic Indian dishes that have brought delight in our homes for many generations. All of our dishes exude the aroma and flavor of a cozy Indian kitchen.

Prepared fresh from wholesome and natural ingredients.

**Joy is within you!**

## APPETIZERS

Food Allergy: If you are allergic to any food, please inform the waiting staff. Some dishes may include ingredients, spices, nuts and herbs that are not listed in the menu

- D** **Aloo Papdi Chaat** (Vegan option available) **\$10.99**  
Traditionally prepared using crisp fried wafers (papdi), along with boiled chickpeas, potatoes, yogurt, and mint & tamarind chutneys
- GF** **VG** **Bombay Bhelpuri** **\$10.99**  
Popular Indian Street food of a delicious mixture of puffed rice, sev, tomatoes, potatoes, and onions tossed in sweet and sour chutneys
- D** **Samosas / Samosa Chaat** (Vegan option available) **\$7.99 / \$10.99**  
Indian fried pastry with a savory filling of spiced potato, peas, onions and lentils (2 pcs) / Samosas served with chickpeas, yogurt, sev and tamarind and coriander chutneys (dairy)
- GF** **VG** **Onion Pakoras / Bhajias** **\$9.99**  
Crispy fritters, sliced onions fried in chickpea flour batter / Fried potato slices in chickpea batter Served with mint and tamarind chutneys
- VG** **Vegetable Cutlets (2 pc)** **\$10.99**  
A delectable snack of soft spiced vegetable and mashed potato, fried with a crisp outer coating
- GF** **VG** **Batata Vada** **\$9.99**  
Popular Indian fast food, known as Aloo Bonda. Spicy potato mixture fried in chickpea batter
- GF** **VG** **Idli or Medu Vada / Idli Vada Combo** **\$8.99 / \$9.99**  
Steamed rice and lentil cakes / Crispy lentil doughnut. Served with sambar (vegetable lentil broth) and fresh coconut and tomato chutneys
- GF** **VG** **Idli or Medu Vada in Sambar or Rasam Bowl** **\$10.99**  
Idli or Vada served in a bowl of rasam (tamarind soup) or sambar (spiced lentil soup)
- GF** **VG** **Idli Vada Combo in Sambar or Rasam Bowl** **\$10.99**  
Idli and Vada served in a bowl of rasam (tamarind soup) or sambar (spiced lentil soup)
- 🔥** **Vada Pav (2 pc)** **\$13.99**  
A crisp Batata Vada served in a soft buttered bun with onions, spicy mint & tamarind chutneys
- 🔥** **Pav Bhaji** **\$14.99**  
A hurried Indian street meal of a spicy vegetable & tomato gravy served with buttered pav buns
- GF** **VG** **Gobi Manchurian** **\$13.99**  
Popular Indo-Chinese dish. Fried crispy coated cauliflower tossed in a mouth-watering spicy soy sauce
- D** **🔥** **Chili Paneer / Chili Tofu** (Vegan option) **\$13.99**  
Paneer marinated in spices with onions and peppers.
- VG** **Assorted Appetizer Platter** **\$14.99**  
Includes Batata Vada, Samosas and Pakoras

## SOUPS/SALADS

- GF** **VG** **Rasam** **\$6.99**  
Tamarind soup tempered with curry leaves
- GF** **VG** **Sambar** **\$6.99**  
Tangy lentil broth with vegetables
- GF** **VG** **Mulligatawny Soup** **\$7.99**  
Lentil soup spiced with lemon, tomato and Indian herbs
- GF** **VG** **Tomato Soup** **\$7.99**  
Indian spiced tomato soup
- GF** **VG** **Katchumber Salad** **\$8.99**  
Chopped vegetable salad with garden fresh tomato, cucumber, carrots and house dressing
- GF** **VG** **Moong Salad / Chana Salad** **\$9.99**  
Mung beans or Chickpeas with chopped cucumber, onion, tomatoes and cilantro tossed in lemon dressing



Gluten-Free



Vegan



Spicy



Dairy

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## DOSA CORNER

Dosa is a thin savory crepe made from a fermented batter of rice and black lentils. Dosas are naturally gluten free. Served with sambar and chutneys. Additional toppings: mushroom, spinach \$2, paneer-Indian cottage cheese \$3

- GF VG Sada (Plain) Dosa / Topi Dosa / Onion Dosa \$12.99 / \$12.99 / \$13.99**  
Crispy rice and lentil crepe (spice free) / Cone shaped Dosa / Dosa with sautéed onions and cilantro
- GF VG Set Dosa / Paper Sada Dosa / Paper Masala Dosa \$14.99 / \$16.99**  
Set of soft plain spongy dosa / Extra thin and crispy crepe / Crispy paper dosa filled with spiced filling
- GF VG Masala Dosa / Spinach / Mushroom \$14.99 / \$15.99 / \$15.99**  
Dosa served with a mildly spiced potato filling / Dosa with potato filling and topping of choice
- GF D Ghee Roast Masala Dosa / Paneer Masala Dosa (Vegan option available) \$17.99**  
Dosa with spiced potato filling cooked with ghee (Indian butter) / Dosa with paneer and spiced potato
- GF D Cheese Sada Dosa / Cheese Masala Dosa / Paneer Bhurji Dosa \$17.99 / \$18.99 / \$18.99**  
Dosa with cheese / Dosa with potato masala & cheese / Dosa rolled with spiced paneer and onion masala
- GF VG 🔥 Gunpowder Sada Dosa / Gunpowder Masala Dosa \$14.99 / \$16.99**  
Crispy dosa flavored with gunpowder chilies. Served plain or with potato onion masala
- GF VG 🔥 Mysore Sada Dosa / Mysore Masala Dosa \$14.99 / \$16.99**  
Hot Mysore spices added to crispy dosa. Served plain or with spiced potato masala
- GF VG 🔥 Pondicherry Masala Dosa \$17.99**  
Spicy Dosa rolled with potato & onion masala
- GF VG Moong Sada Dosa / Moong Masala Dosa \$13.99 / \$15.99**  
Healthy and protein-rich dosa made with whole moong beans. Served plain or with spiced potato masala
- VG Rava Sada Dosa \$14.99**  
Semolina (wheat) and rice flour crepe flaked with cilantro
- VG Onion Rava Dosa / Onion Rava Masala Dosa \$15.99 / \$17.99**  
Rava dosa cooked with sauteed onions and flaked with cilantro. Served plain or with potato masala
- D Paneer Rava Masala Dosa (Vegan option available) \$18.99**  
Rava dosa flaked with cilantro and filled with paneer and spiced potato masala
- VG 🔥 Chili Rava Masala Dosa / Gunpowder Rava Masala Dosa \$16.99 / \$17.99**  
Rava dosa filled with masala & fresh green chilies / Rava Dosa with masala and gunpowder chilies

## UTTAPPAM

Uttappam is a thick pancake, with toppings cooked right into the batter. Served with sambar and chutneys. Toppings extra \$2.

- GF VG Plain Uttappam \$12.99**  
Savory rice & lentil flour pancakes
- GF VG 🔥 Tomato, Onion, Garlic / Mushroom / Spinach / Chili Uttappam \$15.99**  
Uttappam mixed with hot green chili peppers, onions, cilantro and tomatoes
- GF VG Mixed Vegetable Uttappam \$15.99**  
Uttappam with onions, peas, tomatoes, carrots, and cilantro
- GF D Onion Tomato Paneer Uttappam (Vegan option available) \$16.99**  
Uttappam with onions, tomatoes, cilantro and paneer (dairy). Tofu for vegan option.

**GF** Gluten-Free   **VG** Vegan   **🔥** Spicy   **D** Dairy

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## NORTH INDIAN CURRIES

Ask for Vegan option, paneer can be substituted with tofu. All curries are served with Basmati Rice.  
Additional toppings extra \$2 per topping (mushroom, spinach, paneer, potato)

- GF D Alu Palak / Alu Jeera / Alu Baigan (Vegan option available) \$16.99**  
Potatoes in creamed spinach (dairy) / Potatoes spiced with cumin / Spicy stir-fried eggplant and vegetables
- GF VG Alu Gobi / Gobi Masala \$16.99**  
Cauliflower and potatoes and an enticingly fragrant blend of spices / Cauliflower in spiced tomato sauce
- GF VG Alu Matar / Mushroom Matar \$16.99**  
Potato and green peas curry / Mushroom & mildly spiced tomato sauce (Add Paneer \$2.00)
- GF VG Baigan Bartha \$17.99**  
A delicious Punjabi dish. Roasted eggplant cooked in onion & tomato gravy with aromatic Indian spices.
- GF D Chana Saag / Chana Masala / Kala Chana (Vegan option available) \$16.99**  
Chickpea prepared with blend of creamed spinach (dairy) / Chickpeas cooked with spiced tomato masala / Black chickpeas cooked in spicy tomato masala, high in fiber and mineral-rich
- D Malai Kofta / Methi Matar Malai \$17.99**  
Dumplings of cottage cheese and potatoes, sautéed in a rich saffron sauce / Fenugreek leaves and green peas cooked in cream (malai) with Indian spices
- GF VG Bhindi Masala / Vegetable Vindaloo \$15.99 / \$16.99**  
Fresh okras sautéed with onion, ginger, garlic, and spices / Assorted vegetables in spicy vindaloo masala
- GF D Vegetable Jalfrazi / Navratan Korma (Vegan option available) \$16.99 / \$17.99**  
Fresh mixed vegetables cooked in a sweet and sour sauce / Fresh mixed vegetables in a spiced cream sauce
- GF D Kadai Paneer Masala (Vegan option available) \$18.99**  
Mouthwatering combination of cottage cheese cooked in creamy tomato, onion & traditional Indian spices
- GF D Palak Paneer / Matar Paneer (Vegan option available) \$17.99**  
Cubes of cottage cheese simmered in a smooth spinach puree, spiced with cumin seeds, coriander, turmeric and curry powder / Green peas & cottage cheese cooked together into a creamy gravy
- GF VG Yellow Dal / Dal Palak \$15.99 / \$16.99**  
Yellow lentils tempered with cumin and herbs / Dal cooked with fresh spinach
- GF D Dal Makhani \$16.99**  
Spiced kidney beans and whole lentils flavored with cream
- VG 🔥 Chole Bhatura \$23.99**  
Popular Punjabi dish of puffed Bhatura bread with hot & spicy chickpea curry (Extra Bhatura \$7.99 ea)

## THALI (Dine-In Only)

In India, entire meals are served at the same time including starters, main entrée and desserts. Thali is a round platter with small bowls (Katrori) filled with sides arranged around the rim to serve with the staple food (bread or rice) piled up.

Ask for vegan dessert.

- D North Indian Thali (Vegan option available) \$24.99**  
Basmati rice, chapati, palak paneer, chana masala, yellow dal, raita, papad, and dessert of the day
- GF South Indian Thali \$24.99**  
Idli, medu vada, masala dosa, veg uttappam, sambar, coconut & tomato chutneys and dessert of the day
- GF South Meals Thali \$25.99**  
Basmati rice, phulka, 3 South Indian curries, sambar, rasam, yogurt, achar, papad, and dessert of the day

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## SPECIALITY RICE



### **Bisi Bela Bath \$15.99**

Popular Karnataka dish which is spicy hot lentil rice, served with papad and achar



### **Vegetable Biryani \$15.99**

Basmati rice with vegetables, paneer and spices served with Raita (yogurt sauce). Vegan- ask w/o raita



### **Vegetable Fried Rice \$15.99**

Indo-Chinese style spicy fried rice with carrots, peas, bell peppers, beans, and soy sauce



### **Tamarind Rice \$15.99**

Rice cooked in tamarind and spices, served with sambar, papad and achar



### **Lemon Rice \$15.99**

Lemon flavored rice spiced with cumin, mustard seeds, served with sambar, papad and achar

## BREADS

All Breads are vegan by request except paneer stuffed paratha.

### **Chapati \$5.99**

Whole Wheat Flat Bread (2 pc)

### **Pulka \$5.99**

Fat-free flat bread (2 pc)

### **Paratha \$7.99**

Layered whole wheat bread

### **Stuffed Paratha with Onion / Potato / Paneer \$8.99 / \$9.99**

Paratha stuffed with filling of your choice and Indian herbs and spices

### **Poori \$6.99**

Fried puffed bread (2 pc)

### **Naan / Garlic Naan \$4.99 / \$5.99**

Traditional Indian Bread

## ACCOMPANIMENTS

**Extra Chutney (4 oz - Mango, Coconut, Tamarind) \$3**



**Yogurt / Raita \$4.50**

Spiced Yogurt sauce with cucumber, onion and mint

**Extra Sambar \$3.50**

Tangy lentil broth



**Achar \$2.50**

Spicy Indian Pickle



**Ghee / Dosa Podi \$2 / \$2.99**

Ground Chili in oil

**Extra Rice \$3.50**

Plain Steamed rice

**Extra Papad (4 pcs) \$2.50**



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## DESSERTS

**D Gulab Jamun \$7.99**

A traditional Indian dessert. Spongy milky dumplings soaked in rose scented syrup.

**GF D Kheer / Ras Malai \$7.99**

Rice Pudding flavored with cardamom and rose / Bengali dessert made with soft paneer balls immersed in chilled creamy milk sauce

**GF D Badam Halwa / Gajar Halwa \$8.99 / \$7.99**

Rich and delicious Indian sweet made with pureed almonds, butter, sugar & perfumed with saffron / Delicious Indian sweet made with grated carrots, whole milk, dried fruits & nuts

**VG Sooji Halwa / Vegan Pudding \$7.99**

Rich and delicious Indian sweet made with roasted semolina, sugar & saffron / Pudding perfumed with cardamom and saffron

**GF D Kulfi / Ice Cream (Mango, Vanilla, Pistachio) \$7.99 / \$6.99**

The sweet mixture of dense evaporated milk with cardamon, saffron and pistachios

**GF D Halwa a la Mode \$9.99**

Warm Badam halwa served with Vanilla Ice cream

## BEVERAGES

**Canned Soda \$2.99**

Coke, Diet Coke, Sprite, Ginger Ale, Seltzer water

**Mineral / Perrier Water \$2 / \$3.50**

**Iced Tea / Iced Coffee \$3.99**

**Homemade Lemonade / Nimbu Paani (sweet or salt) \$4.99**

Lemonade with fresh mint / Refreshing chatpata lemon lime drink with hint of Himalayan rock salt

**Coffee / Tea / Herbal Tea \$3 / \$3.50**

**D Masala Chai / Madras Coffee \$3.99 / \$4.50**

Indian Chai, spiced tea with milk, South Indian coffee with hot frothy milk

**D Mango Lassi / Rose Lassi / Sweet Lassi / Salt Lassi \$5.99**

Yogurt milk shake with your choice of mango, rose, sweet, or salty

**Mango Juice \$4.99**

**Thums Up / Limca \$3.50**

Indian Soda

## BEERS

**Taj Mahal (22 oz) / Hayward \$12**

**King Fisher / Taj Mahal (12 oz) \$7**  
(Indian lager beers)

**Founders IPA / Brooklyn Lager \$7**

**Stella / Corona \$7**

## WINE

**Wine by glass \$8 (white or red)**

Chardonnay, Sauv, Blanc, Pinot Grigio / Rosé / Cabernet, Pinot Noir, Merlot, Malbec, Sangria

**White or Red Bottle \$34**

**Prosecco \$10 Glass / \$38 Bottle**



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## JAIN MENU

- GF VG Gobi Manchurian / Gobi 65 / Chili Paneer (dairy) / Chili Tofu \$13.99**  
Popular Indo-Chinese dish of crispy fried cauliflower tossed in a mouth-watering spicy soy sauce / South Indian snack, crispy cauliflower flavored with curry leaves / Spiced paneer or tofu with peppers
- GF VG Bombay Bhelpuri \$9.99**  
Popular Indian Street food of a delicious mixture of puffed rice, sev and tomatoes tossed in sweet and sour chutneys.
- GF VG Idli or Medu Vada / Idli Vada Combo \$8.99 / \$9.99**  
Steamed rice and lentil cakes / Crispy lentil doughnut. Served with sambar (vegetable lentil broth) and fresh coconut and tomato chutneys.
- GF VG Idli or Medu Vada in Sambar or Rasam Bowl \$10.99**  
Idli or Vada served in a bowl of rasam (tamarind soup) or sambar (spiced lentil soup).
- GF VG Idli and Medu Vada Combo in Sambar or Rasam Bowl \$10.99**  
Idli and Vada served in a bowl of rasam (tamarind soup) or sambar (spiced lentil soup).

## SOUPS/SALADS

- GF VG Sambar \$6.99**  
Tangy lentil broth with vegetables
- GF VG Moong Salad / Chana Salad \$9.99**  
Mung beans or chickpeas with chopped cucumber, tomatoes tossed in lemon dressing
- Tomato Soup \$7.99**  
**GF VG** Indian spiced tomato soup

## DOSA CORNER

Dosa is a savory thin crepe made from a fermented batter of rice and black lentils. Dosas are naturally gluten free. Uttappam is a thick pancake, with toppings cooked right into the batter. Served with sambar and coconut & tomato chutney. Additional toppings: spinach \$2, paneer \$3

- GF VG Sada (Plain) Dosa \$12.99**  
Crispy rice and lentil crepe (spice free)
- GF VG Paper Dosa \$14.99**  
Extra thin and crispy crepe
- GF VG 🔥 Gunpowder Sada Dosa \$14.99**  
Crispy rice crepe flavored with gunpowder chilies
- GF VG 🔥 Mysore Sada Dosa \$14.99**  
Hot Mysore spices added to the crispy rice and lentil crepe
- GF VG Moong Sada Dosa \$14.99**  
Healthy protein-rich dosa made with whole moong beans.
- VG Rava Sada Dosa / Chili Rava Dosa \$14.99 / \$15.99**  
Semolina and rice flour crepe flaked with cilantro / Rava Dosa with fresh green chilis
- VG 🔥 Gunpowder Rava Dosa \$15.99**  
Rava dosa flavored with gunpowder chilies
- GF VG Plain Uttappam \$12.99**  
Savory rice & lentil pancakes
- GF VG 🔥 Tomato, Peas, Bell Pepper / Chili / Paneer Uttappam \$15.99 / \$16.99**  
Uttappam topped with hot green chili, tomatoes, peas, cilantro and bell peppers or chilies or paneer.

**GF** Gluten-Free   **VG** Vegan   **🔥** Spicy   **D** Dairy

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## CURRIES

For Vegan option, ask to switch paneer with tofu. All curries are served with Basmati Rice.  
Additional toppings: spinach \$2, paneer \$3

- GF VG Gobi Masala \$16.99**  
Cauliflower cooked in spiced tomato sauce
- GF VG Chana Masala \$16.99**  
Chickpeas cooked with tomato and masala spices.
- GF VG Kala Chana \$16.99**  
Black Chickpeas cooked in spiced tomato masala. High fiber and nutrient-rich healthy addition to any diet.
- GF D Kadai Paneer Masala (tofu for vegan option) \$17.99**  
Mouthwatering combination of cottage cheese cooked in creamy tomato, & traditional Indian spices
- GF D Palak Paneer / Matar Paneer (tofu for vegan option) \$17.99**  
Cubes of cottage cheese simmered in a smooth spinach puree, spiced with cumin seeds, coriander, turmeric & curry powder / Green peas & cottage cheese cooked together into a delicious gravy
- GF VG Yellow Dal / Dal Palak \$15.99 / \$16.99**  
Yellow lentils tempered with cumin and garden herbs / Yellow Dal cooked with fresh spinach
- GF D Dal Makhani \$16.99**  
Spiced kidney beans and whole lentils flavored with cream

## SPECIALITY RICE

- GF D Matar Jeera Rice / Vegetable Pulav / Spicy Vegetable Fried Rice 15.99**  
Basmati rice with sauteed peas and jeera / Rice with vegetables, paneer and spices served with Raita (yogurt sauce)/ Indo-Chinese style fried rice. Vegan option: ask without raita
- GF VG Tamarind Rice \$15.99**  
Rice cooked in tamarind and spices, served with sambar, papad and achar
- GF VG Lemon Rice \$15.99**  
Lemon flavored rice spiced with cumin, mustard seeds, served with sambar, papad and achar

### **For Breads, Accompaniments and Desserts, see main menu**

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All of our dishes are Authentic Indian, prepared fresh to order from wholesome ingredients and in accordance with Kosher dietary laws.

For parties 5 or more, 18% gratuity will be added. Prices subject to change without notice.  
New York State Sales Tax not included in price.

**Catering available for all occasions and holidays. Please contact us for details.**



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Spicy



Dairy

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