



# DECEMBER | 2022

## NSMA Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Muffin Gripz Applesauce Juice	29 Pull Apart Bagel Goldfish Grapes Juice	30 Poptart Yogurt Bug Bite Crackers Juice	1 UBR Bar Cheese Stick Diced Pears Juice	2 Cinnamon Toast Bar Gripz Apple Juice
5 Nutri-grain Bar Gripz Applesauce Juice	6 Banana Bar Goldfish Mandarin Oranges Juice	7 French Toast Bar Yogurt Applesauce Juice	8 Donut Bug Bite Crackers Cheese Stick Juice	9 Cinnamon Bagel Cheez its Diced Pears Juice
12 Poptart Cheese Stick Applesauce Juice	13 UBR Bar Yogurt Diced Pears Juice	14 Muffin Gripz Mandarin Oranges Juice	15 Cinnamon Toast Bar Yogurt Apple Slices Juice	16 Nutri-grain Bar Goldfish Applesauce Juice
19 Banana Bar Gripz Grapes Juice	20 French Toast Bar Cheese Stick Diced Pears Juice	21 SURPRISE BREAKFAST	22 NO SCHOOL	23 NO SCHOOL
26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL	30 NO SCHOOL

### News

Early Release:  
December 21<sup>st</sup>, 2022

Winter Break:  
December 22<sup>nd</sup> -  
January 2<sup>nd</sup> 2023

Skim or 1% Chocolate  
milk is offered with  
every breakfast

NSMA is an equal  
opportunity provider

NSMA is a peanut  
aware school.

Menu items are  
subject to change do  
to supply chain issues