

NOVEMBER | 2022



NSMA Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 Pop Tart Yogurt Mandarin Oranges Juice	1 Muffin Animal Crackers Craisins Juice	2 Banana Choc. Bar Gripz Applesauce Juice	3 UBR Bar Cheese Stick Diced Pears Juice	4 Nutri-Grain Bar Gripz Grapes Juice
7 Pull Apart Bagel Goldfish Grapes Juice	8 Choc. Chip Waffle Yogurt Tube Mandarin Oranges Juice	9 Pop Tart Yogurt Apple Slices Juice	10 French Toast Bar Yogurt Tube Banana Juice	11 Muffin Animal Crackers Craisins Juice
14 Banana Choc. Bar Gripz Applesauce Juice	15 Nutri-Grain Bar Gripz Apple Slices Juice	16 Choc. Chip Waffle Yogurt Tube Banana Juice	17 Pull Apart Bagel Goldfish Grapes Juice	18 Pop Tart Yogurt Mandarin Oranges Juice
21 Muffin Animal Crackers Craisins Juice	22 UBR Bar Cheese Stick Diced Pears Juice	23 No School	24 No School	25 No School
28 Nutri-Grain Bar Gripz Applesauce Juice	29 Pop Tart Yogurt Mandarin Oranges Juice	30 Choc. Chip Waffle Yogurt Tube Apple Slices Juice	1 Pull Apart Bagel Goldfish Grapes Juice	2 Banana Choc. Bar Gripz Diced Pears Juice

News

Skim or 1% Chocolate Milk is served with every breakfast.

NSMA is an equal opportunity provider.

We are a Peanut Aware School!!

Menu Items are subject to change due to supply chain issues.

**Early Release:
November 16th**

**No School:
November 23rd, 24th
and 25th**