



Post Ketamine Infusion - Discharge Instructions

Please be aware that even though you may feel “normal” now, these medications may affect your thinking process for up to 24 hours.

You should:

Start with liquids and gradually work up to solid foods as tolerated.
Continue to take your medications as prescribed.

Do NOT do the following for 24 hours:

- Drive or operate machinery
- Cook or handle hot pans, dishes, etc
- Sign or enter into any legal contracts
- Take sedatives, recreational or street drugs or alcohol for 24 hours
- Strenuous activities
- Assume responsibility for small children

Stay home today and rest. We recommend you have a responsible adult stay with you today and through the night.

If you notice anything unusual or if you have questions, call Dr. Hodges at **319-531-7987**. If there is no answer, you **must** leave a message. You may also text a message to the number listed.

**If it is an emergency, dial 911 or go to the nearest
emergency room.**

I have received and understand the above instructions:

Patient Signature: _____ Date: _____

Witness Signature: _____ Date: _____