

---

## **PREPARATION FOR YOUR COLONOSCOPY**

Patient's Name \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_ Location (See back side)

! The surgery facility may contact you with a different time to arrive for your test!

- **Stop Coumadin, Plavix, Pletal, Aggrenox: 5 days prior to your procedure**
- **Stop Aspirin, NSAIDS, Ibuprofen: 5 days prior to your procedure**
- **Stop Effient, Brilinta, Pradaxa: 7 days prior to your procedure**
- **Stop Eliquis, Xarelto: 2 days prior to your procedure**

### **The Day Before Your Test You MUST:**

- **Drink only clear liquids (ABSOLUTELY NO SOLID FOODS):**  
Bouillon or broth, clear soda, clear juices (white grape, apple, or white cranberry), tea, coffee, Gatorade, crystal lite, popsicles and Jell-O are also ok to eat in any color but red or purple.  
**NOTHING CAN BE RED or PURPLE! & NO DAIRY PRODUCTS!**
- **If you are diabetic, eat/drink things that are NOT sugar free and NO insulin or diabetic medications the day before your test.**
- **IF SUPPLIED: Take 4 Ducolax tablets @ 12 noon.**
- **STARTING AT 4:00 PM: Drink 1 8oz glass of prep solution. Continue to drink 1 glass every 15-20 minutes. You may sip clear liquids in between. YOU MUST FINISH THE ENTIRE GALLON.**
- **You may continue to drink clear liquids after you have finished the prep.**
- **Nothing to eat or drink after midnight.**
- **Because you will receive sedation during your exam, you MUST have a friend or family member drive you from the hospital to your home after your test.**
- **If your procedure is scheduled after 11a.m. you may have a CLEAR liquid breakfast 4 hours before your procedure.**

*\* Medications can be resumed directly after your test.*

**OVER...>**

# LOCATION OF YOUR EXAM

TIME OF YOUR EXAM \_\_\_\_\_

**! The surgery facility may contact you with a different time to arrive for your test!**

\_\_\_\_\_ Pinnacle Hospital.....219-756-2100  
9301 Connecticut Dr. Crown Point, IN 46307

\_\_\_\_\_ St. Margaret's Dyer Campus ..... 219-865-2141  
24 Joliet Street. Dyer, IN 46311

\_\_\_\_\_ Franciscan Physicians Hospital.....219-924-1300  
701 Superior Ave. Munster, IN 46321

\_\_\_\_\_ Community Outpatient Endoscopy..... 219-836-1600  
901 MacArthur Blvd. Munster, IN 46321

\_\_\_\_\_ Community Surgery Center.....219-836-0650  
801 MacArther Blvd. Munster, IN 46321