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July/August 2019

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# ANIMAL LOVER HEALS WITH VISION AND COMPASSION

By Briana Lonas



Ginny Jablonski has proven that suffering from chronic pain need not be a life sentence. This local resident overcame her illness and used it to turn her life towards healing, and helping people and animals overcome disease, PTSD, and other debilitating conditions.

She started out working in a stressful career as an executive protection agent for a family in Saudi Arabia seven days a week, 14 to 16 hours a day.

"My immune system became depressed," she explained. Then Jablonski was diagnosed with Lyme disease caused from a tick bite she received years earlier from a camping trip in southern California. In addition, she began suffering from degenerative disc and joint disease along with rheumatoid arthritis.

After years of suffering, and at the advice of her doctors she began taking opioid-based medications to manage the intense pain. Needless to say, her quality of life diminished. At the time she thought these medications were the best choice to help manage her disease.

Several years into her drug therapy, and after becoming bed-ridden, Jablonski nearly died. That experience changed her forever. She admitted to feeling a new determination to change her condition and her life.

"I absolutely believe the human body can overcome anything, but when it's stressed with trapped emotions or unresolved trauma that's when the introduction of chemicals is more likely to manifest into some type of disease," she explained.

Jablonski dedicated her life to researching and learning about alternative healing modalities and she realized her gift of healing. "I hear and see energies trapped in the nervous system," she said.

"Many times people and animals hold unresolved emotional trauma – anger, frustration, feelings of inadequacy to name a few...many of these things cause disease." What Jablonski does is help her animal or human client release these feelings and aid the body towards healing.

One of her many success stories is Bruce, a bull terrier who hated cats to the point of near murder! After a session with Jablonski, Bruce is able to visit his owner's mother's home without chasing her cats. Another session with a horse revealed that the animal feared jumping because of undiagnosed bone pain. The owner was able to use this information and help her horse with the proper medical care.

Jablonski is especially sensitive to the energy of horses as she's owned them for many years. She holds certificates in equine and canine Shiatsu massage therapy, which



targets the hundreds of acupuncture points within the body to activate and clear proper energy flow. She also can help equine vets as she's able to sense the animal's nervous system and help follow the pain to the affected area that needs attention.

"If there are animals with unexplained pain that a veterinarian can't figure out, I can help locate the trapped energy in the body, especially with a horse," she said.

She also helps animal owners overcome aberrant behaviors and illness and be a calming, guiding presence if it's an animal's time to transition out of this life.

Jablonski these days spends much of her time traveling across the country and parts of the world working with traumatized animals removed from kill pens, rescues, and sanctuaries.

She also shares her stories and knowledge that includes speaking at chiropractic conventions as she promotes her type of healing as a means of addressing chronic pain – as opposed to muscle relaxers and narcotics.

She spoke at the 2018 Arizona Chiropractic Convention as well as the one in California as a closing key note speaker, and she hosts holistic healing workshops across the country.

For more information, visit [ginnyjhablonski.com](http://ginnyjhablonski.com) or call 909-708-6175.

## MORE ABOUT GINNY

- Ginny Jablonski does healing work with people and animals and enjoys sharing her experiences with the public. She does not need to be in the same physical location as the animal or human subject, and energy healing consultations can be made via telephone.
- According to her website, many undesired behaviors can be addressed through animal communication and energy healing depending on the specific circumstances. Keep in mind, however, some behaviors are breed specific and can't be altered. Jablonski asks that owners research their animal's breed-specific traits before setting up a consultation to ensure that your expectations won't conflict with your pet's natural instincts and genetic traits.
- Jablonski's goal, through acupuncture, Shiatsu, animal communication, and energy medicine, is to help restore balance to the energy, mind, and physical body of both people and animals. Science has proven that Energy Medicine has a significant impact on all of the systems and functions of the body, including but not limited to: increasing the circulation of blood and oxygen flow, promoting relaxation and healing, releasing toxins and endorphins, building enzymes, and regulating hormones and the immune system.
- Animal Communication can improve the relationship between owner and animal by providing insights into atypical behavior due to stress, misunderstanding, unknown injury, or illness.
- Some examples of issues that can be addressed by communicating with an animal are: Change of ownership, relocation, bringing a new animal into the household, end-of-life decisions, behavior issues that are not breed-specific traits, prior trauma, especially with rescued animals, and change of diet.



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