

How I Work with People

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Hello, and thank you for your interest in my intuitive work with people.

My intention in creating this introduction is to help you make an informed decision as to whether we would be a good fit to work together.

As you may already be aware, hundreds of experiences with healers and teachers on my own journey, extensive training, and the ability to perceive multi-dimensional energies greatly inform the way I work with people.

Over the past decade, I've gone to great lengths to understand the after-effects of my near-death experiences. Prior to these experiences, I had no exposure to alternative healing, energetic constructs, how we are affected by the unfinished business of other life experiences, belief systems, judgments, unforgiveness, or any other metaphysical terminology.

On my quest for answers, I've become aware of numerous ways in which people can successfully augment their own healing journey through self-awareness. I define self-awareness as the ability to perceive yourself as a multi-dimensional soul. Not simply being aware of, or reflecting on, the distortions of the body personality. This is a very important distinction in my work.

Additionally, over the years, I've also accumulated quite a bit of information about what did not work for me and many others I have engaged in dialogue with extensively. Those who have said, "I've tried everything and nothing works, or I've been meditating for 35 years, and my life is still the same. What am I doing

wrong? I've felt like this at times also, and I've gone to great lengths to find out why.

I did not deliberately set out on a journey to become an intuitive or healer. And I much prefer being referred to as an intuitive or embodiment guide than a healer for numerous reasons that will become clear throughout this sharing.

Consciously, none of what I have experienced to this point on my journey was planned. I simply wanted to live and reduce my need for pain medication. I never imagined that I could eliminate pain medication completely. Since my near-death experience in 2011, I was certain that I would find a way to release past traumas and ultimately heal my physical body. But there was always a very curious part of me that was compelled to know more, to understand what was happening to me and why. Ultimately, I was guided to vastly different modalities and experiences very deliberately.

My Soul revealed to me a vast body of knowledge on my journey with a very specific purpose. I was encouraged to see from many different perspectives the many clues and benefits that are woven across many spiritual beliefs and healing modalities. I was guided to pay close attention to the various ways in which healing facilitators communicated with their clients and approached the work. While some methods and perspectives were empowering, unfortunately most were disempowering at best.

Because we are all unique individuals with vastly different experiences, education, patterns, and wisdom brought through from other incarnations, I never rely on protocols in my work. In my experience, rigid protocols have rarely been effective for anyone I've ever met in becoming more self-aware or self-responsible. In my work, whatever your Soul's priority is will come through immediately. This information will represent the next steps and necessary awareness you need to move forward on your journey. We won't know what to focus on until the session

begins, and I am guided by your Higher Self outside of time. To be clear, many of the challenges we wish to resolve in our lives are caused by choices the Soul made in planning our lives, or unresolved judgments or fears from prior incarnations. Becoming aware of these choices can be extremely beneficial.

Your Soul is guiding you on your journey whether you consciously realize it, or not. But most of us just aren't taught to be curious about why things are happening, we simply judge these situations as good or bad, and often blame other people for what happens to us. I know I did!

Being willing to shift my perspective inward, focus on forgiveness, and release my attachment to judgment has been critical to improving my overall psychological, physical, and energetic wellbeing.

Almost all Intuitive Practitioners operate differently; but generally speaking, Intuitives retrieve information from unresolved energies trapped in the physical body and the field of probability, based on unresolved patterns, that exists for each of us.

Our field of probability is based on our current unresolved patterns, memories, emotions, judgments, and beliefs. These energies within us represent the source of most of our current thoughts, feelings, actions, and potential experiences.

But, there is another much more refined field, our field of possibility, which exists for all of us. The field of possibility represents our highest Soul purpose and can be more difficult to tap into when unresolved energies distort our consciousness and the field of probability takes up so much space in our subconscious. I have heard Shaman say that it can be described as the 1% chance we all have to shift our focus, create new potential, and alter our destiny.

With guidance from your Soul, becoming aware of and clearing your field of probability allows you to tap into your greatest potential, your field of possibility, and that is the essence of my intuitive work.

This is why I begin each session with a blank slate, I know nothing and assume nothing about you or your concerns. Stories are not necessary; in fact, they get in the way.

Your Higher Self, body and energy field will guide us to what is most beneficial for you to address in your session. This may include understanding your Soul's primary choices in this life, often found in your Soul Agreement, which can shed light on your life's experiences, your personality and relationship patterns. Information may be shared as to belief systems, archetypal programs, judgments left over from other life experiences, and when it may be necessary to retrieve fractured soul shards or address wounded inner children.

This work, in various forms, has been very powerful for me and thousands of my clients. It helps us to shift our perspective and clear the path to focusing on what we wish to create moving forward. Whereas in the past, our patterns have only allowed us to focus on what has, from our perspective, gone wrong, thus recreating the experience again and again.

Watching people shift and bring positive changes into their lives is why I choose to support others in releasing patterns, blocks and limitations to their own heart, which I believe is the gateway to our Soul, pure divine love, and the source of our innate healing potential.

If you feel called to work with me, I invite you to give yourself permission to heal. If you haven't already done so, I suggest you take the opportunity to review several free videos on my website under the Resources Menu and choose Free Content.

There I share simple yet powerful processes that you can use every day and never outgrow. There is even introductory information on where our thoughts come from and how to begin a process of self-inquiry to make the most out of every day on your healing journey.

I strongly suggest you use the techniques offered in the Spiritual Car Wash and Pink Pillows of Love videos every day, beginning now or at least several days prior to our session. Doing these simple processes alone can provide wonderful results according to many clients.

And please seriously consider making these statements prior to our session:

Go into your heart space and state the following, at least daily, and add whatever you wish:

“I give myself permission to heal.”

“I give myself permission to change.”

“I give myself permission to remember the truth of who I am.”

“I give myself permission to release everything I no longer need.”

“I give myself permission to evolve.”

“I give myself permission to feel safe doing so.”

Ask your Soul to begin sending you messages in an appropriate way whether it be through dreams, books, or direct visions or messages. Ask that your attention be brought to what is most beneficial for you to resolve, such as patterns that can be cleared, limiting beliefs, or relationships where forgiveness is necessary.

Depending on what comes up in a session, I will happily share the many tools I have learned that facilitate clearing limiting beliefs, the cellular memory of trauma from the body, emotions attached to unresolved memories, imprints in the energy field, and so on.

The one thing I will not do is actively take responsibility for healing you – I will empower you, provide messages from your Higher Self and help you remember that you can heal yourself. I will provide you with language, witness you and hold space. I have found this type of work to be permanent, whereas when someone else who claimed to heal me, or remove energy from my field, it almost always came back.

No single healer, shaman or medium can know everything of importance to you in one session. Tomorrow your energy will likely reveal another layer of patterns and unresolved wounds or emotions to be released. It is said that healing is a process not a singular event, and that is absolutely my experience.

I look forward to working with you and wish you well on your healing journey wherever it may lead you.

And remember, when you follow your heart, you lead with love.

Ginny
